



August 2012

If you registered previously at the MFCC site, we now have our own Web site. Please register there:

Alliance Web Site - Register NOW at the link below:

[Alliance Web site link - http://www.ecu.edu/che/alliance/](http://www.ecu.edu/che/alliance/)

Alliance Mission Statement:

The Alliance seeks to optimize the preparedness of behavioral health providers working to enhance the resilience, recovery and reintegration of Service members, Veterans, and their Family members and communities throughout the military, post-military, and family life cycles.

Membership:

Membership in the Alliance is open to family behavioral health providers, educators and others seeking to advance the mission of the Alliance. Membership requires signing on to registration link and taking the initial survey.

Member Opportunities:

Participation as a Member of the Alliance offers the following, specific opportunities:

- Access to relevant resources, e.g., Alliance Resource Guides;
- Contribution of information and resources for dissemination by the Alliance;
- Subject matter expertise for panels, summits, and educational and training activities;
- Submission of practice exemplars for consideration and publication on the Alliance web site;
- Participation in designated discussions/meetings;
- Participation in continuing education activities; and
- Submission of contributions for the monthly Newsletter

Do you have information for the September 2012 Newsletter?

Please send it to Dr. Gregory Leskin, (UCLA) at

GLeskin@mednet.ucla.edu NLT August 20, 2012.

Resources for Military and Veteran Families

National Center for PTSD – Clinician’s Trauma Update - Online

Editor

Paula P. Schnurr, PhD

Senior Associate Editor

Barbara A. Hermann, PhD

Associate Editor

Erin R. Barnett, PhD

CLINICIAN'S TRAUMA UPDATE-Online

Issue 6(3), June 2012

For COMPLETE summaries, see this month's CTU-Online PDF on our website:

http://www.ptsd.va.gov/professional/newsletters/ctu-online/ctu_V6N3.pdf

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This issue of CTU-Online contains 7 summaries:

va logo<<http://www.ptsd.va.gov/professional/newsletters/images/valogo.gif>>

U.S. Department of Veterans Affairs

Special Notice

Institute of Medicine Report on PTSD

On July 13th, the Institute of Medicine (IOM) released a report, Treatment for Posttraumatic Stress Disorder in Military and Veteran Populations: Initial Assessment

< [. This is the first](http://links.govdelivery.com:80/track?type=click&enid=ZWFzPTEmbWFpbGluZ2lkPTlwMTlwNzE4LjlxNDM2MjEmbWVzc2FnZWlkPU1EQi1QUkQtQlVMLTIwMTlwNzE4LjlxNDM2MjEmZGF0YWJhc2VpZD0xMDAxJnNlcmIhbD0xNjlxNjUyMyZlbWFpbGlkPWJyZW5kYS5sLmdlYXJoYXJ0QGftZWRkLmFybXkubWIsJnVzZXJpZD1icmVuZGEubC5nZWZyaGFydEBhbWVkc2Z5Zm15Lm1pbCZmbD0mZXh0cmE9TXVsdGl2YXpYXRISWQ9JiYm&&&101&&&http://www.iom.edu/Reports/2012/Treatment-for-Posttraumatic-Stress-Disorder-in-Military-and-Veteran-Populations-Initial-Assessment.aspx)

of two IOM reports that assesses PTSD programs and services in the DoD and VA.

Treatment

The promise of DCS to augment exposure therapy for PTSD is still (mostly) just a promise

A drug originally used to treat tuberculosis, D-cycloserine (DCS), is a partial NMDA receptor agonist that facilitates extinction learning—the presumed mechanism underlying the effects of exposure. DCS can enhance the effects of exposure therapy for anxiety disorders such as phobia, panic, and obsessive-compulsive disorder. Unfortunately, a new trial found only limited benefit of DCS for PTSD patients receiving exposure therapy. Read more...

