March is Brain Injury Awareness Month

In 2010, an estimated 2.5 million emergency department visits, hospitalizations, or deaths were associated with traumatic brain injury (TBI), either alone or along with other injuries or illnesses, in the United States.

Whether occurring from a fall in the home or on a playground, in sports, in a car crash, or by being struck by an object or another person, a TBI from any cause can disrupt the normal functions of the brain and can range in severity from a mild concussion to a severe, life-threatening injury. The burden of TBI can be reduced through primary prevention strategies and improvements in the health and quality of life for persons living with a TBI.

Through scientific research, programs, and education, CDC is working to raise awareness about TBI and improve prevention, recognition, and response and ensure that persons with a TBI receive optimal care.

Learn More

- MMWR Announcement: Brain Injury Awareness Month—March 2014
- CDC Feature: Preventing Traumatic Brain Injury
- CDC Injury Center: Traumatic Brain Injury