LIKE TO TWEET? ACTION: TWEET THESE – ESPECIALLY THE ONES FOR YOUR STATE!
Use any of the below, but make sure you include the twitter handle (listed by state) of your state representative.

**General VAWA Tweets**

Congressional Leadership Twitter Handles:
@NancyPelosi
@SenatorReid
@McConnellPress
@johnboehner

“The support and services I received gave me my life back” -@itsgabrielleu, actress & survivor. Support #vawa4all so others can live

“She knew that she had to get out of the relationship for her safety and her children” –Danielle. Support #vawa4all http://4vawa.org/

@johnboehner, HR4970 is not the #RealVAWA. #VAWA must protect all victims of violence! #vawa4all

**State-by-State Tweets**

**Alaska** -- @SenatorBegich, @lisamurkowski, @repdonyoung

Ester a native woman from AK was sexually assaulted by her cousin when she was only 14! Support #vawa4all 4vawa.org

“My older cousin would sexually abuse me...I thought it was my fault...I had no power. I had no control.” – Donna, AK #vawa4all

“The sexual abuse, had gone 2 the very core of my human spirit and it had taken away who I was, who I was meant 2 be” – Donna, AK #vawa4all

“[Sexual Abuse] is not a racial story – it affects every nationality, every tribe” – Donna, native woman, AK #vawa4all

“My father found out about the rape and he blamed me for what happened” – native woman, AK. Support #vawa4all 4vawa.org

**Arizona**-- @RepRaulGrijalva, @RepGosar, @RepTrentFranks, @benquayle, @RepDavid, @JeffFlake, @SenJonKyl, @SenJohnMcCain
@SenJohnMcCain plz share Jenny in AZ's story: “Even today, I look behind the door every time I enter a bedroom” http://bit.ly/MABIX0 #VAWA

*California* - @SenatorBoxer, @askgeorge, @MaxineWaters,@RepMikeHonda, @RepLRichardson, @NancyPelosi, @RepAdamSchiff, @RepCardoza, @LorettaSanchez, @RepSpeier, @RepBecerra, @RepJoeBaca, @CongBobFilner, @BradSherman, @gracenapolitano, @RepSamFarr, @RepJudyChu, @RepKarenBass, @RepHowardBerman, @RepLynnWoolsey, @RepAnnaEshoo, @RepBarbaraLee, @DorisMatsui, @RepLindaSanchez, @RepMcCintock, @GOP Whip, @eltongallegly24, @BuckMcKeon, @RepEdRoyce, @RepJerryLewis, @RepGaryMiller, @KenCalvert, @MaryBonoMack, @DanaRohrabacher, @RepJohnCampbell, @DarrellIssa, @BilbrayCA50, @repjeffdenham, @RepJimCosta, @RepRoybalAllard, @RepMcNerney, @RepJaniceHahn, @RepLoisCapps, @RepGaramendi

@NancyPelosi, He tried 2 carry out a murder-suicide plan after physically & emotionally abusing Andrea, a CA imm. Will u support #vawa4all?

@NancyPelosi Jorge pushed Gisela from CA to the floor, pointed a gun at her & shot a window. Immigrants r victims too. Will u support #vawa4all?

*Colorado* – @MarkUdall, @SenBennetCO, @RepDianaDeGette, @RepPerlmutter, @RepTipton, @repcorygardner, @RepMikeCoffman

“Rape Assistance Volunteers told me it wasn’t my fault. I can now look @ myself in the mirror.” –Leanna of CO. #vawa4all helps survivors

*Delaware* -- @ChrisCoons, @JohnCarneyDE

“17 yrs of marriage, he had always threatened to kill me if I ever left him & I believed him” –Michele, DE. Support #VAWA http://4vawa.org/

*Illinois* - @SenatorDurbin, @janschakowsky, @JerryCostello, @RepMikeQuigley, @RepJJr, @PeterRoskam, @RepJoeWalsh, @RepDold, @RepKinzinger, @JudyBiggert, @RepHultgren, @donmanzullo, @reptimjohnson, @RepSchilling, @repaaaronsonchock, @RepShimkus, @SenatorKirk, @RepBobbyRush

“They beat me & raped me, after that my whole life was different.” –Gabe of IL. Support a #VAWA tht helps all survivors http://4vawa.org/

Sexual assault of men remains “a silent epidemic” –Gabe of IL. Support a #VAWA tht helps all victims of violence http://4vawa.org/

@senatorkirk Mary in IL got a work permit through #VAWA after suffering domestic abuse while pregnant. Will you support all victims?

