



**W**e are here to listen...not work miracles.

**W**e are here to help a woman discover what she is feeling...not to make the feelings go away.

**W**e are here to help a woman identify her options...not to decide for her what she should do.

**W**e are here to discuss steps with a woman...not to take steps for her.

**W**e are here to help a woman discover her own strength...not to rescue her and leave her still vulnerable.

**W**e are here to help a woman discover she can help herself...not to take responsibility for her.

**W**e are here to help a woman learn to choose...not to keep her from making difficult choices.

**W**e are here to provide support for change.

*-Anonymous*