Green Dot Program Decreases Violence in Kentucky Schools

A new study in the *American Journal of Preventive Medicine* shows communities may be able to prevent sexual and dating violence with the use of Green Dot bystander-intervention program.

Green Dot teaches individuals how to speak up or step in when they see harassment, bullying, or abuse. Over five years, the study looked at the impact of Green Dot in 26 Kentucky High Schools. Researchers found a reduction in sexual violence and dating violence among students following program implementation.

These findings are among the first to identify an effective bystander intervention for preventing sexual and dating violence among teens.

**Implications for Prevention**

Giving educators extensive training and continuous feedback throughout program implementation, as well as training Rape Crisis Center educators as both advocates and prevention educators, may strengthen the effectiveness of approaches to prevent sexual and dating violence.

Further studies are needed to assess the effectiveness of bystander interventions like Green Dot in other settings and with other populations.

**Spread the Word**

- Facebook: According to a new study of the Green Dot program, sexual & dating violence can be prevented by teaching students how to speak up & step in to help as active bystanders when they see harassment, bullying, or abuse. Learn more: [bit.ly/2mXxi3G](bit.ly/2mXxi3G)
- Twitter: New: sexual & dating violence can be prevented by teaching students to speak up & step in when harassment or abuse are seen. [bit.ly/2mXxi3G](bit.ly/2mXxi3G)

**Learn More**

- *American Journal of Preventive Medicine: Article in Press*
- CDC: Teen Dating Violence
- *Understanding Teen Dating Violence Fact Sheet*
- *Green Dot*