Be kind to others and treat them well. Make decisions for the good of all. Keep in mind the effect they would have on former and future generations. Don't be greedy. Don't be stingy. Touch nothing that belongs to someone else, especially sacred objects. Share what you have with your brothers and sisters and other living things.

Don't fight and don't trouble anyone. Listen and respect others' beliefs, visions and dreams. Show respect for elders, parents, people and their customs, religions. Respect Mother Earth and all living things.

Decisions were not finalized without the input from the women. Although men were the spokespersons of the family, women were treated with the deepest respect as the givers of life and the backbone of the family. Women and men respected each other's roles. Children were the responsibility of the whole extended family. Knowing that they were a gift from the creator, they were not to be used or abused in any way.

Be truthful to self and others at all times. Respect each person for their own gifts and knowledge. Think before you act. Have close ties to your homeland and family. Never intrude on a person's personal space. Don't lie, make false promises, or gossip about others for it is your spirit you are degrading.

MENDING THE SACRED HOOP
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