

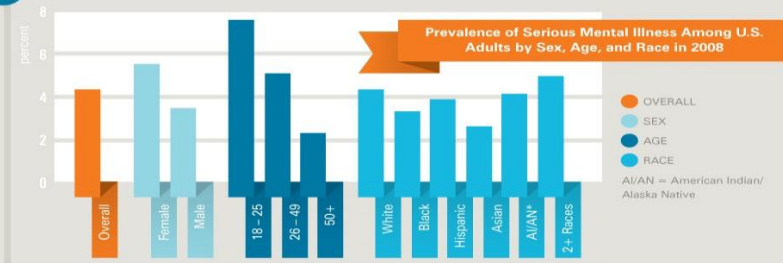
HEALTH IS MENTAL

INFOGRAPHIC DATA

A **1 in 5** people suffer from mental illness; approximately **57.7 million Americans** every year.

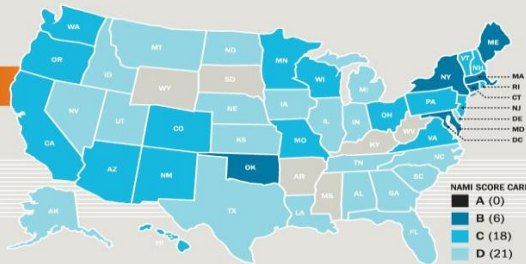


B Mental illness affects everyone across age, sex, and race.



C Among Medicaid beneficiaries with disabilities, **49%** have a mental illness.

D **United States** grade for mental healthcare



E Mental illness drains our economy of more than **\$80 billion** every year; **15%** of the total economic burden of all disease

\$80 billion

F A recent study estimates that serious mental illnesses cost society **\$255.4 billion** annually in lost earnings in the U.S.

-\$255.4 billion

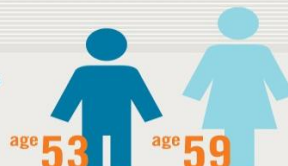
G **50%** More than half of all prison and jail inmates have a mental health problem

H Up to **2/3** of homeless adults suffer from chronic alcoholism, drug addiction, mental illness or some combination of all three.

I **1/4** of all social security disability payments are for individuals with mental illness

J More than **36,000** die by suicide every year. That's like losing the population of Green Bay, Wisconsin every three years.

K In the public system, those with serious mental illness die **25 years sooner** than the general population – men at about age **53** and women at age **59**



L **250,000** professionals Our nation's community behavioral health organizations employ more than **250,000** people who care for **8 million** adults and children with mental and addiction disorders

M Globally, **3 of the 6** leading disabilities are due to mental illness (depression, schizophrenia and bipolar disorder)



N Up to **90%** of people being treated recover

Success Rates

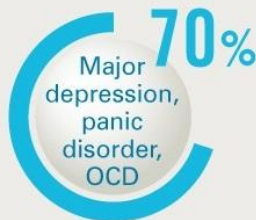
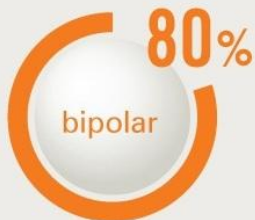
O Mental health treatments work



Up to **90%** of people being treated recover

Success Rates

O Mental health treatments work



P These success rates are comparable to those for physical health care.



70-80% asthma and diabetes

60-70% cardiovascular disease

41-52% heart disease

Q **YET 2/3** go without treatment, mostly because of inability to access care and stigma



What you can do



- ★ Take a Mental Health First Aid course www.mentalhealthfirstaid.org
- ★ Advocate for better resources for mental health www.thenationalcouncil.org/cs/advocate_now
- ★ Talk to your doctor about your mental health



NATIONAL COUNCIL
FOR COMMUNITY BEHAVIORAL HEALTHCARE

SOURCES | World Health Organization | SAMHSA | CDC | NAMI | NIMH | Kessler, R.C., Heeringa, S., Lakoma, M.D., Petukhova, M., Rupp, A.E., Schoenbaum, M., Wang, P.S., and Zaslavsky, A.M. Individual and Societal Effects of Mental Disorders on Earnings in the United States: Results from the National Comorbidity Survey Replication. *American Journal of Psychiatry* 2008; 165:703-711. | World Health Organization. *World Health Report. Mental Health: New Understanding, New Hope*, 2002. | Health care reform for Americans with severe mental illnesses: Report of the National Advisory Mental Health Council. *American Journal of Psychiatry* 1993; 150:1447-1465. | McLellan TA, Lewis D, O'Brien C, Kleber H. Drug dependence, a chronic medical illness: Implications for treatment, insurance and outcomes evaluation. *Journal of the American Medical Association*. 2000; 284: 1689-1695