http://links.govdelivery.com:80/track?type=click&enid=ZWFzPTEmbWFpbGluZ2lkPTlwMTlwNzE4LjlxNDM2MjEmbWVzc2FnZWlkPU1EQi1QUkQtQlVMLTIwMTlwNzE4LjlxNDM2MjEmZGF0YWJhc2VpZD0xMDAxJnNlcmIhbD0xNjlxNjUyMyZlZWlWfFpbGlkPWJyZW5kYS5sLmdlYXJoYXJ0QGFTZWRkLmFybXkubWlsJnVzZXJpZD1icmVuZGEubC5nZWfyaGFydEBhbWVkc2Z5hcm15Lm1pbCZmbD0mZXh0cmE9TXVsdGl2YXJpYXRISWQ9JiYm&&&100&&&http://www.ptsd.va.gov/professional/new_sletters/ctu-online/ctu_V6N3.pdf

Avoidance and numbing are not the main problems for Veterans with subsyndromal PTSD

Veterans who report PTSD symptoms but do not meet full diagnostic criteria may nevertheless experience significant distress and need treatment to reduce this distress. A new study by investigators at the Philadelphia VA suggests that Veterans with subsyndromal PTSD may have unique needs. Read more...

http://links.govdelivery.com:80/track?type=click&enid=ZWFzPTEmbWFpbGluZ2lkPTlwMTlwNzE4LjlxNDM2MjEmbWVzc2FnZWlkPU1EQi1QUkQtQlVMLTIwMTlwNzE4LjlxNDM2MjEmZGF0YWJhc2VpZD0xMDAxJnNlcmIhbD0xNjlxNjUyMyZlZWlWfFpbGlkPWJyZW5kYS5sLmdlYXJoYXJ0QGFTZWRkLmFybXkubWlsJnVzZXJpZD1icmVuZGEubC5nZWfyaGFydEBhbWVkc2Z5hcm15Lm1pbCZmbD0mZXh0cmE9TXVsdGl2YXJpYXRISWQ9JiYm&&&100&&&http://www.ptsd.va.gov/professional/new_sletters/ctu-online/ctu_V6N3.pdf

Assessment

Monitoring PTSD and substance use through cell phone technology

Self-monitoring of symptoms, behaviors, and coping skills is common in cognitive-behavioral treatments for PTSD and substance use. However, adherence is challenging for many patients. Findings from a recent study suggest that cell phones can help. Read more...

http://links.govdelivery.com:80/track?type=click&enid=ZWFzPTEmbWFpbGluZ2lkPTlwMTlwNzE4LjlxNDM2MjEmbWVzc2FnZWlkPU1EQi1QUkQtQlVMLTIwMTlwNzE4LjlxNDM2MjEmZGF0YWJhc2VpZD0xMDAxJnNlcmIhbD0xNjlxNjUyMyZlZWlWfFpbGlkPWJyZW5kYS5sLmdlYXJoYXJ0QGFTZWRkLmFybXkubWlsJnVzZXJpZD1icmVuZGEubC5nZWfyaGFydEBhbWVkc2Z5hcm15Lm1pbCZmbD0mZXh0cmE9TXVsdGl2YXJpYXRISWQ9JiYm&&&100&&&http://www.ptsd.va.gov/professional/new_sletters/ctu-online/ctu_V6N3.pdf

OEF/OIF/OND Veterans

Psychosocial issues linked to violence

Anger and irritability are symptoms of PTSD, so it is not surprising to find that PTSD is associated with increased likelihood of violent behavior. This does not mean that individuals with PTSD are violent. The association is statistical and the types of aggression are rarely extreme, despite media portrayals. However, the topic deserves greater attention—and understanding. A new study by investigators at the Durham VAMC and University of North Carolina suggests that psychosocial factors such as homelessness and employment play an important role, in addition to factors such as PTSD and substance abuse. Read more...

