August 2010

To our returning Service Members and their Families,

This resource booklet “road map” was originally prepared in collaboration with Harris County Judge Ed Emmett and former Mayor Bill White as a service to all of the men and women who have served in our nation’s armed forces. As a community, we want to continue this effort which is particularly directed to those now returning to their families, jobs, and communities from their service in Iraq and Afghanistan. We are and will remain grateful to all the men and women for selfless service to our nation, and want to make their re-entry into our community as effortless as possible.

We hope this booklet and its web-based counterparts -- www.csd.hctx.net at the county and http://www.houstontx.gov/vetaffairs/ at the city, and at www.houstonreturningvets.org set up by the combined community coalition – will continue to assist the families, employers, counselors, and faith-based institutions serving our valuable veterans. And, if you are a family member of one of our veterans who was not able to return home, we want to provide you with information to ease your burden.

This is just one aspect of our Returning Veterans Initiative; a commitment shared by our national, state and local partners to serve those injured while defending the country and support their recovery and successful rehabilitation.

We thank you, and all our partners, for your efforts.

Most respectfully yours,

Ed Emmett
Harris County Judge

Annise D. Parker
City of Houston Mayor
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The Returning Veterans Initiative of Houston/Harris County has not evaluated the suitability of information provided in this directory, and inclusion of the information does not constitute endorsement of any organization or its services. The information provided is maintained by the respective organizations, which are solely responsible for their content. The information presented throughout this directory is provided without warranty of any kind, expressed or implied. While the information provided is believed to be accurate, it may contain inaccuracies.

Dial 2-1-1 Texas/United Way Helpline or Link to 2-1-1 at [www.unitedwayhouston.org](http://www.unitedwayhouston.org) 24/7
To find help with your Health and Human Service needs, all languages
ONE-STOP RESOURCE CENTERS

FEDERAL RESOURCES

U.S. DEPARTMENT OF VETERANS AFFAIRS
VA Regional Office
6900 Almeda Road, Houston, Texas 77030
1-800 -827-1000
www.va.gov
Hours: 7:30 AM – 4:00 PM
Services: Compensation, pension, education, medical, housing, burial benefits

Local Veterans Service Centers of The Department of Veterans Affairs
www.nvf.org
Hours: Mon – Fri 8:00 AM – 4:30 PM
Eligibility: Combat veterans of Vietnam era, World War II, Korea, Lebanon, Grenada, Panama, Persian, and Gulf, Somalia; as well as veterans who were sexually harassed while serving in the military
Services: Provides reintegration counseling, medical referrals, assistance in applying for VA benefits, alcohol and drug assessments, and outreach and community education.

Veterans Resource Center – Post Oak Center
701 North Post Oak Road, Suite 102, Houston, TX 77024
713-682-2288; 713-682-7818 fax

Veterans Resource Center – Richmond Center
2990 Richmond Avenue, Suite 325, Houston, TX 77098
713-523-0884; 713-682-7818 fax

Harris County Vet Center – #731
14300 Cornerstone Village Drive, Suite 110
Houston, TX 77014
713-578-4002; 281-583-8800 fax

Retired Activities Office
Armed Forces Reserve Training Center
Ellington Field Joint Reserve Base
14555 Scholl Street, Room 2150, Houston, TX 77034
832-380-7000, Ext. 3130
Hours: Monday through Friday, 9:00 AM to 12:00 PM. (Closed weekends and Federal holidays)
Services: A group of retired military personnel who volunteer as an informal referral site to assist veterans and their families with questions, concerns or issues.

NATIONAL PERSONNEL RECORDS CENTER

National Personnel Records Center
Military Personnel Records
9700 Page Avenue
St. Louis, MO 63132-5100
314-801-0800
Hours: Monday through Friday, 7:30 AM to 3:45 PM. (Closed weekends and Federal holidays)
Website: vetrecs.archives.gov or http://www.military.com/MilitaryReport/0,12914,92137,00.html

Dial 2-1-1 Texas/United Way Helpline or Link to 2-1-1 at www.unitedwayhouston.org 24/7
To find help with your Health and Human Service needs, all languages
LEGISLATIVE ASSISTANCE

Members of the Texas Legislature and Congress provide constituent caseworker's to assist veterans with questions, concerns or issues concerning state and federal agencies.

To find your elected representative, please visit http://www.fyi.legis.state.tx.us/.

STATE RESOURCES

Texas Veterans Commission
6900 Almeda Road, Houston, Texas 77030
713-383-2756; Fax: 713-383-2746
Email: Houston_TVC@vba.va.gov
http://www.tvc.state.tx.us/

Services: Offers services in claims representation, employment services, and veteran education program. Website serves as an informative referral site to other helpful veteran links.

