Community Snapshots
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Abused Women’s Aid in Crisis

Currently there is no funding at AWAIC for a position focused exclusively on prevention.

School-based Prevention:

- AWAIC conducted 84 presentations on domestic violence and teen dating violence to 9,116 youth.

Youth-Focused Prevention Efforts:

- AWAIC staff work with Romig Middle School to launch peer to peer prevention efforts.
- Anchorage youth were awarded ANDVSA/DHSS mini-grants to initiate peer education and choose respect teams within their school. AWAIC staff provides support for youth-led prevention efforts.

Community-based Education:

- AWAIC staff provided 47 community presentations to 5,898 community members in Anchorage.
- AWAIC staff offers a monthly group with Mclaughlin Youth Center defining domestic violence, sharing information on resources for getting safe and carrying out activities to shift social norms.
- AWAIC staff provides prevention and awareness outreach upon request.
- AWAIC offers training for workplaces and professionals on domestic violence.

Media or Social Norms Campaigns:

- Conduct awareness campaigns during Domestic Violence Awareness Month.
- Coordinated speakers for the “Choose Respect” march in Anchorage.
- Maintained teen dating violence and domestic violence website http://itsnotcool.me/.

Prevention Capacity Building/ Prevention Collaborations:

- Participates in Governor’s Spectrum of Prevention Workgroup; Anchorage Youth Development Coalition focusing on reducing risk for youth; and in United Way’s Best Beginnings Workgroup.

Next steps for AWAIC and DV prevention in Anchorage:

- Identify resources for prevention staffing dedicated to school-based and teacher training prevention.
- Strengthen collaborations and planning to end domestic violence in Anchorage.
Standing Together Against Rape

STAR has one funded education position. STAR funds education staff through general donations.

School-based Prevention:

- STAR provided 512 classroom presentations in the municipality of Anchorage (about 10,966 children from July to December), double the number of presentations from the previous year. Age-appropriate, school-district approved content focuses on personal safety and sexual violence risk reduction for k-12. Some presentations also include information on respect and boundaries.
- STAR has incorporated evaluation tools to determine the effectiveness of STAR presentations.
- STAR works with POWER Teens and youth leaders to adapt classroom-based sexual violence prevention materials.

Community-based education:

- Offered 59 community presentations on sexual assault.
- Participated in community health fairs and education booths.
- Conducted 42 public education presentations to community members.
- Presented at Highland Women’s Correctional Facility on requested topics, including a professional women’s group.
- STAR staff presented at Lead On! For Peace and Equality in Alaska, youth leadership mini-summit. At the mini-summit, youth gain leadership skills that help them create prevention and awareness programs around healthy relationships, domestic violence and sexual assault in their communities.

Media and Campaigns:

- Coordinated activities for Sexual Assault Awareness Month, connecting with various sectors and age groups or populations.
- STAR uses paid and earned media opportunities to bring awareness through television ads, bus signs, events, radio PSAs, and print media.
- STAR participated in the “Choose Respect” rallies and governor’s initiative workgroups.
- STAR regularly develops public service announcements for the radio on sexual assault.

Male Engagement:

- STAR is a part of a pending proposal to engage boys and men in prevention.

Next Steps for STAR and Sexual Assault Prevention in Anchorage:

- Identify reliable funding for a prevention/education staff person.
- Develop a statewide campaign that focuses solely on sexual violence prevention.
Statewide Prevention Projects Impacting Anchorage
ANDVSA & other key partners

- Two Anchorage-based alternative schools have trained teachers and are implementing the Fourth R Healthy Relationships curricula.
- In 2010, 20 Anchorage individuals attended Lead On! For Peace and Equality, a three day youth leadership mini-summit held in Anchorage. Some of these Anchorage youth helped to plan this statewide event that hosted more than 120 individuals from across the state.
- In 2010, POWER teens were funded by ANDVSA/DHSS mini-grants to support youth led prevention projects. This group worked on developing messages and helping with curricula adaptations for sexual violence prevention.
- Three youth groups in Anchorage have applied for 2011 youth-led Stand Up Speak Up mini-grants.
- More than 20 Anchorage Youth participated in the development of posters, television commercials, and other materials for Stand Up Speak Up media campaign focusing on promoting respect and ending violence.
- Stand Up Speak Up materials were placed on Anchorage buses and aired on Anchorage-based media outlets.
- More than 800 Anchorage-based individuals have visited the Stand Up Speak Up website from June 2010 to December 2010.
- Several Anchorage-based partners participate in statewide planning for prevention.
Arctic Women in Crisis

Currently there is no funding for a position focused exclusively on prevention at AWIC.

School-based Prevention:

- AWIC presents at the elementary school (bullying awareness); middle school (bullying and healthy relationships); and high school (dating relationships). AWIC offers presentations upon request at the college.
- AWIC uses evidence-based curricula “Second Step” and “Steps to Respect”.
- One Barrow teacher attended the Fourth R teacher training hosted by ANDVSA, CDVSA, DHSS-WCFH. The Fourth R is a 30 lesson, research-based, healthy relationship curriculum adapted for Alaska.
- Kiita is implementing the Fourth R healthy relationships curricula.
- One Barrow teacher will participate in the Fourth R master training.

Village Outreach and Education:

- AWIC periodically presents to every town and school on the North Slope using bullying prevention material.
- AWIC uses Safe Dates and Liz Claiborne, Love is not Abuse materials in a two full-day classroom instruction. AWIC staff visits each classroom two times in a year.
- Three teachers from the North Slope will attend the Fourth R Spring Institute.

Media or Social Norms Campaigns:

- AWIC develops prevention messaging for the radio, two to three times a year, on bullying prevention, healthy relationships, and dating safely. This reaches 10,000 listeners.
- AWIC develops posters, placemats, and collateral materials for public education.
- AWIC hosts movie nights to have conversations about violence in the community.