*Massachusetts* -- @JohnKerry, @MarkeyMemo, @RepMcGovern, @nikiinthehouse, @RepTierney, @USSenScottBrown, @RepRichardNeal, @RepJohnOlver, @RepStephenLynch, @USRepKeating

@ussenscottbrown Elizabeth, MA, still lives in hiding from her husband & the community is scared 2 contact her. Will u protect victims? #VAWA
New Hampshire -- @JeanneShaheen, @repfrankguinta, @repcharlesbass

He used a knife to cut Yvette’s (NH) throat & genitals while assaulting her. She was 12, he was her brother. Save #VAWA http://4vawa.org/

New Jersey -- @SenatorMenendez, @FrankLautenberg, @Rep_Albio_Sires, @FrankPallone, @replobiondo, @CongRothman, @RepAndrews

Sara in NJ applied for legal status under #VAWA since her abusive husband liked to threaten deportation. Help others apply http://bit.ly/PIK9zl

New Mexico -- @SenatorTomUdall, @repstevepearce, @repbenraylujan

He put a knife to Veronica’s throat & threatened to have her & her fam deported from NM. No1 deserves abuse. #vawa4all http://4vawa.org/

Luisa from NM suffers from insomnia for fear that something would happen to her at night. Keep her safe! #VAWA http://bit.ly/PIK9zl

@senatortomudall: he showed Luisa, immigrant from NM, his knives, guns and ability to use them. Will u protect all victims? #VAWA

The stability Luisa in NM gained through #VAWA helped her feel a sense of safety. Protect all victims! Take action http://bit.ly/PIK9zl

New York -- @SenGillibrand, @ChuckSchumer, @cbrangel, @GregoryMeeks, @RepSteveIsrael, @RepBrianHiggins, @louiseslaughter, @paultonko, @RepMcCarthyNY, @YvetteClarke, @NitaLowey, @repjoecrowley, @BillOwensNY, @TimBishopNY, -@reppeteking, @repmichaelgrimm, @repnanhayworth, @reprichardhanna, @repbuerkle, @reptomreed, @RepJerryNadler, @RepGaryAckerman, @RepKathyHochul, @RepEliotEngel, @RepMaloney, @RepJoseSerrano, @mauricehinchey, @EdTownes

“We all deserve to be treated with dignity, respect & love” – Laura, from NY. Support #RealVAWA, protect ALL victims http://4vawa.org/

Ohio -- @SenSherrodBrown, @Dennis_Kucinich, @RepTimRyan, @marciafudge, @robjectman, @repstevechabot, @repmikutuner, @jim_jordan, @boblatta, @repbilljohnson, @steveaustria, @stevelouethe, @repstevestivers, @repjamrenacci, @repbobgibbs, @RepJeanSchmidt, @RepMarcyKaptur, @RepKucinich

@johndeboerner Eunice, from OH, was slapped and locked in her closet for failing to satisfy her partner. Will u support all victims? #VAWA

Eunice in OH suffered abuse, but obtained a court order & got permanent residency through #RealVAWA. Take action http://4vawa.org/
South Carolina --@reptimscott, @conjoewilson, @tgowdysc, @repmickmulvaney, @JimDeMint, @GrahamBlog, @Clyburn

The night April fled her SC home, her husband had punched and strangled her. #VAWA S.1925

Virginia -- @Jim_Moran, @repbobbyscott, @GerryConnolly, @repmgriffith, @gopleader, @repgoodlatte, @reproberthurt, @MarkWarner