COUNTY RESOURCES

Harris County Veterans Service Office
9418 Jensen Drive, Houston, Texas 77093
281-876-6600 (o); 713-692-3963 (fax)
www.csd.hctx.net

Hours: 8:00 AM To 4:30 PM (M-F)
Funeral arrangements must be made and paid for by the family members. VA Only provides Chapel Services and the Plot free on charge.

Harris County Precinct Two Veterans Office
Superintendent of Veteran Services: Gil Sosa
281-426-2832 or 281-843-2019
Email: gil.sosa@pct2.hctx.net
604 Highland Woods Drive, Highlands, TX 77562
Hours: 8:00 AM – 4:30 PM Mon-Fri Please contact office at 281-426-2832 to schedule an appointment
Eligibility: Precinct Two veterans, dependents, and surviving family members.

CITY RESOURCES

City of Houston Office of Veterans' Affairs
E. A. "Buddy" Grantham, Director
900 Bagby, Public Level, City Hall Annex, Houston, TX 77002
832-393-0992
Buddy.Grantham@cityofhouston.net
http://www.houstontx.gov/vetaffairs/index.html

Hours: 7-5 M-F
Services: Assist Houston Area veterans to ensure that neither they or their dependents, nor survivors are denied access to the entitlements promised them by a grateful nation. Assist veterans and returning service members by connecting them with services and benefits at Federal, State and City agencies, as well as non-profit organizations. Improve quality of life for veterans by increasing local community support to the military community. Make recommendations to the Mayor and the City Council concerning the coordination of economic development, health care and social services programs as they relate to veterans who are residents of the City of Houston. Act as an advocate for those veterans within the City of Houston, who are at risk because of poverty and poor living conditions.

Dial 2-1-1 Texas/United Way Helpline or Link to 2-1-1 at www.unitedwayhouston.org 24/7
To find help with your Health and Human Service needs, all languages
conditions. Work with governmental, non-profit and private organizations to encourage the development and expansion of programs for homeless veterans.

**NATIONAL SERVICE ORGANIZATION RESOURCES**

**American Legion**
6900 Almeda Road, Room 1034, Houston, TX 77030
713-383-2755
[www.legion.org](http://www.legion.org)
**Eligibility:** Veteran or dependent
**Explanation of Benefits:** Veterans Rights Group – assists all veterans including active duty personnel and their families or dependents in securing governmental benefits, service pension, and hospital and outpatient medical/psychological care.

**Amvets**
6900 Almeda Road, Room 1042, Houston, TX 77030
713-383-2757
[www.amvets.org](http://www.amvets.org)
**Eligibility:** Veteran or dependent
**Explanation of Benefits:** Veterans Rights Group – assists all veterans including active duty personnel and their families or dependents in securing governmental benefits, service pension, hospital and outpatient medical/psychological care.

**Disabled American Veterans**
6900 Almeda Road, Room 1033, Houston, TX 77030
713-383-2715
[www.dav.org](http://www.dav.org)
**Hours:** Mon Wed Fri 7:30 AM – 4:00 PM
**Eligibility:** Veteran or dependent
**Explanation of Benefits:** Disability Rights Groups for Veterans – assists all veterans including active duty personnel and their families or dependents in securing governmental benefits, service pension, hospital and outpatient medical/psychological care.

**Military Order of the Purple Heart**
6900 Almeda Road, Room 1024, Houston, TX 77030
713 383-2752
[www.purpleheart.org](http://www.purpleheart.org)
**Eligibility:** Veteran or dependent
**Explanation of Benefits:** Veterans Rights Group – assists all veterans including active duty personnel and their families or dependents in securing governmental benefits, service pension, hospital and outpatient medical/psychological care.

**Paralyzed Veterans of America (PVA)**
National Service Office
VA Regional Office
6900 Almeda Road, Room 1028, Houston, TX 77030
713 383-2727
[www.pva.org](http://www.pva.org)
**Eligibility:** Veteran or dependent
**Explanation of Benefits:** Veterans Rights Group – assists all veterans including active duty personnel and their families or dependents in securing governmental benefits, service pension, hospital and outpatient medical/psychological care.
Paralyzed Veterans of America (PVA)
National Service Office
Michael E. DeBakey VA Medical Center
2002 Holcombe Blvd., Room 1b-164, Houston, Texas 77002
713-794-7993
Eligibility: Veteran or dependent
Explanation of Benefits: Assisting our spinal Cord injury’s Veterans with their hospitalization Rehab. We specialize in filing claims before the Department of Veterans Affairs for Organic Brain Syndrome, MS, for Veterans and their Dependents.