Next Steps for Teen Dating, Sexual, and Domestic Violence Prevention on the North Slope:

- Establish peer education program building on successful youth leaders, natural helpers, and peer educator programs in the state.
- Work with men and young men in the community to do more outreach.
- Identify funding for staffing and peer education program.
Tundra Women’s Coalition

Currently there is no funding at TWC for a position focused exclusively on prevention coordination. There is a youth advocate and Teens Acting Against Violence coordinator. Prevention is carried out by these staff members.

School-based Prevention:

- TWC staff provide presentations on safe touching, bullying prevention, and healthy relationships (age appropriate in elementary, middle and high school).
- TWC staff and Teens Acting Against Violence (TAAV) peer educators present in schools in the Yukon-Kuskokwim (YK) area. Presentations include a video on dating relationships created by TAAV. TAAV and TWC taught 108 classes with 691 student contacts.
- TWC conducts boarding school and college dorm presentations on healthy relationships.
- Two Bethel teachers are trained and implementing the Fourth R Curricula in 8th and 9th grades.
- Three TWC staff and one school district staff will attend the Fourth R Spring Institute.

Village Outreach and Education:

- TWC Staff and TAAV peer educators present in the schools.
- TWC reached more than 285 students in villages in the YK region.
- TWC staff present at village workshops each year on healthy relationships, domestic violence, sexual assault and child sexual abuse.
- TWC co-sponsors workshops with the tribes (1-3 times a year).
- TWC staff and Teens Acting Against Violence educators participate in village gatherings.
- TAAV presented 16 times in communities in the YK area.
- TAAV youth performed six youth theater skits for community education.
- One youth from Akiachak attended Lead On! youth leadership mini-summit.
- One Kipnuk youth participated and was featured in the Stand Up Speak Up television commercials.

Community-based Education:

- Provides presentations to various community organizations and groups upon request.
- Hosts person of the year event in Bethel.

Media or Social Norms Campaigns:

- Teams up with public radio for teen hosts to discuss violence prevention.
- Youth developed PSAs on dating violence, substance abuse and local option.
• Youth are working with ANDVSA and local media sources to develop violence awareness commercials focusing on violence against children.

Youth Leadership and Peer Education:

• TAAV supports and organizes three meetings a week. One day is preparation for community projects, one is a fun day, one is culture or art-based. Sixty youth participate in TAAV annually.
• TAAV fundraises to bring youth to an outward bound adventure in the lower 48.
• Incorporates local subsistence activities into wellness and prevention work.
• TWC adopted and held activities at fish camp.
• TWC supported healthy culture, arts, and subsistence activities creating story knives, going caribou hunting, and other activities.
• TWC staff connects with teens and provides a safe place for teens to go.
• Five youth attended and presented at Lead On! for Peace and Equality in Alaska, an annual statewide youth leadership mini-summit.
• One Bethel youth participated in the development of the second phase of the Stand Up Speak Up television commercials.

Partnerships on Prevention Activities:

• Hosted community training and discussion on Green Dot strategy with more than 20 community members and Green Dot Founder Dorothy Edwards.
• Recruits community members to teach or offer opportunities for youth to get involved in subsistence and hunting activities.

Next Steps for Bethel’s Prevention:

• Identify resources for additional prevention and education staffing. Staff is needed to expand Bethel and village-based classroom presentations. TWC has a large presence in classrooms in the YK Delta, covering essentially all school districts, but cannot currently fill all of the requests for travel and outreach. Prevention staffing is needed to oversee TWC pilot projects to build male partnerships for prevention and for community mobilizing for prevention.
• Launch pilot projects for male engagement building on many of the relationships that TWC has established with young men in the community. These projects could provide a clear role for youth, especially young men to take leadership in our prevention efforts.
• Create additional materials. This includes developing new posters/ t-shirts for TAAV. As well as information on teen dating violence, and sexual violence prevention/warning signs/access to resources. These are in high demand and serve to reinforce messages.
• Work with the community to adapt the Green Dot strategy for Alaska.
Cordova Family Resource Center

Through CDVSA funding, CFRC will have a half time position dedicated to prevention education in the schools starting January 2011.

School-based Prevention:

- Offers presentations on safe touch, bullying prevention, and healthy relationships (age-appropriate in elementary and middle school).
- CFRC coordinates the peer helpers program, Peer Power. This is a co-ed program for 7th-12th graders based on the Peer Power program. Peers meet weekly. Peers receive two college credits for psychology and high school credit.
- CFRC staff and Cordova health teacher have been trained for Fourth R curriculum implementation. The Fourth R is a 30 lesson, research-based, healthy relationship curriculum adapted for Alaska. They hope to initiate this in 2011.
- Peer helpers present to elementary students and community on bullying, self esteem etc.

Youth Leadership / Youth Action:

- CFRC staff support youth-led prevention efforts carried out in the community.
- CFRC and peer helpers received ANDVSA mini-grant and Alaska Association of School Boards mini-grant to carry out two youth-led projects.
- Cordova youth designed and created “respect” benches in Cordova.
- Peer helpers put up posters and developed bulletin boards on respect.
- Peer helpers and CFRC hosted a dance on Red Ribbon Week on alcohol awareness.
- Peer helpers organized their peers to make “Choose Respect” banners for Cordova’s “Choose Respect” march.
- Peer helpers spoke at the “Choose Respect” march and engaged elementary school students.
- Two Cordova youth attended Lead ON! 2010, a three-day minisummit designed to strengthen leadership skills to promote nonviolence in relationships and equality in communities. Youth developed an action plan for prevention projects in 2011.
- CFRC carries out a “Windows Between Worlds” program. This is a weekly art program during the school year. Through collaboration with the school district, this program has been combined with healthy lunches program (every day) during the summer. Five to 20 youth participate daily.

Village Outreach and Education (Chenega Bay and Tatitlek):

- CFRC offered quarterly in–school presentations.
- CFRC conducted a travelling health fair to promote wellness and healthy relationships.
**Community-based Education:**

- Presents on healthy relationships to all youth group leaders and youth at Catholic church.
- Assisted with healthy relationship presentations at the Episcopal church.
- CFRC organized “Choose Respect” march campaign in Cordova.