http://links.govdelivery.com:80/track?type=click&enid=ZWFzPTEmbWFpbGluZ2lkPTlwMTlwNzE4LjlxNDM2MjEmbWVzc2FnZWlkPU1EQi1QUkQtQlVMLTIwMTlwNzE4LjlxNDM2MjEmZGF0YWJhc2VpZD0xMDAxJnNlcmIhbD0xNjlxNjUyMyZlZWlWfFpbGlkPWJyZW5kYS5sLmdlYXJoYXJ0QGFTZWRkLmFybXkubWlsJnVzZXJpZD1icmVuZGEubC5nZWfyaGFydEBhbWVkc2Z5hcm15Lm1pbCZmbD0mZXh0cmE9TXVsdGl2YXJpYXRISWQ9JiYm&&&100&&&http://www.ptsd.va.gov/professional/new_sletters/ctu-online/ctu_V6N3.pdf

OEF/OIF Veterans and suicide risk

Psychiatric disorder is a known risk factor for suicide in the general population and in Veterans. A new study by VA's Serious Mental Illness Treatment Resource and Evaluation Center and VA's Office of Mental Health Services examined whether OEF/OIF Veterans are especially vulnerable. Read more...

http://links.govdelivery.com:80/track?type=click&enid=ZWFzPTEmbWFpbGluZ2lkPTlwMTlwNzE4LjlxNDM2MjEmbWVzc2FnZWlkPU1EQi1QUkQtQlVMLTIwMTlwNzE4LjlxNDM2MjEmZGF0YWJhc2VpZD0xMDAxJnNlcmIhbD0xNjlxNjUyMyZlZWlWfFpbGlkPWJyZW5kYS5sLmdlYXJoYXJ0QGFTZWRkLmFybXkubWlsJnVzZXJpZD1icmVuZGEubC5nZWfyaGFydEBhbWVkc2Z5hcm15Lm1pbCZmbD0mZXh0cmE9TXVsdGl2YXJpYXRISWQ9JiYm&&&100&&&http://www.ptsd.va.gov/professional/new_sletters/ctu-online/ctu_V6N3.pdf

[c2FnZWlkPU1EQi1QUkQtQlVMLTIwMTIwNzE4LjlxNDM2MjEmZGF0YWJhc2VpZD0xMDAxJnNlcmIhbD0xNjkxNjUyMyZlZWVpZGlkPWJyZW5kYS5sLmdlYXJoYXJ0QGFTZWRkLmFybXkubWlsJnVzZXJpZD1icmVuZGEubC5nZWVyaGFydEBhbWVkc2Fhcm15Lm1pbCZmbD0mZXh0cmE9TXVsdGl2YXJpYXRISWQ9JiYm&&100&&http://www.ptsd.va.gov/professional/new_sletters/ctu-online/ctu_V6N3.pdf](http://www.ptsd.va.gov/professional/new_sletters/ctu-online/ctu_V6N3.pdf)>

Making sense of PTSD prevalence estimates in the OEF/OIF/OND cohort

The wide range of PTSD prevalence estimates from studies of Veterans returning from Iraq and Afghanistan can be confusing. This variability is due to numerous factors, such as how samples are selected, anonymity of responses, time since return from deployment, the choice of assessment measure and cut-off score, and reserve versus active duty status. A meta-analysis from the Walter Reed Army Institute of Research helps to clarify the numbers. Read more...
<http://links.govdelivery.com:80/track?type=click&enid=ZWFzPTEmbWFpZGl2IkPTIwMTIwNzE4LjlxNDM2MjEmZGF0YWJhc2VpZD0xMDAxJnNlcmIhbD0xNjkxNjUyMyZlZWVpZGlkPWJyZW5kYS5sLmdlYXJoYXJ0QGFTZWRkLmFybXkubWlsJnVzZXJpZD1icmVuZGEubC5nZWVyaGFydEBhbWVkc2Fhcm15Lm1pbCZmbD0mZXh0cmE9TXVsdGl2YXJpYXRISWQ9JiYm&&100&&http://www.ptsd.va.gov/professional/new_sletters/ctu-online/ctu_V6N3.pdf>