Veterans of Foreign Wars (VFW)
6900 Almeda Road, Room 1034, Houston, TX 77030
www.vfw.org
713 383-2750
Eligibility: Veteran or dependent
Explanation of Benefits: Veterans Rights Group – assists all veterans including active duty personnel and their families or dependents in securing governmental benefits, service pension, hospital, and outpatient medical /psychological care.

For additional Information about veterans organizations in Texas go to: http://www.tvc.state.tx.us/VetOrgn.htm.
For a list of all national service organizations chartered by Congress to represent Veterans in their claim go to: http://www1.va.gov/vso/index.cfm?template=view&SortCategory=0

NONPROFIT RESOURCES

Family Services of Greater Houston
Behavioral Health Services
713-861-4849; www.familyservices.org
Eligibility: OIF/OEF military personnel and Families
Explanation of Benefits: Family Services of Greater Houston offer services, free of charge, to OIF/OEF Veterans and their families.
Services: Making Ends Meet: Learn to stretch your finances, budget and develop skills for saving. Marriage Education, Parent Education, Counseling, and Job Readiness. For more information please call and make an appointment.

Worklife Institute
1900 Saint James Place, Suite 880
Houston, TX 77056
713.963.9456; 713-266-0845 Fax
Hours: Monday – Friday, 9 am – 7 pm and Saturdays by appointment.
Eligibility: OEF/OIF Veterans and Families
Explanation of Benefits: Worklife Institute’s OEF/OIF Reentry and Worklife Transition program offers services, free of charge, to OEF/OIF Veterans and their families.
Services: Career Transition, Family and Personal Counseling, and Legal Consultation and Referral. The program also provides various Seminars and Workshops such as Work Orientation and Parenting Seminars. The Institute resource center offers hospitality, a library, meeting facilities, computers and other office equipment for its clients.
BEHAVIORAL HEALTH
(Mental Health / Substance Abuse)

FEDERAL RESOURCES

Local Veterans Service Centers of The Department of Veterans Affairs
www.nvf.org
Hours: Mon – Fri 8:00 AM – 4:30 PM
Eligibility: Combat veterans of Vietnam era, World War II, Korea, Lebanon, Grenada, Panama, Persian, and Gulf, Somalia; as well as veterans who were sexually harassed while serving in the military
Services: Provides reintegration counseling, medical referrals, assistance in applying for VA benefits, alcohol and drug assessments, and outreach and community education.

Veterans Resource Center – Post Oak Center
701 North Post Oak Road, Suite 102, Houston, TX 77024
713-682-2288; 713-682-7818 fax

Veterans Resource Center – Richmond Center
2990 Richmond Avenue, Suite 325, Houston, TX 77098
713-523-0884; 713-682-7818 fax

Harris County Vet Center – #731
14300 Cornerstone Village Drive, Suite 110
Houston, TX 77014
713-578-4002; 281-583-8800 fax

Michael E. DeBakey Veterans Affairs Medical Center
2002 Holcombe Boulevard, Houston, TX 77030
713-794-8985; 800.639.5137; 713-791-1414
www.houston.va.gov
vhahouexternalaffairs@med.va.gov
Hours: 24 hours 7 days
Eligibility: Disabled and treated by VA Med Center - Michael E. DeBakey Veterans Affairs Medical Center accept referral from around the country.
Explanation of Benefits: In addition to general medical care provides specialized treatment programs for post-traumatic stress disorder, anxiety disorders, psychiatric day treatment and inpatient units. Medical Social Work for Veterans – focus is on patient or family problems of social adjustment related to illness or disability. Social crisis intervention during treatment and service to patient and family is an after-care program. All modalities of social treatment are utilized.

Beaumont Outpatient Clinic
3420 Veterans Circle, Beaumont, TX 77707
409-981-8550; 800-833-7734

Conroe Outpatient Clinic
800 Riverwood Court, Suite 100; Conroe, TX 77304
409-981-8550

Texas City Outpatient Clinic
9300 Emmett F. Lowry Expressway, Texas City, TX 77591
409-986-1129; 800-310-5001 toll free
Galveston Outpatient Clinic  
6115 Avenue L, Galveston, TX 77551  
409-741-0256; 800.310.5001 toll free  

Charles Wilson Outpatient Clinic  
1301 W. Frank Ave, Lufkin, TX 75904  
936-637-1342; 800-209-3120 toll free  
www.houston.va.gov  
Hours: Call for information  
Eligibility: Veterans  
Explanation of Benefits: Outpatient clinic for veterans – medical care, mental health & substance abuse services