**Media or Social Norms Campaigns:**

- Peer helpers developed radio Public Service Announcements.
- CFRC developed educational materials for the scanner.
- CFRC is currently constructing a web page.
- Has a Facebook page for peer helpers and the agency.
- CFRC shares messages on the work of CFRC in partnership with local media outlets.
- CFRC distributed statewide Stand Up Speak Up posters and materials in the schools.

**Next Steps:**

- Identify funding to dedicate time to education and prevention.
- Offer a monthly group or community based public education forum.
- Expand prevention efforts in the villages.
- Implement the after-school Fourth R curricula.
- Expand youth groups in the middle and elementary and out of school activities.
**Safe and Fear-Free Environment**

Dillingham has one full-time prevention staff funded through the CDC and ANDVSA’s DELTA Project. SAFE’s Youth Advocates and Outreach and Education staff also assist with prevention activities.

**School-based Prevention:**

- Presentations are systematically conducted in grade k-8. Topics include safe touch, bullying, teen dating violence and healthy relationships.
- The Fourth R healthy relationship curriculum is being implemented in the 8th and 10th grades. The Fourth R is a 30 lesson, research-based, healthy relationship curriculum adapted for Alaska.

**Youth Leadership, Youth Programming, and Peer Education:**

- SAFE facilitates Leadership Asset Youth Coalition (L.A.Y.C). LAYC is a youth coalition established to expand youth leadership skills and for youth to provide service to their home community of Dillingham. Youth focus on asset development, unity, and leadership.
- SAFE staff participate in Positive Behavior Support (PBS), an empirically validated, function-based approach to eliminate challenging behaviors and replace them with pro-social skills.
- Fourth R Peer Mentoring Program (in process): Working closely with the in-school Fourth R curriculum, this peer mentoring program assists youth to provide peer education and mentoring to younger youth in the community.
- SAFE works closely with the tribe, and tribal health organizations to collaborate to hold culture camp for youth, including smoking and drying fish and other subsistence projects. Youth present some of the culture camp items as gifts to Dillingham elders.
- SAFE co-host Dillingham Youth and Elders gathering.
- Two youth from Dillingham presented at Lead On! for Peace and Equality youth leadership mini-summit. This statewide summit focuses on developing leadership skills to promote healthy relationships and respect. At the mini-summit, youth gain leadership skills that help them create prevention and awareness programs in their communities.
- SAFE staff coordinated and supported youth summer service projects and summer activities that provide an opportunity for youth to stay connected and have meaningful roles in the community.
- SAFE is initiating Green Dot in the schools.

**Village Outreach and Education:**

- SAFE provides outreach and education in Bristol Bay villages.
Three youth from New Stuyahok and two youth from Togiak participated in Lead On! for Peace and Equality youth leadership mini-summit.

Media or Social Norm Campaigns:

- SAFE staff has been trained to implement the Green Dot strategy. The Green Dot strategy helps every individual in the community understand how they can help to create green dots throughout the community. A GREEN DOT is any behavior, choice, word, or attitude that counters or displaces a red-dot of violence – by promoting safety for everyone and communicating utter intolerance for sexual violence, interpersonal violence, stalking and child abuse. Training is completed with a community launch pending spring 2011.
- SAFE staff and community partners ensure that prevention is included into all community planning processes-prevention is becoming the norm.
- SAFE staff works to address the norm around drinking in Dillingham.
- Other campaigns include Domestic Violence Awareness Month, Sexual Violence Awareness Month, and use of local media to promote prevention messages on the scanner, radio, and through the local paper.

Collaboration and Prevention System Capacity:

- Rural Alliance For Teens (RAFT) is a coalition developed to promote the assets of youth in Dillingham. SAFE staff lead, organize, coordinate, and implement RAFT related community work.
- SAFE and key partners launched CANDU (a wellness collaborative born out of DELTA and SAMHSA planning processes). CANDU is a 48 member committee working together on wellness and prevention.
- CANDU developed a comprehensive plan to address relationship and sexual violence and to promote wellness. CANDU members have begun implementing strategies in this plan.
- Dillingham City has incorporated primary prevention into the comprehensive city plan this year.
- SAFE is working with community partners on an FASD prevention project.
- SAFE is in the process of developing an evaluation plan to evaluate the effectiveness of strategies outlined in community prevention plans.

Next Steps for Dillingham Prevention:

- Identify resources for additional prevention staff to coordinate community collaboration and work more closely with the business community, faith community, and to nurture volunteers.
- Identify funds and tools needed for specific strategies: Green Dot strategy; male-led retreat specifically for men, funding for community projects, summer youth services and culture camp.
Interior Alaska Center for Non-Violent Living

Currently there is education and prevention staff at IAC. This is in part funded through the United Way and in part through the Council on Domestic Violence and Sexual Assault allocations.

In-school Presentations:

- IAC presents to classes upon request and also assists the Fairbanks North Star Borough in implementing portions of their health curriculum. The Fairbanks North Star Borough's curriculum includes a domestic violence and sexual assault prevention component in grades k-12. This includes a wide range of topics, from personal safety to setting healthy boundaries, and healthy relationships.
- IAC staff provides presentations to senior high school students on sexual violence and domestic violence prevention.
- IAC staff provides safe touch presentations with childcare and Headstart.
- IAC staff is trained to implement the Fourth R. The Fourth R is a 30 lesson, research-based, healthy relationship curriculum adapted for Alaska.
- 3 more staff and teachers will attend the Fourth R Spring Institute.

Youth Leadership, Youth Programming, and Peer Education:

- IAC supports Live to your Fullest at Eilson High School. This group for girls convenes during the school year and focuses on healthy relationships, sexual assault prevention, and safety. It also offers an online social networking platform for connecting girls to these efforts.
- IAC will be working to initiate a 6th grade Live to your Fullest.
- Five youth from Fairbanks and the North Pole attended Lead On! for Peace and Equality in Alaska. Lead On! is a youth and adult planned youth leadership mini-summit. At the mini-summit youth gain leadership skills that help them create prevention and awareness programs around healthy relationships, domestic violence and sexual assault in their communities.