Impairment before deployment interferes with postdeployment readjustment

Most studies of the effects of predeployment functioning on postdeployment outcomes have been based on retrospective reports of predeployment status. Retrospective reports can be valid indicators but also can be biased and subject to memory errors. A study by the Walter Reed Army Institute of Research and the US Army Medical Research and Materiel Command addressed the topic using data collected from one battalion 2 months before a year-long deployment to Iraq. Read more...
<http://links.govdelivery.com:80/track?type=click&enid=ZWFzPTEmbWFpZGl2IkPTIwMTIwNzE4LjlxNDM2MjEmZGF0YWJhc2VpZD0xMDAxJnNlcmIhbD0xNjkxNjUyMyZlZWVpZGlkPWJyZW5kYS5sLmdlYXJoYXJ0QGFTZWRkLmFybXkubWlsJnVzZXJpZD1icmVuZGEubC5nZWVyaGFydEBhbWVkc2Fhcm15Lm1pbCZmbD0mZXh0cmE9TXVsdGl2YXJpYXRISWQ9JiYm&&100&&http://www.ptsd.va.gov/professional/new_sletters/ctu-online/ctu_V6N3.pdf>

Afterdeployment.org

Provider Pro on afterdeployment.org

Resources for clinical providers that includes clinical practice guidelines, a “Behavioral Health News Reader” section, mobile applications, client handouts, continuing education information, and more.

- [Continuing Education](#)

National Healthy Marriage Resource Center

National Healthy Marriage Resource Center - Military Resources

Includes :

- [You're Not Alone](#) (2012) – An activity to help grandparents who are caring for children of deployed soldiers identify support systems.
- [Working Together to Strengthen Guard and Reserve Couples and Families: A Closer Look at Challenges and Strategies](#) (2011 – Bouchet, Stacey. National Healthy Marriages Resource Center (NHMRC) and Annie E. Casey foundation) – This paper provides a summary of the forums convened by The Annie E. Casey Foundation and the NHMRC around efforts to discover the challenges posed to intimate relationships of National Guard and Reserve services members and their relationships with their families.
- [The Art of Military Ops](#) (2012) – Designed to raise awareness about the challenges that military families face when returning home. The Art of Marriage Ops campaign equips military couples with The Art of Marriage DVD series.

- MANY MORE!

[National Healthy Marriage Resource Center - Featured Resources](#)

Includes "Mental Health and Marriage/Relationship Education: What's the Connection

Center for the Studies of Traumatic Stress

[Courage to Care, Courage to Talk New Fact Sheets About War Injuries and Intimacy](#)

Defense Centers of Excellence for Psychological Health and Traumatic Brain Injury (DCoE)

New 'LifeArmor' Mobile App Helps Families with Military Life [<http://www.dcoe.health.mil/NewsArticle.aspx?id=3526>]
7/24/2012

By National Center for Telehealth and Technology Public Affairs

The Department of Defense has a new smartphone mobile application to help service members and their families manage the challenges of military life. "LifeArmor" has 17 behavioral topics with information, assessments, videos with personal stories and interactive exercises to develop coping skills.

"LifeArmor" is a comprehensive learning and self-management tool to assist members of the military community with common mental health concerns. It was developed by psychologists at the Defense Department's National Center for Technology and Technology, known as T2, as a companion application to their afterdeployment.org website, launched in 2008 to help service members returning from combat deployments. The new mobile application brings behavioral health topics from the website to smartphones and tablets, used by most service members.

[DCoE Schedule of Monthly Webinars](#)

Sept. 27, 2012 – Managing Suicide Behaviors

Oct. 25, 2012 – Learning from Real Cases, Military Medicine Supplement

Nov. 15, 2012 – Emerging Technologies to Address PTSD/TBI

Previous 2012 DCoE Webinar information and resources can be found at:

<http://www.dcoe.health.mil/Training/MonthlyWebinars/2012Webinars.aspx>

Featured Upcoming Training

Recent Articles

FEATURED RESOURCES

Online Resources

MILITARY CHILD EDUCATION COALITION (MCEC) – TRAININGS/PROFESSIONAL DEVELOPMENT

Living in the New Normal: Helping Children Thrive through Good and Challenging Times (LINN)

- LINN training is a comprehensive initiative providing community professionals, educators, family members, and other concerned individuals with information on how to support military children during times of uncertainty, trauma, and grief. This three-part

initiative includes an accredited professional development institute, a professional development practicum, and a public engagement model, grounded by well-researched, vetted resources.