Returning OEF/OIF Veterans Environment of Recovery (ROVER)  
Michael E. DeBakey VA Medical Center  
Gayla Colbert, LMSW, 713-791-1414 ext. 6735 or GaylaC.Colbert@va.gov  
Eligibility: OEF/OIF male Veteran with diagnosis of post-traumatic stress disorder, substance abuse dependence, mood or anxiety disorder who is currently involved in VA mental health outpatient care  
Services: ROVER is an intensive, comprehensive treatment approach tailored specifically for male OEF/OIF Veterans with a diagnosis of PTSD, substance abuse dependence, mood or anxiety disorder. The ROVER programming is grounded in evidence-based treatments, provided mostly in group therapy. It's a 3-week program housed in an inpatient psychiatric setting at the MEDVAMC. After completing the program and acquiring new skills, techniques and insights to improve quality of life, the Veteran returns to his home clinic and resumes outpatient treatment.

Women's Inpatient Specialty Environment of Recovery (WISER),  
Michael E. DeBakey VA Medical Center  
Marcian Parker, LCSW, 713-791-1414 ext 6317 or marcian.parker@va.gov  
www.Houston.va.gov  
Eligibility: Female veteran of any era with diagnosis of post-traumatic stress disorder, substance dependence, mood or anxiety disorder  
Services: WISER is an intensive, comprehensive treatment approach tailored specifically for female veterans with a diagnosis of post-traumatic stress disorder, substance dependence, mood or anxiety disorder. The WISER programming is grounded in evidence-based treatments, provided mostly in group therapy by the clinical team. It is a 3-week program housed in an inpatient psychiatric setting at the MEDVAMC. After completing the program and acquiring new skills, techniques and insights to improve quality of life, the veteran will return to her home clinic and resume outpatient treatment.

STATE RESOURCES

- Statewide toll-free hotline: (877) 9-NO DRUG (877-966-3784).
- Searchable database of all state-licensed and/or state-funded substance abuse service providers by county.  
  http://www.tcada.state.tx.us/treatment/index.shtml
- Direct services are provided through contracts with local nonprofit organizations

Harris County Psychiatric Center- University of Texas  
2800 South MacGregor Way, Houston, TX 77021  
713-741-5000  
www.tmc.org  
Hours: 24 hours 7days  
Eligibility: Residence of Harris County  
Explanation of Benefits: Psychiatric Hospital

Dial 2-1-1 Texas/United Way Helpline or Link to 2-1-1 at www.unitedwayhouston.org 24/7  
To find help with your Health and Human Service needs, all languages
United States Department of Veterans Affairs – Texas Veterans Commission
6900 Almeda Road, Houston, Texas 77030
713-383-2756; 713.383.2746
www.va.gov
Hours: Call for information
Eligibility: Women Veterans
Explanation of Benefits: Provides women services including re-integration counseling & sexual & family issues.

University of Houston System – Veterans Service Office
268 University Center, Houston, TX 77004
713-743-5490; 713.743.0689 fax
www.uh.edu/veterans/
Hours: Call for appointment
Eligibility: Veteran and enrolled in UH system
Explanation of Benefits: College/University entrance support and reintegration counseling

COUNTY RESOURCES

MHMRA of Harris County
7011 Southwest Freeway (Administration Building), Houston, TX 77074: 713-970-7000
3630 W. Dallas (Eligibility Center), Houston, TX 77019: 713-970-4444
http://www.mhmraraharris.org/
Hours: Mon – Fri 8:00 AM – 5:00 PM
Eligibility: Open to all Harris County Residents, Call for more information
Explanation of Benefits: Mental Health and Mental Retardation Services Outpatient Care / Residential Care

NONPROFIT RESOURCES

Bridge over Troubled Waters, Inc
PO Box 3488, Pasadena, TX 77501
713-472-0753; 713.472.2801 fax
www.thebridgeovertroubledwaters.org
Hours: 24 hours 7 days
Eligibility: Call for information
Explanation of Benefits: Community outreach, transitional housing, emergency shelter, family violence and sexual assault counseling and support groups, Spanish advocate for casework available