Community-based Education:

- IAC staff provide multisession presentations to youth participating in youth outreach agencies, Street Outreach and Advocacy Program (SOAP), and Graf Healing Place, an inpatient treatment facility for youth substance abusers.
- IAC presents to other agencies, businesses, and groups interested in learning more about domestic and sexual violence issues and becoming involved. This includes groups such as Rotary, Soroptomist, and Kiwanas as well as the Police Academy.
- IAC staff participates in the Compass Coalition focused on preventing family violence and substance abuse for teenagers.
Village Outreach and Education:

- IAC carries out extensive village education efforts throughout the year.
- Youth from Nenana and Huslia attended Lead On! For Peace and Equality in Alaska. These youth had an opportunity to plan for a project in their home community.
- Venetie was awarded a youth-led minigrant to bring together youth and adults in the community to revive their traditional dance and traditional dress.

Media or Social Norms Campaigns:

- IAC uses paid and donated media opportunities to bring awareness to the issue of domestic violence, teen dating violence, and sexual assault.
- IAC conducts outreach campaigns during Sexual Assault Awareness Month in April and Domestic Violence Awareness Month in October that includes the purple and teal ribbon campaign, rallies and the Take Back our Lives march.
- IAC has works on substance abuse prevention messaging through the Compass Coalition.
- IAC staff has been using “Men Can Stop Rape” tools for outreach to men.
- IAC staff organized Fairbanks’ “Choose Respect” rally during sexual assault awareness month.

Next Steps for Domestic and Sexual Violence Prevention in Fairbanks:

- Identify funding for an additional youth educator to provide coverage and staff to engage boys.
- Expand media marketing and launch campaign reaching out to men about their role in prevention.
- Use an engagement strategy such as “Sex Signals” or “Green Dot” for the UAF.
- Expand prevention opportunities and support for villages.
South Peninsula Haven House

Currently there is no funding at SPHH for a position focused exclusively on prevention.

School-based Prevention:
- Haven House outreach staff provides school based prevention education.
- One Haven House staff has been trained to implement the Fourth R, a 30 lesson, research-based, healthy relationship curricula adapted for Alaska.
- Haven House staff leads the Fourth R classes at Homer Flex.

Youth Leadership, Youth Programming, and Peer Education:
- Haven House recruits youth leaders to help form and run youth prevention programs.
- Two youth attended Lead On! For Peace and Equality in Alaska. Lead On! is a youth and adult planned youth leadership mini-summit. At the mini-summit, youth gain leadership skills that help them create prevention and awareness programs around healthy relationships, domestic violence and sexual assault in their communities. Homer youth designed a project for prevention in Homer.
- Through ANDVSA minigrants, Haven House and approximately 25 youth from Seldovia, Port Graham, and Nanwalek participated in the Peace Flag Project. Youth discussed peace, oppression, and injustice and created individual flags that were displayed at a community wide event.

Community Education:
- SPHH supports prevention education groups at the mental health center.
- SPHH spearheaded a prevention coalition to bring together and coordinate prevention efforts.

Village Outreach and Education:
- SPHH participates in village wellness recovery retreats and provides in-school education in villages.

Media or Social Norm Campaigns:
- SPHH hosts an hour-long radio show once a quarter.
- SPHH uses earned media to discuss issues surrounding sexual violence, dating violence and domestic violence.

Next Steps:
- Identify resources for a full-time position to coordinate prevention activities.
Juneau

Aiding Women in Abuse & Rape Emergencies

AWARE has one full-time prevention manager position partially funded through ANDVSA and the Centers for Disease Control and Prevention’s DELTA Project. AWARE also has a full-time school education staff member funded through the City and Borough of Juneau and a Jesuit Volunteer working part-time on engaging men in prevention efforts.

School-based Presentations:

- In FY 10, AWARE staff conducted 186 elementary school presentations to 4,003 student contacts.
- AWARE staff conducted 125 presentations in the middle and high school to 1,732 student contacts.
- AWARE staff conducted 19 presentations with preschool, private school, and UAS with 403 student contacts.

IPV/SV Prevention Curriculum:

- All three Juneau high schools have adopted the Fourth R: Alaska Perspectives curriculum. This is a 30 lesson, research-based, healthy relationship curriculum adapted for Alaska.
- One Juneau teacher will attend the Fourth R Master training at the Spring Institute in February of 2011.
- AWARE’s Education Specialist and Outreach and Education Coordinators have attended the Fourth R training and work with teachers to implement this curriculum.

School-based Projects:

- AWARE hosts the Southeast charter for Girls On The Run (GOTR), an international program for young girls ages 8-14 that uses running to teach the girls about positive self-image, self-respect and self-worth. The program combines training for a 5K (3.1 mile) running event with healthy living and self-esteem enhancing curricula. The Girls on the Run of Southeast Alaska territory covers Southeast Alaska. Our programs include the communities of Ketchikan, Petersburg, Wrangle, Sitka, Angoon, Haines, Hoonah, Yakutat, and Juneau. GOTR instill self-esteem and self-respect through physical training, health education, life skills development, and mentoring relationships.
- Coaching Boys into Men. Coaching Boys into Men engages athletic coaches through the Coaches Leadership Program to help shape the attitudes and behaviors of young male athletes.
- AWARE participated in Juneau Thunder Mountain Challenge Day. AWARE is currently exploring their role in providing on-going support to Be the Change groups.
Youth-focused or Peer Education Projects:

- AWARE supported a youth-led prevention project, *Paddles for Prevention*, a week-long leadership building outdoor program in Glacier Bay that incorporates healthy relationship and leadership development skills. This youth initiated project develops both outdoor and individual leadership skills. Relationship skills will be incorporated into each of the activities. AWARE is discussing expansion and growth of this program for 2011.
- Ten Juneau youth attended the 2010 Lead On! For Peace and Equality in Alaska, youth leadership mini-summit. The Lead On! youth mini-summit helps connect youth with adult mentors, to create change in their communities. At the mini-summit youth gain leadership skills that help them create prevention and awareness programs. This year there are two prevention project ideas. Youth and AWARE staff worked to submit and have been awarded an ANDVSA youth mini-grant to fund this project.
- AWARE partnered with Southeast Alaska Guiding Association to host a rope course and healthy relationship programs for boys and girls in Juneau.

