A. 1 in 5 people suffer from mental illness; approximately 27.7 million Americans every year.

B. Mental illness affects everyone across age, sex, and race.

C. Among Medicaid beneficiaries with disabilities, 49% have a mental illness.

D. United States grade for mental healthcare

E. Mental illness drains our economy of more than $80 billion every year; 15% of the total economic burden of all disease.

F. A recent study estimates that serious mental illnesses cost society $194 billion annually in lost earnings in the U.S.

G. More than half of all prison and jail inmates have a mental health problem.

H. Up to 2/3 of homeless adults suffer from chronic alcoholism, drug addiction, mental illness or some combination of all three.

I. 1/4 of all Social Security Disability payments are for individuals with mental illness.

J. More than 36,000 die by suicide every year. That’s like losing the population of Green Bay, Wisconsin every three years.

K. In the public system, those with serious mental illness die 23 years sooner than the general population—men at about age 53 and women at age 59.

L. 250,000 professionals

M. Globally, 3 of the 6 leading disabilities are due to mental illness (depression, schizophrenia and bipolar disorder).

O. Up to 90% of people being treated recover.

Success Rates.

N. Mental health treatments work
Success Rates

0% Mental health treatments work

80% bipolar

70% Major depression, panic disorders, OCD

60% Schizophrenia

Success rates are comparable to those for physical health care.

70-80% asthma and diabetes

60-70% cardiovascular disease

41-52% heart disease

Yet 2/3 go without treatment, mostly because of inability to access care and stigma

What you can do

1. Take a Mental Health First Aid course
   www.mentalhealthfirstaid.org

2. Advocate for better resources for mental health
   www.thenationalcouncil.org/advocate_now

3. Talk to your doctor about your mental health

Sources: