DATING MATTERS:

UNDERSTANDING TEEN DATING VIOLENCE PREVENTION

DATING MATTERS is a free, online course available to educators, school personnel, youth leaders, and others working to improve the health of teens.

It features interviews with leading experts, dynamic graphics and interactive exercises, and compelling storytelling to describe what teen dating violence is and how to prevent it.

"...we can prevent teen dating violence and create a better, safer future for our students."



What You'll Learn

This course will help you:

- > Understand teen dating violence and its consequences
- > Identify factors that can place teens at risk for dating violence
- > Communicate with teens about the importance of healthy relationships
- > Learn about resources to prevent dating violence

By working with teens, families, organizations, and communities to implement effective teen dating violence prevention strategies, you can help make your school safer and healthier for all students.

Course Highlights

What is Teen Dating Violence?

- > Definitions, statistics, and examples
- > How teens view relationships with peers and adults
- > Consequences of dating violence on personal and academic achievement
- > Challenges for teens seeking help

Risk and Protective Factors for Teen Dating Violence

- > Focus on preventing teen dating violence and promoting a positive classroom environment
- > Learn early warning signs and factors that may increase a teen's risk for dating violence

Making Healthy Relationship Choices

- > Why teens aren't talking about dating violence
- > Characteristics of healthy and unhealthy teen
- > Educator's role in teaching about healthy relationships

Resource Center

- > What educators can do to help prevent dating violence
- > Access to additional dating violence information, curricula, strategies, and tools

www.cdc.gov/ violenceprevention







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