Depelchin Children’s Center
Main Campus
4950 Memorial Drive
Houston, Texas 77007
For information or to set up an appointment: (713) 730-233; (888) 730-3445 (toll free); (713) 802-3801 (fax)
www.depelchin.org; info@depelchin.org
Eligibility: Military Service Member
Explanation of Benefits: DePelchin has developed expertise in trauma-focused treatment for children and families. Some family members of military service members have developed levels of traumatic stress. Trauma focused treatments have been proven effective in relief of this distress.
Services: The DePelchin Children’s Center is the largest and most comprehensive provider of children’s social and mental health services in the Houston area for 116 years. DePelchin has expanded in over 60 locations in Harris, Montgomery, Brazoria, Galveston, Ft. Bend and Waller counties and adapted its programs and services to include: Adoption, Foster Care. Counseling Services, Prevention Services, Residential Services, Post-Adoption Services, Search and Reunion Services, Teen Parenting and Transitional Living Services, and Parent and Family Education and Resources.
Disabled American Veterans
6900 Almeda Road, Room 1033, Houston, TX 77030
713-383-2715
www.dav.org

Hours: Mon Wed Fri 7:30 – 4:00 PM
Eligibility: Veteran or dependent
Explanation of Benefits: Disability Rights Groups for Veterans – assists all veterans including active duty personnel and their families or dependents in securing governmental benefits, service pension, hospital and outpatient medical /psychological care

Family Services of Greater Houston
Behavioral Health Services
713-861-4849; www.familyservices.org

Eligibility: OIF/OEF military personnel and their families
Explanation of Services: Family Services of Greater Houston will provide family and Individual Counseling services at no charge to settle conflicts with family members, develop problem –solving or coping skills for issues including divorce, single-parenting, infidelity, substance abuse, disability or chronic disease for OIF/OEF military service members returning home and to their families. For more information please call to make an appointment.

Fort Bend County Women Center
1002 Wilson Drive, Rosenberg, TX 77471
281-342-0251; 888.427.3650 toll free; 281.342.9248 fax
www.fortbendwomenscenter.org

Hours: Mon – Fri 9:00 AM – 5:00 PM
Eligibility: Women experiencing domestic violence or sexual assault
Explanation of Benefits: Assist survivors of domestic violence and sexual assault and their children by providing emergency shelter, crisis intervention, counseling and support services

InnerWisdom, Inc. Counseling Centers
2525 West Bellfort Suite 197, Houston, TX 77054
713-592-9292; 713-839-8052 fax
www.innerwisdom.com

Hours: Mon – Fri 8:00 AM – 5:30 PM
Eligibility: Call for information
Explanation of Benefits: Mental Health Services – dementia evaluation, medication monitoring, support services and psychological testing.

IntraCare Medical Center Hospital
Main: 7601 Fannin, Houston, TX 77054: 713-790-0949
North: 1120 Cypress Station Dr., Houston, TX 77090: 281-893-7200
www.intracare.org

Hours: 24 hour 7 days
Eligibility: Veterans accepted, call for information
Explanation of Benefits: Adult Psychiatric Hospital, Comprehensive Inpatient / Outpatient Substance Abuse Treatment, Day treatment

Mental Health Association of Greater Houston
2211 Norfolk Suite 810, Houston, TX 77098
713-522-5161 or 713-523-8963; 713.522.0698 fax
www.mhahouston.org

Hours: Mon – Fri 8:00 AM – 5:00 PM
Eligibility: Open
Explanation of Benefits: Provides information and directory of self-help groups in Harris County. Consultation provided for persons interested in developing new groups. Listing of local groups available
Mental Health Association – Fort Bend County  
10435 Greenbough Drive Bldg II, Suite 200, Stafford, TX 77477  
281-207-2840; 281.207.2301 fax  
www.mhfbhc.org  
Hours: Mon – Fri 8:00 AM - 3:00 PM  
Explanation of Benefits: Provides advocacy, education, referrals, and information in Fort Bend County

Mental Health Clinics  
www.texanamhmr.com

Missouri City  
3634 Glenn Lakes Drive, Suite 230, Missouri City, TX 77459  
281-261-3200

Rosenberg Mental Health Clinic  
4910 Airport Drive, Missouri City, TX 77459  
281-342-6384

Supporting Hands Veteran Services  
9100 Southwest Freeway, Suite 134  
Houston, Texas 77074  
832-295-9693; 832-295-9701 fax  
www.supportingh.org  
Eligibility: Call for information  
Services: Counseling and family services to veterans and their families. Psychiatric diagnoses, developmental or intellectual disabilities, substance abuse and social/environmental factors such as disadvantaged, socio-economic status, exposure to family violence, post-combat trauma, or juvenile justice system involvement.

Tri-County MHMR Services – Conroe Office  
1020 Riverwood Court, Suite 3, Conroe, TX 77304  
936-521-6300  
www.tcmhmrs.org  
Hours: Mon – Fri 8:00 AM - 5:00 PM  
Eligibility: Call for information  
Explanation of Benefits: Psychiatric Case Management and Resocialization – The ACT Team is an interdisciplinary team that serves those who have the most intense needs and who would likely be unable to remain in the community without the assistance of this team.