- LINN Institute: designed for educators and community professionals
- LINN Practicum: designed for parents, child care practitioners, educators, Family Readiness Group leaders, and other concerned adults
- LINN Public Engagement: designed for state and community leaders
- Trained over 8370 professionals since 2007

Aug 02, 2012

08:00am [Guard and Reserve Institute - Fishers, IN](#)

08:00am [Living in the New Normal Practicum - Ontario, OR](#)

Aug 08, 2012

08:00am [Living in the New Normal Institute - Johnston, IA](#)

Aug 18, 2012

08:00am [Guard and Reserve Institute - Millsboro, DE](#)

Aug 28, 2012

08:00am [Living in the New Normal Practicum - Klamath Falls, OR](#)

08:00am [Transition Counselor Institute \(Phase One\) - Lawton, OK](#)

Aug 30, 2012

08:00am [Transition Counselor Institute \(Phase One\) - Huntsville, AL](#)

Sep 10, 2012

08:00am [Living in the New Normal Institute - Tucson, AZ](#)

Sep 13, 2012

08:00am [Guard and Reserve Institute - Chattanooga, TN](#)

08:00am [Living in the New Normal Practicum - Niceville, FL](#)

Sep 18, 2012

08:00am [Living in the New Normal Practicum - Prescott, AZ](#)

Sep 19, 2012

08:00am [Living in the New Normal Practicum - Ft. Benning, GA](#)

08:00am [Transition Counselor Institute \(Phase One\) - Fort Belvoir](#)

UPCOMING CONFERENCES AND TRAININGS

July 2012

July 12-16

International Association for Relationship Research (IARR)

<http://iarr2012conference.com/> Chicago, IL

The conference will begin at 5 p.m. on Thursday, July 12, 2012 and will end on Monday afternoon, July 16. Pre-conference meetings (including the IARR Board meeting) will occur on Thursday, 9 – 4 p.m.

July 20-25

NARME's 2012 "Champions for Children" Conference

Baltimore Hilton, Baltimore, Maryland <http://narmeconference.com/>

The National Association for Relationship and Marriage Education (NARME) will present its 2nd annual conference. This conference will offer an array of topics around the goal of promoting "Champions for Children." For more information about NARME, click here: <https://www.narme.org/portal2/>.

July 22-25

National Association of Social Workers (NASW) Conference

<http://www.socialworkers.org/nasw/conferences/hope2012/default.asp> Washington, DC

Theme: Restoring Hope: The Power of Social Work

August 2012

August 2-5

2012 120th American Psychological Association (APA) Convention

<http://www.apa.org/convention/>

Orange County Convention Center, Orlando, FL

September 2012

September 13-16

American Association for Marriage and Family Therapy (AAMFT) Annual Conference

http://www.aamft.org/iMIS15/AAMFT/Education_and_Training/Annual_Conference/Content/Events/Annual_Conference.aspx?hkey=01376fe8-c4e8-439f-a51b-8418d371323f

Charlotte, NC Theme – Women: Evolving Roles in Society and Family

September 9-12 (Affiliated Training Sept 7-8 and Sept 12 is post-conference workshop)

International Violence, Abuse and Trauma (IVAT) Conference – Call for Submissions

http://www.ivatcenters.org/conferences/17thIC/2012_Call_for_Submissions-FINALVERSION.pdf

Town and County Hotel and Resort, San Diego, CA

Theme – Best Practices: Compassion in Action Includes military track

October 2012

October 23-28, 2012 *New entry*

59th American Academy of Child and Adolescent Psychiatry (AACAP)

Hilton San Francisco Union Square

Preliminary Schedule

The Annual Meeting [Preliminary Schedule](#), including the full list of speakers is now available. The Program Schedule is searchable by speaker, date, type of program, or topic keyword and descriptions are listed for all sessions.

