The Peace Garden State
North Dakota
North Dakota Trivia

- Famous People from North Dakota
  - Lawrence Welk
  - Angie Dickinson
  - Louie L’Amour
  - Phil Jackson
  - Josh Duhamel
Collaboration

- SEXUAL VIOLENCE PREVENTION (RPE)
- EMPOWER
- DELTA
EMPOWER Program Concepts
Enhancing and Making Programs and Outcomes Work to End Rape

- Implement, evaluate and sustain capacity building.

- Sustaining a collaborative learning environment to build the individual capacity of the State Capacity Building Team (SCBT)—ND DOH, NDCAWS, Worldbridge Research, Inc.

- Using Public Health and prevention frameworks.
• Using the principles of Empowerment Evaluation.

• Facilitating the State Prevention Team through the steps of PIES. Planning, Implementing, Evaluating and Sustainability.

• Integrating an intersectional analysis into the planning process.
DELTA Program Concepts
Domestic Violence Prevention Enhancements and Leadership Through Alliances

- Prevention of first-time perpetration and victimization.

- Reduce risk factors associated with IPV perpetration or victimization.

- Promote protective factors that reduce the likelihood of IPV.
DELTA cont.

- Planning evidence-based programs.

- Using behavior and social change theories in prevention program planning.

- Evaluating prevention programs and using results to form future program plans.
North Dakota is the only state in the nation to never have a/an ____?

EARTHQUAKE
North Dakota Facts

- Population: 672,591
- 350 miles by 210 miles
- 9.7 people per square mile
- 53 counties
NDCAWS/CASAND

- 5 Rape Prevention and Education sites
- 4 RPE/DELTA sites

- Bottineau - Population 2,336
- Fargo - 90,500

And none of them look like this
Trivia: When did North Dakota become a state?

November 2, 1889
LOCAL LEVEL PLANNING
AND IMPLEMENTATION

- Bismarck - AARC
- Fargo - RACC
- Minot - DVCC
- Valley City - APOC
- Grand Forks - CVIC
- Bottineau - FSS
- Jamestown - SS
- Mercer County - WARC
- Mountrail County - DVP
- Minot - DVCC

Healthy Relationships

DELTA/RPE

Grantees:
- Fargo
- Minot
- Bismarck
- Mountrail County
- Grand Forks

Strategies:
- Safe Dates
- Bystander Intervention
- Expect Respect
- Positive Friendships
Anti - Bullying

Grantees:
- Mercer County
- Jamestown
- Valley City
- Bottineau

Strategies:
- Bully Busters
- Olweus
- Character Counts
Focus on capacity building at the community level in hopes to see long-term changes in behaviors at the individual level.

3 task force groups
- General population
- College and Men
- Middle and High School—Safe Dates
Bismarck

- PULSE– People United for Living in Safe Environments
  - Action Teams
    - Youth and College, DV, SV, Quality Assurance, Men’s...
    - Coming soon: Business and Faith Based

- VIBE– Violence Intervention and the Bystander Effect
  - Middle and high schools and adapted for college aged adults:
Partner with UND– Dr. Kara Wetterstien
- Adapted from the work of John Gottman
- First used with first time airmen in Grand Forks
- Inspired to adapt for youth 5–6 grade
  - Give and receive bids
Mountrail County

- Originally focused on high school youth
- Beginning to look at the elementary group
- Could be a pilot site for the Grand Forks curriculum

Unique Setting
- Oil boom– housing issues, influx of male population
- Native American population
WITNESSES TO A BOOM
Assess the readiness of non funded RPE/DELTA communities to begin focusing on prevention of IPV/SV

Using the Tri-Ethnic Center Community Readiness Model.

- Interview all 21 member programs
- Phone with 9 funded programs
- Face to Face with 12 non-funded programs

6 that used to receive funding either RPE or DELTA or both
The town of Rugby is the ______ ______ of North America

Geographical Center
STATE LEVEL PLANNING

Prevention Starts Here.

North Dakota’s Plan for Intimate Partner & Sexual Violence Prevention
STATE CAPACITY BUILDING TEAM (SCBT)
NDCAWS, DOH, WORLD BRIDGE RESEARCH, LLC.
The State Plan

- Product of the State Prevention Team (SPT)
  - Multidisciplinary team made up of professionals from across the state
  - Meeting since 2006
  - Currently consists of approximately 40 members
  - Divided into committees—Data, Partnerships and Innovations
State Prevention Team

- Goal 1 – Partnerships
- Goal 2 – Data
- Goal 3 – Innovations
- Goal 4 – State Prevention Team
North Dakota’s Plan for Intimate Partner and Sexual Violence Prevention
**Vision of Success:**

**Goals of the State Prevention Plan**

**Increased effectiveness and sustainability of the North Dakota Intimate Partner and Sexual Violence State Prevention Team.**

Why we selected this goal:
The effectiveness and sustainability of the State Prevention Team are critical to the long-term success of the project. This goal will provide the foundation for the project to move forward into implementation of the Prevention Plan. Research has shown that strong leadership is an integral component to the success and stability of any project.

**Increased accuracy and availability of data in North Dakota regarding intimate partner and sexual violence for planning and evaluation.**

Why we selected this goal:
Through the process of conducting the statewide and local community needs assessments, the lack of reliable and valid data emerged as a dilemma. Particularly lacking is data regarding perpetration and perpetrators, what protective factors are important for preventing intimate partner and sexual violence, and data regarding specific groups including, but not limited to, American Indians and the LGBTQ+ community.

**Increased use of evidence supported and evidence based strategies to prevention intimate partner and sexual violence in North Dakota.**

Why we selected this goal:
Communities in North Dakota are poised to implement intimate partner and sexual violence prevention programs. Local Prevention Teams have identified target populations and strategies and activities for both capacity building and the chosen population in their prevention plans. It is the vision of the State Prevention Team that as many communities as possible will use evidence supported strategies in their communities.

**Increased norms and behaviors that prevent intimate partner and sexual violence in North Dakota.**

Why we selected this goal:
Community beliefs about violence are at the core of the theoretical basis of what contributes to and perpetuates violence in our society. In order to counteract these social norms to create communities where violence is unacceptable, a variety of efforts need to be implemented at the state and local level.
State Prevention Plan Goals

- Increased effectiveness and sustainability of the North Dakota Intimate Partner Violence and Sexual Violence State Prevention Team (SPT)

- Increased accuracy and availability of data in North Dakota regarding IPV/SV for planning and evaluation
Increased use of evidence-supported and evidence-based strategies to prevent IPV/SV in North Dakota

Increased norms and behaviors that prevent IPV/SV in North Dakota
As an individual you can.....

- Become informed about the current pandemic of sexual and intimate partner violence.
- Stop tolerating language, actions, and norms that support sexual and intimate partner violence.
- Learn to notice and find ways to safely take action when you see sexism or abuse.
- Support or volunteer at agencies in your community that work to provide awareness, advocacy, and prevention education and learn how you can take this critical information to other venues to maximize the impact of this plan.
- Reach out to local prevention partners who can help you infuse prevention into your current work.
- Join the efforts of your local or state prevention team.
As a member or leader of a community or organization you can:

- Call on your members and find ways organizationally to be involved with local prevention efforts including representation on local and state prevention teams.
- Train your staff and membership on prevention of sexual and intimate partner violence.
- Attend local events and respond to calls for action from local, state and national programs.
- Encourage your staff to engage in healthy, respectful and peaceful relationships both on and off the job.
- Consider implementing policies that promote respectful relationships and work environments.
North Dakota Trivia

Sunflowers

- North Dakota grows more _______ than any other state?