

HOW TO RECOGNIZE,
RESPOND TO,
AND PROVIDE
RESOURCES
TO END
DOMESTIC VIOLENCE

Dedication

This CD-ROM was inspired by victims of domestic violence and the difficult choices they face every day trying to live safely.

It is dedicated to the friends, families, customers and neighbors from the community who are concerned that someone they know might be a victim of domestic violence and want help.

For Help

In an emergency situation, call 911. For a domestic violence program in your area, contact the National Domestic Violence Hotline at 1.800.799.SAFE (7233) and 1.800.787.3224 (TTY). For a sexual assault program in your area, contact the National Sexual Assault Hotline at 1.800.656-HOPE (4673).

Citations and Credits

Introduction

1. "Around the world, at least one in every three women has been beaten, coerced into sex or otherwise abused during her lifetime." Heise, L., Ellsberg, M. and Gottemoeller, M. *Ending Violence Against Women. Population Reports, Series L, No. 11.*, December 1999.
2. "71% of victims tell someone about the abuse." Fugate, M., Landis, L., Riordan, K., Naureckas, S. & Engel, B. (2005). Barriers to domestic violence help seeking: Implications for interventions. *Violence Against Women*, 11, 290-310.

What is Domestic Violence?

1. "In a recent study, domestic violence and sexual assault topped a list of women's concerns." Fisher, Luchina, "Women's Top Worry is Domestic Violence." *Women's eNews*, August 8, 2003. Based on the study, *Progress and Perils: New Agenda for Women*, Center for the Advancement of Women, NY, June 2003.

2. “Around the world, at least one in every three women has been beaten, coerced into sex or otherwise abused during her lifetime.” Heise, L., Ellsberg, M. and Gottemoeller, M. *Ending Violence Against Women. Population Reports, Series L*, No. 11., December 1999.
3. “Every 9 seconds in the U.S. a woman is assaulted or beaten.” Bureau of Justice Statistics, *Violence Against Women: Estimates from the Redesigned Survey*, August 1998.
4. “Studies suggest that up to 10 million children witness some form of domestic violence annually.” Carlson, Bonnie E. (1984). Children’s observations of interpersonal violence. Pp. 147-167 in A.R. Roberts (Ed.) *Battered women and their families* (pp. 147-167). NY: Springer. Straus, M.A. (1992). Children as witnesses to marital violence: A risk factor for lifelong problems among a nationally representative sample of American men and women. Report of the Twenty-Third Ross Roundtable. Columbus, OH: Ross Laboratories.
5. Thank you to Jenny Brown, Sarah M. Buel, Nancy Flanakin, Vickie Smith, Debby Tucker, and Juliet Walters for appearing in the video clips and to Randy Hines for filming them.
6. “Abuse grows from attitudes and values, not feelings...” Bancroft, Lundy. (2002). *Why does he do that?: Inside the minds of angry and controlling men*, Putnam Adult.
7. *A Framework for Understanding the Nature and Dynamics of Domestic Violence*, Missouri Coalition Against Domestic Violence.

In Their Shoes – What a Victim of Domestic Violence Goes Through

1. Video clip from *Speaking Up: Ending Domestic Violence in Our Communities* (1998). Produced by the Family Violence Prevention Fund, 383 Rhode Island Street, Suite 304, San Francisco, CA, 94103-5133, 415.252.8900, www.endabuse.org. Used with permission.

Helping Her Be Safe – Making a Safety Plan

1. “Leaving can end the violence. When it does not, however, the continuing violence may become more severe than for women who never tried to leave. Her attempt to leave was the precipitating factor in 45 percent of the murders of a woman by a man.” Block, Carolyn Rebecca (2003). How can practitioners help an abused woman lower her risk of death? *NIJ Journal*, no. 250, p. 6.
2. “On average, more than three women are murdered by their husbands or boyfriends in this country every day.” Bureau of Justice Statistics Crime Data Brief, *Intimate Partner Violence, 1993-2001*, February 2003.

3. “61% of female homicide victims were wives or intimates of their killers in 2002.” When Men Murder Women: An Analysis of 2002 Homicide Data – Females Murdered by Males in Single Victim/Single Offender Incidents, Violence Policy Center, September 2004.
4. Video clip from *I Had A Friend Named Hope*. Produced by Orchard Communications, Inc., 200 East 30th Street, Austin, TX, 78751, 512.371-7585, <http://www.sumaorchard.com/> and Texas Council on Family Violence, PO Box 161810, Austin, TX, 78716, 512.794.1133, www.tcfv.org. Used with permission.

Let’s Talk – How You Can Offer Support

1. “71% of victims tell someone about the abuse.” Fugate, M., Landis, L., Riordan, K., Naureckas, S. & Engel, B. (2005). Barriers to domestic violence help seeking: Implications for interventions. *Violence Against Women*, 11, 290-310.
2. Video clip from *Speaking Up: Ending Domestic Violence in Our Communities* (1998). Produced by the Family Violence Prevention Fund, 383 Rhode Island Street, Suite 304, San Francisco, CA, 94103-5133, 415.252.8900, www.endabuse.org. Used with permission.
3. “Ask instead of telling...” Weiss, Elaine, EdD. (2003). Families and friends’ guide to domestic violence: how to listen, talk and take action when someone you care about is being abused, Volcano Press.

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