Community Education:

- AWARE is working closely with Big Brothers Big Sisters to launch a parent mentoring program where teen parents are matched with experienced parents to provide guidance and support.
- In coordination with the Office of the Governor, AWARE helped to organize and coordinate the Juneau “Choose Respect” march.
- AWARE hosts the *Clothesline Project*, a traveling exhibit where victims of domestic violence and sexual assault express emotions by decorating a t-shirt that is hung on the clothesline and displayed to the public.
- AWARE hosts *Girls On The Run* season end 5K. The 5K is a chance for all girls from different schools to come together and celebrate being healthy and positive. It also allows community members to show support for the youth in their community.
- AWARE participates in the *Juneau Community Health Fair*, a community wide event held at Centennial Hall to discuss both health promotion in relationships and screening practices.
- AWARE raises awareness during Sexual Assault Awareness Month with a series of events including a waterfront AWAREness Race that raises awareness for the prevention of domestic and sexual violence; *Walk a Mile in Her Shoes*; and an international men’s march to increase awareness about sexual assault and gender violence.
- AWARE carries out several activities during Domestic Violence Awareness Month including a 5th grade poster contest, an AWAREness Race, and other activities.
- AWARE offers Healthy Relationships class for women (10 week community-based education group).
- AWARE integrates prevention training into bi-annual community/volunteer trainings.

Male Engagement Projects:

- AWARE offers training through the *Coaches Leadership Program* which equips coaches to talk with their athletes about respect for women and girls and that violence doesn’t equal strength. Thunder Mountain High School will be incorporating this curriculum into some of their athletics programming.
- AWARE has been working with a variety of community members to plan for and strengthen prevention programming for boys and men.
- AWARE hosted community events with Carlos Boozer to launch coaching programs and bring the community together for respect campaigns.
AWARE engaged soccer teams across the state to take the pledge against violence.
AWARE placed ads, created banners, and recruited JDHS teams to take the pledge to prevent violence.

**Media and Social Norms Campaign:**

- AWARE coordinates various violence prevention media campaigns throughout the year.
- In conjunction with ANDVSA, AWARE developed PSAs and materials with Carlos Boozer regarding ending violence and promoting respect.
- AWARE developed messaging for athletic events recruiting men in “Choose Respect” efforts.
- AWARE works with youth to develop public service announcements.
- AWARE organizes community members and places ads highlighting supporters of the White Ribbon Campaign, an international campaign of men working with men to end violence against women.

**Collaboration and Prevention Systems:**

- AWARE staff recruited individuals to participate in a local coalition for prevention of intimate partner, dating, and sexual violence prevention.
- This coalition has conducted a local needs assessment, developed a plan for prevention that includes specific goals, outcomes, and strategies for Juneau. This group has adapted strategies for Juneau schools and community groups.
- AWARE continues to recruit community members to assist with planning and implementation of key prevention strategies.
- AWARE has worked with contracted evaluators to develop evaluation tools for prevention efforts.
- AWARE, ANDVSA, and contracted evaluators are in the process of developing an evaluation plan for all of the goals and outcomes articulated in this plan.

**Next Steps for Domestic and Sexual Violence Prevention in Juneau:**

- Identify funding for sufficient staffing for prevention efforts.
- Engage community in Green Dot.
- Increase programs for engaging boys and men in prevention efforts.
- Create more comprehensive teen leadership programming.
- Increase programs that address girls self-esteem to include middle school and high-school aged youth.

**Northern Southeast Prevention:**

- Education is carried out in all of the Northern Southeast Alaska communities.
- AWARE established a charter for “Girls on the Run of Southeast Alaska” and has expanded the program to schools in Sitka, Angoon, Haines, Hoonah, Yakutat, and Juneau.
- AWARE staff have worked closely with youth from Hoonah, Tenakee Springs, and Gustavus to plan an outdoor leadership program for Northern Southeast youth. Funding for this project has come from mini-grants from ANDVSA, DHSS-Women Children and Family Health, and Gustavus Parks.
- With training and support provided by AWARE, Haines has launched a “Girls on the Run” program in the elementary school.
- Three youth from Haines and Klukwan attended Lead On! 2010, a youth and adult planned youth leadership mini-summit.
The LeeShore Center

Currently there is no funding at LeeShore for a position focused exclusively on prevention. LeeShore staff does dedicate staff time towards education.

School-based presentations:

- LeeShore staff offers age-appropriate k-12 presentations on personal safety, dating violence, sexual assault, bullying prevention and healthy relationships.

Community Education:

- LeeShore hosts semi-annual community awareness workshop for the general community and volunteers.
- LeeShore offers community classes for women in the area including parenting classes.
- Presents at Wildwood Correction Facility and the drug and alcohol facility for educational purposes.
- LeeShore participates in interagency collaborative meetings with the Kenaitze tribe to discuss preventative training for violence against Alaska Native women.
- LeeShore staff offers presentations at the University.

Media Campaigns:

- LeeShore sponsors monthly ads – peace in the home / promotion message.
- LeeShore developed awareness and wellness posters and brochures in collaboration with the Kenaitze tribe.
- LeeShore coordinates Sexual Assault Awareness Month in April and Domestic Violence Awareness Month in October.
- LeeShore organized Kenai’s “Choose Respect” awareness event.

Next Steps:

- Identify resources to staff prevention and outreach efforts.
- Develop programs for engaging men in prevention.
- Establish peer education and youth programming.
Women in Safe Homes

Ketchikan receives funding for three quarter time prevention staffing through ANDVSA and the Centers for Disease Control and Prevention (since January 2009). Ketchikan also has an outreach and education position and AmeriCorps volunteer position that also assists with various youth engagement, prevention and education activities.

