LESBIAN/GAY POWER AND CONTROL WHEEL

HETEROSEXISM

USING ECONOMIC ABUSE:
Preventing you from getting or keeping a job. Making you ask for money. Interfering with work or education. Using your credit cards without permission. Not working and requiring you to support her/him. Putting assets in partner's name only.

USING PRIVILEGE:
Treating you like a servant. Making all the big decisions. Acting like the “lord of the castle.” Being the one to define each partner’s place or duties in the relationship.

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USING CHILDREN:
Making you feel guilty about the children. Using children to relay messages. Threatening to take the children. Threatening to tell your ex-spouse or authorities that you are lesbian or gay so they will take the children.

MINIMIZING, DENYING, & BLAMING:

USING ISOLATION:
Controlling what you do, who you see or talk to. Limiting your outside activities. Using jealousy to control you. Making you account for your whereabouts. Saying no one will believe you because you’re lesbian or gay.

USING INTIMIDATION:

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