

DATING VIOLENCE QUIZ

Test your dating violence knowledge by answering the true/false questions and the multiple choice questions below.

TRUE/FALSE

1. _____ Dating violence is rare among high school students, college students and other educated people.
2. _____ When someone leaves an abusive relationship, the abuse usually ends.
3. _____ Drug and/or alcohol abuse is often a factor in dating violence incidents.
4. _____ The best way to get a friend to leave an abusive relationship is to "cut ties" with them.
5. _____ If violence occurs once in a dating relationship, it is likely to happen again.
6. _____ Police hardly ever make arrests in dating violence situations.

MULTIPLE CHOICE (Can have more than one correct answer)

7. What kind of behavior could be considered a sign of relationship abuse?
 - a. your partner takes a nap while you're talking to him or her about something important.
 - b. your partner tells you that you're fat and ugly.
 - c. your partner lets you know that he/she doesn't like it when you "flirt" with other people.
 - d. you're a vegetarian, and your partner makes you eat at a restaurant with no veggie menu.
8. What's a good way to help a friend who's in an abusive relationship?
 - a. offer to beat up your friend's partner.
 - b. offer to burn down your friend's partner's house.
 - c. listen when your friend wants to talk about the relationship.
 - d. remind your friend that he/she is beautiful, smart, and fun to be around.
9. True love is...
 - a. never having to say, "I'm sorry."
 - b. feeling that your partner's needs are just as important as your own.
 - c. when your partner is jealous and possessive--that's how you know he/she loves you.
 - d. when you and your partner love spending all your time together.
10. Why do people abuse their partners?
 - a. because the abuser drinks too much and can't control him/herself when drunk.
 - b. because the partner makes the abuser so angry.
 - c. because the abuser is trying to control the partner.
 - d. because they don't have much money and this causes stress in the relationship.
11. Which of the following behaviors could be considered a sign of dating violence?
 - a. you and your partner are having an argument in the car, and your partner keeps swerving into the oncoming lane until you agree.
 - b. when you try to end the relationship, your partner says he/she can't live without you and threatens suicide.
 - c. you have an argument about what to do on a Friday night, so you decide to spend the evening alone and don't speak until the next day.
 - d. after you go out on a Friday night with your friends, your partner falsely accuses you of cheating.

12. Which of the following may be a reason a person would have a difficult time leaving an abusive relationship?
 - a. the victim likes the abuse--it spices up their sex life.
 - b. the victim still loves his/her partner.
 - c. the victim feels obligated to help his/her partner stop drinking and is afraid the drinking will get worse if he/she leaves.
 - d. the victim has been lying to you, and the abuse isn't really happening.

13. Which of the following is an important part of a healthy, loving relationship?
 - a. spending all your time together.
 - b. valuing each other's opinions and ideas.
 - c. having sex everyday.
 - d. your partner is totally hot.

14. How do you keep safe in a dating relationship?
 - a. communicate with your partner about your expectations.
 - b. carry a gun.
 - c. just don't date--it's the only way to stay safe.
 - d. get to know yourself and your beliefs before jumping into relationships.

Scoring

All Correct

Congratulations! You're a genius when it comes to knowing about dating violence. Proceed to your healthy relationship!

12 or more correct

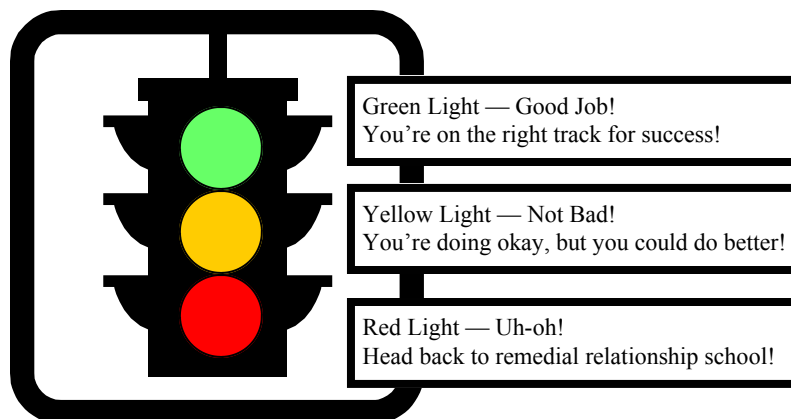
Good Job! You're pretty good when it comes to knowing about dating violence. Knowing lots of information increases your chances of staying away from abusive relationships and shows that you can be a good friend to someone who is experiencing abuse. You scored a Green on the Healthy Relationship-o-meter.