School-based Prevention:

- WISH offers k-12 presentations on topics of safe touch, bullying prevention and presentations on healthy relationships and consent.
- WISH works with schools to implement “Second Step” in the elementary schools, an evidence-based bullying prevention curricula.
- One Ketchikan High School teacher is trained and implementing the Fourth R at Ketchikan High School. The Fourth R is a 30 lesson, research-based, curriculum adapted for Alaska.
- WISH trains coaches and supports Ketchikan’s Girls On The Run program in two elementary schools. The program combines training for a 5K (3.1 mile) running event with healthy living and self-esteem enhancing curricula. Our program instills self-esteem and self-respect through physical training, health education, life skills development, and mentoring relationships.
- WISH staff planned and coordinated with community members to bring Challenge Day to Ketchikan. Challenge Day successfully addresses some common issues seen at most schools including cliques, gossip, rumors, negative judgments, teasing, harassment, isolation, stereotypes, intolerance, racism, sexism, bullying, violence, hopelessness, apathy, and hidden pressures to create an image, achieve or live up to the expectations of others.

Youth-focused or Peer Education Projects:

- Leadership Enrichment Arts Program (LEAP) is a program for Ketchikan students that seeks to inspire positive social change by building personal dignity and ethical conduct through safe opportunities leading to insight, social justice and compassion. We combine creative methods used in the performing arts with insight-oriented techniques to motivate adolescents and adults to reevaluate their experience, develop new skills and achieve personal excellence.
- WISH Mentor Project. Youth participating in LEAP are trained to mentor youth in weekly children’s groups.
- 4 youth participated in Lead On! for Peace and Equality in Alaska, a youth leadership mini-summit. Lead On! helps connect youth with adult mentors, to create change in their communities. At the mini-summit youth gain leadership skills that help them create prevention and awareness programs around healthy relationships, domestic violence and sexual assault. Ketchikan youth returned to their communities and worked on community projects.
• WISH supports “Be the Change” group, a youth action group that follows and reinforces Challenge Day. WISH and “Be the Change” youth applied for and received ANDVSA supported mini-grants to carry out community action.
• WISH supports weekly youth groups.

Collaboration and Wellness Coalition:

• Fifty community members, making up the Ketchikan Wellness Coalition, reviewed the Ketchikan United Way compass needs assessment survey. Domestic violence was identified as one of the priority areas.
• Since 2008, WISH has taken a leadership role in the planning and implementing many Wellness Coalition projects and spearheading a committee focused on preventing violence in Ketchikan.
• WISH has participated in and led a planning process to establish measurable prevention goals and outcomes. This document is guiding domestic violence and sexual assault prevention projects.

Media Campaigns:

• WISH uses earned media opportunities to discuss healthy relationships, youth leadership, healthy living, and other topics.
• WISH carries out campaigns for Sexual Assault Awareness Month in April and Domestic Violence Awareness Month in October.
• WISH coordinated and hosted a “Choose Respect” march in Ketchikan.

Engaging Boys and Men:

• Through funding from the Alaska Men Choose Respect campaign, WISH staff supported an on-going group for men 18-25 to discuss personal and community issues. This group works together to take action and promote respect in Ketchikan.

Southern Southeast Community Outreach:

All communities receive some in-school presentations on safe touch, bullying, and healthy relationships. In addition each of the communities below is involved in these programs:

• Wrangell: Girls on the Run, Lead On! youth participants; youth lead projects supported via ANDVSA.
• Petersburg: Girls on the Run.
• Port Alexander: Lead On! youth participants.

Next Steps:

• Identify better space for youth activities. This needs to be resolved to more effectively serve youth in the community.
• Strengthen Ketchikan and Saxman’s male engagement efforts.
• Identify resources to implement several media and community engagement projects that support the Ketchikan prevention plan and the Ketchikan Wellness Coalition.
Kodiak Women’s Resource and Crisis Center

There is staff time dedicated to education and outreach funded through the Kodiak Island Borough.

School-based Prevention:

- KWRCC works with Healthy Tomorrows and Safe & Drug Free Schools in prevention efforts on the prevention of risky behaviors and substance abuse (collaborative prevention).
- KWRCC works with Kodiak’s middle school and high school’s health classes on topics such as internet safety, healthy/unhealthy teen relationships, and substance abuse. Evaluations are passed out at the end of each presentation to students and teachers so that KWRCC may receive feedback on the topics presented.
- KWRCC works with Head Start in prevention efforts on Safe Touch.
- KWRCC is initiating the Green Dot campaign with Head Start parents.
- KWRCC Outreach Coordinator attended the “Fourth R” and became certified to teach curriculum.
- One Kodiak teacher attended and is certified to teach the Fourth R curriculum. The Fourth R is a 30 lesson, research-based, healthy relationship curriculum adapted for Alaska.
- The Fourth R curriculum is pending the Kodiak curriculum approval process.

IPV/SV Prevention Curriculum:

- KWRCC staff is initiating an after school program hosting youth driven topics.
- KWRCC participates in Healthy Tomorrow’s out of school efforts.
- One Kodiak youth received an ANDVSA supported minigrant to carry out “Quilt for a Cause”.
- One Kodiak youth and her parent attended Lead On!, a statewide youth leadership mini-summit offering skills for leadership and to promote respect in the community.

Community Education:

- KWRCC coordinates a prayer vigil and carries out campaigns for Domestic Violence Awareness Month and Sexual Assault Awareness Month.
- KWRCC collaborates with Kodiak Community College and offers PSY. A130 (Beginning Advocacy Course). This 20-hour course is held at the crisis center. This course is designed to provide participants with domestic violence basics and tools for prevention.
- KWRCC collaborates with Kodiak Community College and offers PSY. 135 (Advanced Advocacy Course). This 20-hour course is held at the crisis center. This course is designed to provide participants with both advanced domestic violence concepts and tools for prevention.
KWRCC offers positive discipline parenting classes. This is a five-session class building healthy communications with family focusing on violence prevention.

KWRCC works with KANA in prevention of child maltreatment.

KWRCC works with the USCG military police in prevention efforts and exploring violence.

