The University of North Carolina at Chapel Hill and the NCCADV were awarded a grant from the Centers for Disease Control and Prevention (CDC) to evaluate Moms and Teens for Safe Dates, a dating violence prevention program for teens whose mothers have experienced domestic violence. Moms and Teens for Safe Dates is designed for mothers who were victims of domestic violence to do at home with their 12-15 years old teens. The moms must no longer be living with the abuser and they must be English speaking.

How Can You Help?

Early in 2011 we will be mailing study flyers to state and community agencies throughout the country. The flyers will describe the study and invite women interested in participating to call a toll-free number.

Please help us spread the word about this important study by:

- Posting study flyers in your agency
- Sharing study flyers with your clients
- Distributing study flyers at community meetings and trainings
- Posting study flyers in public places within your community
- Sending study flyers to relevant email listservs and networks

Background. Growing up around domestic violence puts teens at risk of becoming involved in dating violence. Programs are urgently needed to stop the cycle of family violence by preventing dating violence among these high-risk teens. This study will evaluate whether Moms and Teens for Safe Dates prevents psychological, physical, and sexual dating abuse victimization and perpetration among teens exposed to domestic violence.

Why is this study so important? Mothers who have experienced domestic violence do not want their teen to experience abusive relationships, yet they do not know how to prevent it. Reaching these moms and teens with programs is difficult. Moms and Teens for Safe Dates is specifically designed to be easy to disseminate through community agencies serving teens and victims of domestic violence. The program is also designed to be non-judgmental, easy, and fun for moms and teens to do together at home.

Thank you for spreading the word about this important research study!

For more information or to receive study flyers, please call 1-866-275-2186.