11-10 correct

Not Bad! You're doing okay, but you could still do better on the Healthy Relationship-o-meter. The more you know, the better chance you have of staying safe and building a strong, healthy relationship. Yellow for you on the Healthy Relationship-o-meter.

9 or less correct

Uh-oh! You need to head back to remedial dating violence school. You scored a red on the Healthy Relationship-o-meter.



DATING VIOLENCE QUIZ – ANSWERS

Test your dating violence knowledge by answering the true/false questions and the multiple choice questions below.

TRUE/FALSE

1. **FALSE** Dating violence is rare among high school students, college students and other educated people.

Dating and domestic violence is common among all people – rich, poor, black, white, Asian, Latino, etc.

2. **FALSE** When someone leaves an abusive relationship, the abuse usually ends.

Unfortunately, a time when a victim is most at risk is when leaving the relationship. This is called separation violence, and safety planning needs to be put in place for this whenever possible.

3. **TRUE** Drug and/or alcohol abuse is often a factor in dating violence incidents.

Although drug and alcohol abuse is often a factor in dating violence, it is not a cause or an “excuse.” Both victims and perpetrators of violence are much more likely to use drugs and alcohol than people who are not in abusive relationships.

4. **FALSE** The best way to get a friend to leave an abusive relationship is to "cut ties" with them.

This may actually have the opposite effect. Someone who is being abused in a relationship needs outside help and support and is very unlikely to leave that relationship without the support and help of families and friends.

5. **TRUE** If violence occurs once in a dating relationship, it is likely to happen again.

It is rare for someone to hit or otherwise abuse their partner once and never do it again.

6. **FALSE** Police hardly ever make arrests in dating violence situations.

This once was the case when the victim had to agree to press charges before the police would make an arrest. However, it is now mandatory in our state to make an arrest if there is any physical evidence of abuse, even if the victim does not press charges.

MULTIPLE CHOICE (Can have more than one correct answer)

7. What kind of behavior could be considered a sign of relationship abuse?
b. your partner tells you that you're fat and ugly.
c. your partner lets you know that he/she doesn't like it when you "flirt" with other people.
d. you're a vegetarian, and your partner makes you eat at a restaurant with no veggie menu.

Abuse comes in many different forms – verbal, physical, mental, emotional and sexual. The point of all abuse is power and control. As for falling asleep when you're talking about something important – well that's just rude.

8. What's a good way to help a friend who's in an abusive relationship?
c. listen when your friend wants to talk about the relationship.
d. remind your friend that he/she is beautiful, smart, and fun to be around.

It is best to listen to your friend and let him or her know that there are many resources available for people experiencing dating violence – they're not the only one to go through with this, and they don't deserved to be treated that way.

9. True love is...
b. feeling that your partner's needs are just as important as your own.

The most productive relationships are one's that are equal partnerships – both partner's needs are identified and goals are built around them.

10. Why do people abuse their partners?
c. because the abuse is trying to control the partner.

The violent partner is trying to control and have power over the victimized partner. They may not have experienced much empowerment in their lives, or witnessed dominating relationships.

11. Which of the following behaviors could be considered a sign of dating violence?
a. you and your partner are having an argument in the car, and your partner keeps swerving into the oncoming lane until you agree.
b. when you try to end the relationship, your partner says he/she can't live without you and threatens suicide.
d. after you go out on a Friday night with your friends, your partner falsely accuses you of cheating.

All of these are examples of emotional and mental abuse, as is stalking, jealousy and isolating the victim from his or her friends.

12. Which of the following may be a reason a person would have a difficult time leaving an abusive relationship?
b. the victim still loves his/her partner.
c. the victim feels obligated to help his/her partner stop drinking and is afraid the drinking will get worse if he/she leaves.

There may also be children or pets involved in the relationship, as well as the victim may believe what the abuser tells him or her – that's he or she is nothing without that person.

13. Which of the following is an important part of a healthy, loving relationship?
b. valuing each other's opinions and ideas.

A healthy relationship includes respecting each other's time, resources, needs and goals.

14. How do you keep safe in a dating relationship?
a. communicate with your partner about your expectations.
d. get to know yourself and your beliefs before jumping into relationships.

Knowing yourself is always a good thing – it will benefit you in life as well as relationships.

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