KWRCC provides “Wednesday Night at the Movies” presenting education information on domestic violence, healthy relationships, co-dependency, suicide, self-esteem, positive parenting, conflict resolution, safety planning with children, substance abuse and Fetal Alcohol Syndrome.

KWRCC provides a Hispanic support group, “Soluciones”, twice a month to discuss and connect the Spanish speaking community with prevention and domestic violence services.

**Village Outreach:**

- KWRCC provides village outreach and in-school presentations to Ouzinkie, Akhiok, Karluk, Port Lions, Larsen Bay and Old Harbor.
- KWRCC reaches out to villages sending information on Domestic Violence Awareness Month, Sexual Assault Awareness & Child Abuse Prevention Month, Teen Dating Violence Awareness Month, and Women’s History Month.
- KWRCC provides prevention information by sending monthly newsletters out to villages.
- KWRCC is initiating an after school program modeled after the “Healthy Tomorrows” group.

**Media and Outreach Efforts:**

- KWRCC uses local media sources to share their messages on healthy relationships.
- KWRCC sends monthly PSA’s to local media regarding activities for the month.
- KWRCC spearheads campaigns and events during Domestic Violence Awareness Month, Women’s History Month, Sexual Assault Awareness & Child Abuse Prevention Month, and Teen Dating Violence Awareness Month.

**Collaboration:**

- KWRCC attends community meetings of the Multi-disciplinary Team, Human Coalitions, Intercultural, Child Advocacy Center, Healthy Tomorrows & Safe and Drug Free Schools to share information on prevention and our services.

**Male Outreach:**

- KWRCC works with the courts providing the movie “Listen to the Children.” Men and women going through separation, divorce, or custody issues are referred to this program.

**Next Steps for Prevention:**

- Expanding prevention collaboration and prevention planning.
- Increase evaluation of existing prevention efforts.
- Strengthen collaborations with schools around the Fourth R curriculum.
Maniilaq Family Crisis Center

Currently there is no funding and limited staff available for prevention.

Community Awareness:
- Maniilaq has developed strong community relations and works with partners in the community to bring awareness to the issues of domestic violence and sexual assault.

Youth Leadership:
- Youth participating in the Northwest Arctic Borough School District Youth Leaders Program from Buckland, Deering, and Kiana attended Lead On! for Peace and Equality in Alaska. Lead On! is a three-day youth minisummit to strengthen leadership skills to promote nonviolence in relationships and equality in communities.
- Youth from Kiana and Buckland participated in television public service announcements for phase two of our statewide prevention campaign, Stand Up Speak Up. This campaign is a prevention and promotion campaign focused on highlighting youth standing up and speaking up to promote respect and healthy relationships.

Fourth R Curriculum:
- The Northwest Arctic Borough School District has one trained counselor to implement the Fourth R Alaska Perspectives curricula. The Fourth R is a 30 lesson, research-based, healthy relationship curriculum adapted for Alaska. This training was offered in partnership with the Alaska Network on Domestic Violence and Sexual Assault, the Department of Health and Social Services, Department of Public Safety, and Department of Education and Early Development.
- The Fourth R is used in youth leader programs, three day clinics and villages throughout the school district.
Bering Sea Women’s Group

Currently there is no staff person dedicated or funded exclusively to prevention.

Community Education:

- BSWG provides outreach and education to groups in the community and to health fairs.
- Youth and adults in Shishmaref received funds to incorporate respect and healthy relationships into a youth hunting and survival skills trip.

Next Steps:

- Identify resources for staffing and staff training specifically for prevention.
- Build partnerships for prevention.
Sitka has one full-time prevention coordinator funded through ANDVSA and the Center for Disease Control and Prevention DELTA project. SAFV also funds one full-time staff focused on youth and male engagement through CDVSA funding.

**School-based Prevention:**

- SAFV works with most schools offering k-12 presentations of safe touch, bullying prevention, and healthy teen dating relationships.
- SAFV teaches healthy relationship classes at Pacific High and upon request.
- Sitka High is using the Fourth R in the 9th grade at Sitka High School. The Fourth R is a 30 lesson, research-based, healthy relationship and healthy lifestyle curriculum, adapted for Alaska.
- One Pacific High Teacher attended Fourth R training in August of 2010.
- SAFV has played an active role in the Olweus bullying prevention efforts in the Sitka School District.
- SAFV launched Sitka’s “Girls On The Run” at two schools in Sitka. “Girls On The Run” is an international program for young girls in grades 5-8 that uses running to teach the girls about positive self-image, self-respect and self-worth. The program combines training for a 5K running event with healthy living and self-esteem enhancing curricula. GOTR programs instill self-esteem and self-respect through physical training, health education, skills development, and mentoring relationships.
- SAFV hosts Mt. Edgecumbe High School ladies’ night and men’s night which are weekly forums for teens at Mount Edgecumbe to relax and casually discuss topics of interest including discussions lead by Sitka Youth Leadership Committee.

**Youth-focused or Peer Education Projects:**

SAFV is currently leading or supporting the following activities.

- The Sitka Youth Leadership Committee (SYLC) is working together to develop messages around respect and to strengthen respect among and across the three Sitka High Schools.
- SYLC received a Stand Up Speak Up mini-grant to carry out respect messaging and community events. Youth completed several aspects of this project including media, community events, and building respect across the three schools.
- SYLC has applied for and received funding for expanding their respect efforts through an outdoor program and community mural.
- Three Sitka youth attended and presented at Lead On! For Peace and Equality. Lead On! is a youth and adult planned youth leadership mini-summit. The mini-summit helps connect youth with adult
mentors, to create change in their communities. At the mini-summit youth gain leadership skills that help them develop prevention projects and awareness around domestic violence and sexual assault.

- One Sitka youth participated in the development of the statewide StandUp Speak Up television public service announcements.

Community Education:

- SAFV staff provides presentations and classes at the Hanson House and Raven’s Way.
- SAFV is working closely with the Southeast Alaska Regional Health Consortium to discuss improved screening and anticipatory guidance (relationship wellness) information.
- SAFV and Sitka youth coordinated the “Choose Respect” march during sexual assault awareness month.
- SAFV has expanded prevention topics into their community education training.
- SAFV is working with community members and local artists on a community mural for respect.