The Gathering Place  
5310 South Willow, Houston, TX 77035  
713-729-3799  
www.gplace.org  
Hours: Mon – Fri 9:00 AM – 5:00 PM; occasional evening hours  
Eligibility: Severe and persistent mental ill and currently under the care of a psychiatrist  
Explanation of Benefits: Provides a psychosocial rehabilitation center for adults with severe and persistent mental illness. Supported employment services are also available.

United States Veterans Initiative -Houston  
4640 Main Street, Houston, TX 77002  
832-203-1626  
www.va.gov  
tmitchell@usvetinc.org  
Hours: Mon – Fri 8:00 AM – 5:00 PM  
Eligibility: Veteran

Dial 2-1-1 Texas/United Way Helpline or Link to 2-1-1 at www.unitedwayhouston.org 24/7  
To find help with your Health and Human Service needs, all languages
Explanation of Benefits: Veterans in Progress – 52 beds for veterans with substance abuse history; Critical Time Intervention – 20 beds for veterans with a serious mental illness including Post Traumatic Stress Disorder; Homeless Veterans Rehabilitation Program- employment program funded by the Dept. of Labor; Transitional Housing Program – low income housing for veterans, 170 efficiency apartments; Vet to Vet Program – provides peer support for veterans with serious mental illness and or substance abuse problems.

**West Oaks Hospital**  
6500 Hornwood, Houston, TX 77074  
713-995-0909; 713-778-8888 Hotline 24 hours; 713.778.5253 fax  
[www.psylsolutions](http://www.psylsolutions)  
**Hours:** 24 hours 7 days  
**Eligibility:** Veterans accepted, call for information  
**Explanation of Benefits:** Adult Psychiatric Hospital – provides intensive inpatient setting for adult, day treatment and outpatient treatment.

**Worklife Institute**  
1900 Saint James Place, Suite 880  
Houston, TX 77056  
713.963.9456; 713-266-0845 Fax  
**Hours:** Monday – Friday, 9 am – 7 pm and Saturdays by appointment.  
**Eligibility:** OEF/OIF Veterans and Families  
**Explanation of Benefits:** Worklife Institute’s OEF/OIF Reentry and Worklife Transition program offers services, free of charge, to OEF/OIF Veterans and their families.  
**Services:** Career Transition, Family and Personal Counseling, and Legal Consultation and Referral. The program also provides various Seminars and Workshops such as Work Orientation and Parenting Seminars. The Institute resource center offers hospitality, a library, meeting facilities, computers and other office equipment for its clients.

**FAITH-BASED RESOURCES**

**Center for Counseling**  
[www.ubacounseling.org](http://www.ubacounseling.org)  

**Clear Lake Office**  
15700 Space Center, Houston, TX 77062  
713-263-0829

**Cy-Fair Office**  
11600 Jones Road, Suite 108-10, Houston, TX 77070  
713-263-0829

**Heights Office**  
3206 North Shepherd Drive, Houston, TX 77018  
713-263-0829

**Kirby Office**  
3801 Kirby, Suite 730, Houston, TX 77098  
713-263-0829

**Southeast Office**  
4300 Beltway 8 East, Pasadena, TX 77505  
713-263-0829

**Park Place Office**  
4101 Broadway, Houston, TX 77087  
713-263-0829
San Felipe Office
7878 San Felipe, Suite 248, Houston, TX 77063
713-263-0829

West Office
6200 Highway 6 South, Suite 220, Houston, TX 77083
281-530-6203

Highway 59 North Office
22770 US Hwy 59 N, Houston, TX 77339
713-263-0829

Kingwood Office
2303 Tree Lane, Houston, TX 77339
713-263-0829
www.ubacounseling.org
Hours: Call for information
Eligibility: Call for information
Explanation of Benefits: Combines the spiritual resources of the Christian perspective with the insights of psychology in a counseling process designed to assist personal growth.

Magnificent Houses, Inc. – St. Joseph Clubhouse
3307 Austin, Houston, TX 77004
713-523-5958 or 713-520-0461
www.magnificathouse.org
STJOSEPHHOUSE@SBCGLOBAL.NET
Hours: Mon – Fri 8:00 AM – 4:00 PM
Eligibility: Call for information
Explanation of Benefits: Maintains nine community residences which serve adults with serious and persistent mental illnesses; adults living with HIV+/AIDS; homeless adults and children; abused women; and adults recovering from alcoholism, addiction and incarceration. Operates St. Joseph’s House, a psychosocial rehabilitation program; Miryam’s Hostel, an emergency overnight shelter for women on the streets: and Loaves & Fishes, a soup kitchen.