“So many girls still are silent, maybe because they don’t know where to turn” –Missy, VA. #VAWA provides somewhere to turn http://4vawa.org/

Wisconsin -- @RepGwenMoore, @WI2Tweets, @RepRonKind, @SenRonJohnson, @reppaulryan, @repsanduffy, @reprobble

“Rapists take away your childhood, your innocence, your spirit.” –Sasha of WI. Support #vawa4all so survivors have hope http://bit.ly/PIK9zJ

Identity Based Tweets

A community-based org tht helps Black/Latino LGBT was denied #VAWA funding bc it was “ineligible.” Protect all victims http://4vawa.org/

Sara in NJ applied 4 legal status under #VAWA since her abusive husband liked 2 threaten deportation. Help others apply http://bit.ly/PIK9zJ

@NancyPelosi, He tried 2 carry out a murder-suicide plan after physically & emotionally abusing Andrea, a CA imm. Will u support #vawa4all?

@senatorreid Plz support #vawa4all. He chained Claire, an immigrant, to the radiator, beat her with a cord & raped her. http://4vawa.org/

Claire was able to escape abuse & obtain permanent residency through #VAWA. Give others this chance – call your reps! http://bit.ly/PIK9zJ

He put a knife to Veronica’s throat & threatened to have her & her fam deported from NM. No1 deserves abuse. #vawa4all http://4vawa.org/

@senatortomudall: he showed Luisa, immigrant from NM, his knives, guns and ability to use them. Will u protect all victims? #VAWA

The stability Luisa in NM gained through #VAWA helped her feel a sense of safety. Take action http://bit.ly/PIK9zJ

@NancyPelosi Jorge pushed Gisela from CA to the floor, pointed a gun at her & shot a window. Immigrants r victims too. Will u support #VAWA?

“For a big part of my life I carried this huge burden...a burden of silence” –Donna, Native American sexual assault survivor #VAWA
Ester a native woman from AK was sexually assaulted by her cousin when she was only 14! Support #vawa4all 4vawa.org

“My older cousin would sexually abuse me ...I thought it was my fault...I had no power. I had no control.” – Donna, AK #vawa4all

“The sexual abuse, had gone 2 the very core of my human spirit and it had taken away who I was, who I was meant 2 be” – Donna, AK #vawa4all

1 in 3 Native American women will be sexually abused during their lifetime. #takeaction pass #vawa4all 4vawa.org

“[Sexual Abuse] is not a racial story – it affects every nationality, every tribe” – Donna, native woman, AK #vawa4all

“My father found out about the rape and he blamed me for what happened” – native woman, AK. Support #vawa4all 4vawa.org

@senatorreid Plz support #vawa4all. He chained Claire, an immigrant, to the radiator, beat her with a cord & raped her http://4vawa.org/

**USE FACEBOOK? ACTION: POST THESE TO YOUR FACEBOOK PAGE AND ASK YOUR FRIENDS TO SHARE**

**Sample Facebook Posts**

“Although nothing will ever change the horrific and violent events of that day, I am filled with hope for a brighter future because of the services these people provided for my family.” – Julie in FL. Support the Real VAWA that expands protection for survivors. Visit http://4vawa.org/ for more info!

10 armed youths repeatedly raped a Floridian woman and poured household chemicals over her body. This victim was not protected by VAWA, but would be under the new Senate version. Take Action Now: http://bit.ly/PIK9zl

“As a member of this body, as a survivor of sexual assault, battery, and from age five through my teenage years, through my early adulthood, I can tell you that it is very traumatic to be here in this body today and to find my colleagues not taking the recommended updates…” – @RepGwenMoore (D-Wis). Tell your reps to vote for the Real VAWA http://bit.ly/PIK9zl

Jenny in AZ had just graduated from college when she became a victim of James Allen Selby, an armed serial rapist who had broken into her home. “Even today, I look behind the door every time I enter a bedroom” Support survivors, support VAWA. http://4vawa.org/

We all know that passing a VAWA that includes ALL victims is the right thing to do – spend these last few days telling your Congress Member to get VAWA done before they go on vacation.