Male Engagement Projects:

- SAFV has supported the White Ribbon Campaign efforts in Sitka, an international campaign of men working with men to end violence against women.

Media and Campaigns:

- SAFV and youth leadership groups developed and performed PSAs, and used local media sources to share their messages on healthy relationship and respect.
- SAFV spearheads Domestic Violence Awareness Month activities.
- SAFV carries out campaigns and community events for Domestic Violence Awareness Month and Sexual Assault Awareness Month.
- SAFV promoted the “Love Your Body” campaign.
- SAFV supported a youth-led respect campaign.

Collaboration and Prevention Systems:

- SAFV staff spends time training and facilitating community coalitions and processes to coordinate prevention efforts.
- The “Pathways to a Safer Sitka” has conducted a local needs assessment.
- SAFV provides domestic violence and sexual violence prevention support and training to organizations in Sitka.
- Pathways has developed a plan for prevention that includes specific measurable goals, outcomes, and strategies for Sitka.
- Pathways has adapted strategies for Sitka schools and community groups.
- SAFV staff has worked with contracted evaluators to develop evaluation tools for strategies and outcome measurements.
- SAFV, ANDVSA, and contracted evaluators are in the process of developing an evaluation plan for all of the goals and outcomes articulated in this plan.
- SAFV is a part of several interdisciplinary groups working to carry out prevention projects in Sitka.
Village Outreach:

- SAFV provides village outreach and in-school presentation to the communities of Kake and Angoon.
- SAFV trains and supports coaches for “Girls on the Run” in Kake.

Next Steps:

- Identify resources and fund projects to implement comprehensive prevention programming as outlined in the Sitka Pathways to Prevention.
Unalaskans Against Sexual Assault and Family Violence

Currently there is no staff person dedicated or funded exclusively to conduct prevention activities.

School-based Prevention Efforts:

- USAFV staff responds to presentation requests from schools and health classes.
- USAFV staff participates on a curricula review committee where the Fourth R is currently being reviewed for the schools. The Fourth R is a 30 lesson, research-based, healthy relationship curriculum, adapted for Alaska.
- One Unalaska teacher has been trained to implement the Fourth R.

School-based projects:

- USAFV initiated a “Girls on the Run” program. “Girls on the Run” is an international program for young girls in grades 3-5 that uses running to teach the girls about positive self-image, self-respect and self-worth. GOTR instills self-respect through physical training, health education, life skills development, and mentoring relationships.
- USAFV has also worked with the high school media class for them to produce their own PSAs on dating violence.

Youth-Focused or Peer Education Projects:

- USAFV and high school youth will work with local radio during awareness month and provide PSAs in both English and Tagalog.
- USAFV works with local partners to host suicide awareness and “Make a Difference” youth events to address shared protective factors.
- Part-time high school position that works for USAFV assists with peer influence and alcohol prevention efforts.
- USAFV works with the natural helpers group.

Community Education and Media Efforts:

- USAFV creates PSAs, radio announcements and interviews, creates or distributes materials for Domestic Violence Awareness Month and Sexual Assault Awareness Month.
- USAFV staff read books a couple times a month at the library for “Story Time” to young kids – the books focus on getting along, feelings, accepting differences, and where to turn for help. It’s always followed by an art project. Five to ten parents and about 15 other people attend. USAFV plans to begin similar outreach in other settings like Head Start.
- USAFV is beginning to work on a website. USAFV anticipates that it will be up and running within the month, and will have general information, educational materials in English, Tagalog, Spanish, and possibly other languages, and will have information for teens and young people.
- USAFV hosts free movie and discussion night on related topics.
- USAFV hosted radio interviews with various partners during Sexual Assault Awareness Month and Domestic Violence Awareness Month.

Village Outreach:

- USAFV provides occasional regional trainings to various community members and service providers.
- USAFV distributes educational materials to the villages.

Next Steps:

- Identify funding for prevention staff to provide more regular outreach to the schools.
- Assist with the implementation of the Fourth R.
- Reinitiate Girls on the Run (currently on hiatus).
- Continue using technology to reach youth (working on website and technology).
- Prevention staffing for more regular outreach.
Advocates for Victims of Violence

Currently there is no staff person dedicated exclusively to prevention. From 2005-2008, Valdez had 1 full-time prevention staff person. Prevention activities are currently carried out by the Youth Services Coordinator and the Children’s Advocate.

School-based Prevention:

- AVV provides presentations throughout the community for agencies and schools. These are on topics related to safe touch, bullying prevention, and healthy relationships. There is a special focus on Teen Dating Violence Prevention Month at the high school.
- AVV hosts “Girl’s Time” to teach self-esteem, healthy friendships, conflict resolution and anti bullying, for girls in 3rd through 6th grades.
- AVV facilitates “Express Yourself” to teach how to express your feelings in healthy ways, conflict resolution and anti-bullying, for boys and girls 3rd through 6th grade.
- AVV coordinates “Teen Talk” for 7th through 12th graders. We discuss topics such as bullying, teen dating violence, healthy relationships and partying.
- Through partnerships with Big Brothers Big Sisters, AVV coordinates community prevention events, such as an annual family bowling night, summer activity days, and school parties.
- Through partnerships with the Valdez Teen Center, AVV coordinates activities and events, such as family game night, Teen Talk, and annual youth BBQs.

Media Campaigns:

- AVV secures earned media with the local newspaper and radio stations to discuss issues surrounding sexual violence, dating violence and domestic violence.

Next Steps for Domestic Violence and Sexual Assault Prevention in Valdez:

- Funding to employ one full time prevention staff person.
- Funding to have more prevention activities.
- Up to date prevention/promotion materials - including brochures, flyers, posters, etc.
- Training to learn new ways to increase attendance for prevention activities in the Valdez community.
- Up to date training for current prevention strategies for both youth and adult.
- More training opportunities for all current staff.
- Funding to send employees to prevention trainings.