PTSD Foundation of America
P.O. Box 690748, Houston, TX 77269
877-717-PTSD (7873)
www.ptsdusa.org
email: info@ptsdusa.org
Hours: Mon – Fri 8:00 AM – 5:00 PM
Eligibility: Call for information
Explanation of Benefits: The PTSD Foundation of America is building a network of individuals, churches and other organizations to provide a “corps of compassion”. This “corps of compassion” exists to come along side you and your family to assist you in dealing with your symptoms of PTSD. You can talk to us without ever having to worry about anything showing up on your military records. We provide an environment of acceptance and understanding. Not only do we provide assistance and compassion for the PTSD sufferer, but also the spouse and family. You and your family are not alone!
Substance Abuse Prevention, Intervention and Treatment Services

The organizations below provide substance abuse services for adults and youth. State-funded providers utilize financial eligibility criteria, procedures and standards developed by the Texas Department of State Health Services. Contact individual providers to determine eligibility for services.

Assessment and Counseling Services

The Council on Alcohol and Drugs Houston
303 Jackson Hill, Houston, TX 77007; 713-942-4100
www.council-houston.org
Services: Substance abuse screening, assessment, referral and education for adolescents, adults and families in the Texas Gulf Coast region. Sliding fee scale available.

Bay Area Council on Drugs and Alcohol, Inc.
1300A Bay Area Blvd., Suite 102, Houston, TX 77058
281-212-2900 http://www.bacoda.com
Services: Substance abuse screening, assessment, referral and education for adolescents, adults and families in Galveston, Brazoria, Matagorda and southeast Harris counties. Sliding fee scale available.

Fort Bend Regional Council on Substance Abuse, Inc.
10435 Greenbough Drive, Suite 250, Stafford, TX 77477
281-207-2400 www.fortbendcouncil.org
Services: Substance abuse screening, assessment, referral and education for adolescents and adults in Fort Bend County. Sliding fee scale available.

State-Licensed Substance Abuse Treatment Providers in Harris County

All About Recovery, Inc.
4141 North Freeway, Suite 310, Houston, TX 77022
713-697-6820 www.allaboutrecovery.com/
Services: Adult outpatient substance abuse treatment and education

Association for the Advancement of Mexican-Americans, Inc.
6001 Gulf Freeway, Houston, TX 77023
713-967-6700 www.aamainc.us/
Services: Adult and adolescent residential and outpatient substance abuse treatment

Bonita House
2605 Parker Road, Houston, Texas 77093
713-691-0900 www.bonitahope.org
Services: Adult female residential and outpatient substance abuse treatment

Cadwalder Behavioral Clinics, Inc.
30903 Quinn Road, Tomball, TX 77375
281-351-6644 www.cadwalderbehavioralclinics.com
Services: Adult and adolescent residential and outpatient substance abuse treatment

Career and Recovery Resources, Inc.
2525 San Jacinto, Houston, TX 77002
713-754-7000 www.careerandrecovery.org/index.html
Services: Adult outpatient substance abuse treatment
Cenikor Foundation, Inc.
7676 Hillmont, Houston, TX 77040
281-476-0088  www.cenikor.org
Services: Adult residential substance abuse treatment

Center for Success and Independence
3722 Pinemont Drive, Houston, TX 77018
713-426-4545  www.tcsi.org
Services: Adolescent residential substance abuse treatment

Cheyenne Center
2121 Timberlane Street, Suite D, Conroe, TX 77301
713-691-4898  www.cheyennecenter.org
Services: Adult residential and outpatient substance abuse treatment

Community Counseling Associates
7115 W. Tidwell, Suite K-100, Houston, TX 77092
713-934-8121  www.ccahouston.com
Services: Adult and adolescent outpatient substance abuse treatment

Cypress Creek Hospital
17320 Red Oak Drive, Suite 200, Houston, TX 77090
281-586-7866  www.psysolutions.com/facilities/cypresscreek
Services: Adult and adolescent outpatient substance abuse treatment

DAPA Family Recovery Programs
6260 Westpark, Suite 250, Houston, TX 77057
713-783-8889
Services: Adult outpatient substance abuse treatment

David and Ivory Ministries, Inc.
Lieutenant’s House
4728 Gunter, Houston, TX 77020
713-676-2486
Services: Adult and adolescent residential and outpatient substance abuse treatment

Directions of Recovery, Inc.
513 Thornton, Houston, TX 77018
713-695-5242  www.directionsofrecovery.com
Services: Adult residential and outpatient substance abuse treatment

