

Alliance Newsletter

Volume 4, Issue 3



Mission Statement: The Alliance seeks to optimize the preparedness of behavioral health providers working to enhance the resilience, recovery and reintegration of Service members, Veterans, and their Family members and communities throughout the military, post-military, and family life cycles.

Current Research

O'Hara, C., and Putnam, H. (2017). Sleep: The missing link. *Combat Stress*, 6(1), 3-18.

This article focuses on sleep assessments and interventions for combat Veterans with disrupted sleep. The authors discuss a number of interventions and technology to improve sleep among Service Members and Veterans struggling with sleep disruption. They also argue that there has been progress made in assessment and treatment of sleep disorders and disruption, however there are still gaps between sleep assessment and treatment guidelines, scientific studies, and current practices within the Department of Defense and VA. They also highlight cognitive-behavioral and CAM interventions that could be helpful to these populations, but are largely unknown and unavailable to many Service Members and Veterans. Finally, they discuss the need for more robust research in these areas.

Free E-journal Focused on Evidence-based Research and Interventions

Combat Stress is a free e-journal that targets military veterans and families and the clinicians who serve them, providing evidence-based articles on “cutting edge” interventions. Topics including suicide, equine- and animal-assisted therapies, transcendental meditation, retreats, and women veterans are covered, among others. The abstract featured above is from the current issue of this magazine. Click [here](#) to access all issues. The next issue will include articles on military and veteran family retreats across the country.



Webinar: Using SBIRT for Problem Gambling in the Military

A free webinar produced in partnership with The BIG Initiative, National SBIRT ATTC, and NORC at the University of Chicago will take place on Thursday, June 15, 2017 from 3:00-4:30pm EST (2 CST/1 MST/12 PT). The webinar will provide an overview of Screening, Brief Intervention, and Referral to Treatment (SBIRT) and how it is used. In addition, the incidence of Problem Gambling (PG) in military/veteran populations will be noted. The focus will be on how SBIRT can be successfully used in treatment addressing problem gambling in military/veteran settings. PG as a co-occurring disorder will be covered. Learning objectives will include: a) understanding the SBIRT protocol; b) understanding PG in the military; and c) learning how to use SBIRT to address PG in military settings. This webinar offers free 1.5 NAADAC CEs and a certificate of completion. You will need to complete a short online form (coming soon) to claim your certificate. To register, click [here](#).

Self-paced Online Training: The Impact of Deployment and Combat Stress on Families and Children

A number of self-paced online trainings are available through the Center for Deployment Psychology, include a two-part training titled, The Impact of Deployment and Combat Stress on Families and Children. The goal of Part one of this interactive online training is to provide an introduction to some general information regarding the deployment cycle and how it impacts the Service Member and family unit. It is intended to help civilian mental health providers better understand the myriad stressors associated with pre-deployment, deployment and reintegration, in addition to family risk and resiliency factors, so they are more equipped to engage in treatment with this important client group. Learning objectives: a) discuss demographic and risk characteristics of military families; b) describe general and deployment-related stressors for military families and the stages of the deployment cycle; and c) summarize the research on risk and resiliency factors for military families, the effects of PTSD on families, and the challenges for families coping with the injury or death of a Service member. Taking this course for CE Credits has a small associated fee, but the course can also be taken for free, without the final test or certificate. Click [here](#) for the course outline. Click [here](#) to access the training.

Conferences

[International Summit on Violence, Abuse & Trauma](#)

March 27-30, 2017
Honolulu, HI

[National Council for Behavioral Health](#)

April 3-5, 2017
Seattle, WA

[APNA 15th Annual Clinical Psychopharmacology Institute](#)

June 8-11, 2017
Baltimore, MD

[American Assoc. for Marriage and Family Therapy Annual Conference](#)

October 5-8, 2017
Atlanta, GA

Federal Job Opportunities

All federal jobs are posted on the USAJOBS.Gov website. Go to www.usajobs.gov & go to “Advanced Search” & under “Series Search” type in “0101”, “0180” or “0185”
NOTE: You can refine your search on the page to limit to VA, Army, Navy, Air Force etc. Tips for using the USAJOBS website can be found [here](#).

0101 Series Jobs: Covers jobs in the Social Sciences, Psychology, and Welfare Services. These jobs may or may not require licensures.

0180 Series Jobs: Covers jobs in the Psychology and Counseling Psychology. Primarily jobs for those with PhD or PsyD, LMFT, or other counseling degrees and licensures.

0185 Series Jobs: Covers jobs for Social Workers ONLY. Must have licensure (i.e. LCSW)

0602 Series: Covers jobs for Psychiatrists.

Non-Appropriated Fund (NAF) Positions

NAF employment is considered federal employment. However, the monies used to pay the salaries of NAF employees come from a different source. Civil service positions are paid for by money appropriated by Congress. NAF money, on the other hand, is self-generated by activities and services that use NAF employees. Visit the following links to apply for NAF positions.

Department of Veterans Affairs Jobs

VA Hiring Initiative: The VA is hiring behavioral health providers for positions at VA facilities across the country.

VA Jobs: The VA has created links for providers that make it easy to search for VA jobs in your profession. Please click on the links below in order to see all of the current VA job openings, as listed on the USAJOBS website, for your profession:

[Psychiatrists](#)

[Psychologists](#)

[Social Workers](#)

[Licensed Professional Counselors](#)

[Marriage and Family Therapists](#)

[Psychiatric Nurses](#)

Non-Federal Job Opportunities

The federal government also uses contractors to provide behavioral health services to Service members and others. The government contracts with private contracting companies, who will then hire the individual providers to provide the necessary services. Several contractors known to hire behavioral health providers are listed below, along with links to websites that list job opportunities for providers.

Zeiders Enterprises [Link to current job openings.](#)

SERCO - [Link to All SERCO Job Announcements](#)

Choctaw Enterprises - [Main link to all jobs](#)

SAIC Career Opportunities - [SAIC Job Openings](#)

Health Net - [Link to all job openings at Health Net](#)

Health e-Careers Network - [Main link to all jobs](#)

Magellan Health- [Main link to all jobs](#)

Do you have information for the April 2017 Newsletter?

Please send it to Dr. Angela Lamson at lamsona@ecu.edu by April 8, 2017