October 25-27

Advancing School Mental Health

<http://csmh.umaryland.edu/Conferences/AnnualConference/AnnualHome.html>

Salt Lake City, UT

The **17th Annual Conference on Advancing School Mental Health** will be held October 25-27, 2012 at the Salt Lake City Marriott Downtown Hotel (75 S. West Temple) in Salt Lake City, Utah. The Conference is sponsored by the Center for School Mental Health (CSMH) and the IDEA Partnership (funded by the Office of Special Education Programs [OSEP], sponsored by the National Association of State Directors of Special Education).

The theme of the 17th Annual Conference is "**School Mental Health: Promoting Positive Outcomes for Students, Families, Schools, and Communities.**" [Save-the-date!](#)

October 31-Nov 4

74th National Council on Family Relations (NCFR) Annual Conference

<http://www.ncfr.org/ncfr-2012> Hyatt Hotel, Phoenix, AZ

November 2012

November 11-15

The Association of Military Surgeons of the U.S. (AMSUS) 118th Annual Meeting

<http://amsusmeeting.org/> Phoenix, AZ

JOB OPENINGS

Becoming a TRICARE Provider

TRICARE

TRICARE is the health care program for uniformed service members, their families, and survivors. TRICARE uses military treatment facilities (also known as direct care) as the main delivery system and augments direct care with a network of civilian providers and facilities to provide timely access and high quality service while maintaining the capability to support military operations.

The program is available worldwide and managed regionally in six separate TRICARE regions jointly by the TRICARE Management Activity (TMA) and TRICARE Regional Offices.

- [North](#)
- [South](#)
- [West](#)
- [Eurasia-Africa](#)
- [Latin America & Canada](#)
- [Pacific](#)

For information on becoming a TRICARE Provider, go to:
<http://www.tricare.mil/providers/BecomeAProvider.aspx>

USAJOBS.GOV Job Openings by Series Number

Go to www.usajobs.gov & go to “Advanced Search” & under “Series Search” type in “0101”, “0180” or “0185” NOTE: You can refine your search on the page to limit to VA, Army, Navy, Air Force etc.

0101 Series

0101 Series: Covers jobs in Social Sciences, Psychology and Welfare Services. These jobs may or may not require licensure.

List of Current Positions under this category:

<http://www.usajobs.gov/JobSearch/Search/GetResults?Keyword=0101&Location=&search=Search!>

0180 Series

0180 Series: Covers jobs in Psychology and Counseling Psychology. These jobs are primarily for those with PhD or PsyD, LMFT or other counseling degree and licensure.

List of Current Positions under this category:

<http://www.usajobs.gov/JobSearch/Search/GetResults?Keyword=0180&Location=&search=Search>

0185 Series

0185 Series: Covers jobs for Social Workers ONLY. Must have licensure (i.e. LCSW)

List of Current Positions under this category:

<http://www.usajobs.gov/JobSearch/Search/GetResults?Keyword=0185&Location=&search=Search>

Non-federal job openings

- **Zeiders Enterprises:** [Link to current job openings.](#)
- **SERCO** - [Link to All SERCO Counseling/Support/Outreach/Job Announcements](#)

- **CERIDIAN** - [Link to current Ceridian Jobs](#) – at drop down menu for functional area, choose Social Work/Health Care.
- **Choctaw Enterprises** - [Main link to all jobs](#)
- **SAIC Career Opportunities** - [SAIC Job Openings](#)
- **Health Net** - [Link to all job openings at Health Net](#)
- **Eagle Applied Sciences** – Eagle’s direct link to job openings
http://www.eagle-app-sci.com/index.php?option=com_content&view=article&id=51&Itemid=92
- **Health e-Careers Network** - [Main link to all jobs](#) - when you go to this site, type in the following keywords to find military-affiliated jobs:
 - Sterling Medical
 - Spectrum Healthcare Resources
 - Henry M. Jackson Foundation for the Advancement of Military Medicine
 - Eagle Applied Sciences