Extended Aftercare, Inc.
5002 N. Shepherd, Houston, Texas 77018
713-695-8403  www.extended-aftercare.com
Services: Adult male residential substance abuse treatment

First Step Counseling of Houston
15626 Silver Ridge Drive, Suite 106, Houston, TX 77090
832-257-4550
Services: Adult and adolescent outpatient substance abuse treatment

The Gulf Coast Center
123 Rosenberg, Ste. 6, Galveston, TX 77550
409-763-2373; 281-488-2839  www.gcmhmr.com
Services: Adult outpatient substance abuse treatment
Hispanic Counseling Center
14780 Memorial Drive, Houston, TX 77079
281-679-9937
Services: Adult outpatient substance abuse treatment

Houston Area Community Services
3730 Kirby Drive, Suite 300, Houston, TX 77098
713-526-0555 www.houstonareacommunityservices.org
Services: Adult outpatient substance abuse treatment

Houston Northwest Rehab
4405 Spring Cypress Road, Houston, TX 77388
281-353-8333
Services: Adult and adolescent outpatient substance abuse treatment

L-H Transitional Center
2410 Caplin, Houston, TX 77026
713-692-1728
Services: Adult and adolescent residential and outpatient substance abuse treatment

Lifestream Behavioral Health
123 Northpoint Drive, Suite 180, Houston, TX 77060
281-445-9700
Services: Adult and adolescent outpatient substance abuse treatment

Make Ready Worker Development Training
8226 Antoine, Houston, TX 77088
713-520-5544 www.makereadyinc.com
Services: Adult outpatient substance abuse treatment

Memorial Hermann Prevention and Recovery Center
1550 La Concha, Houston, TX 77054
713-578-3100 www.memorialhermann.org/locations/PaRC.html
Services: Adult residential and outpatient substance abuse treatment

Montrose Counseling Center, Inc.
401 Branard, 2nd Floor, Houston, TX 77006
713-529-0037 www.montrosecounselingcenter.org
Services: Adult outpatient substance abuse treatment

New Dimensions
1345 Space Park Drive, Suite C, Houston, TX 77058
281-333-2284
Services: Adult and adolescent outpatient substance abuse treatment

New Life Counseling Center, Inc.
4101 North Freeway, Suite 100, Houston, TX 77022
713-696-9885
Services: Adult and adolescent outpatient substance abuse treatment

Odyssey House Texas, Inc.
5629 Grapevine, Houston, TX 77085
713-726-0922 www.odysseyhousetexas.com
Services: Adolescent residential substance abuse treatment

Dial 2-1-1 Texas/United Way Helpline or Link to 2-1-1 at www.unitedwayhouston.org 24/7
To find help with your Health and Human Service needs, all languages
Passages, Inc.
7722 Westview, Houston, TX 77055
713-957-4910 www.passagesforwomen.com
Services: Adult female residential and outpatient substance abuse treatment

Phoenix Houses of Texas, Inc.
501 Garden Oaks Blvd., Houston, TX 77018
713-426-2637 www.phoenixhouse.org/Texas
Services: Adult and adolescent outpatient substance abuse treatment

Recovery Foundation, Inc.
4312 Crane Street, Houston, TX 77026
713-678-4443
Services: Adult residential and outpatient substance abuse treatment

Revelation Healthcare Services
6610 Harwin, Suite 266; Houston, TX 77036
713-266-7979
Services: Adult and adolescent outpatient substance abuse treatment

The Right Step
902 W. Alabama, Houston, Texas 77006
713-528-3709 Toll-free: (800) 856-9564 www.rightstep.com
Services: Adult and adolescent residential and outpatient substance abuse treatment

Riverside General Hospital
3204 Ennis, Houston, Texas 77004
713-526-2441
Services: Adult and adolescent residential and outpatient substance abuse treatment

Road to Recovery
9400 Lomas Street, Houston, TX 77093
713-742-6514 www.roadtorecoverytexas.com
Services: Adult residential and outpatient substance abuse treatment

S & S Counseling Services and Associates
9000 W. Bellfort, Suite 250; Houston, TX 77031
713-981-0922 www.sandscounseling.com
Services: Adult residential and outpatient substance abuse treatment

Sacred Heart Treatment Center
6630 Harwin, Suite 180, Houston, TX 77036
281-953-7488
Services: Adult and adolescent outpatient substance abuse treatment

Santa Maria Hostel, Inc.
7807 Longpoint, Suite 375, Houston, TX 77055
281-657-0898 www.santamariahostel.org
Services: Residential and outpatient substance abuse treatment for women and women with children

Set Free DAT Center, Inc.
3333 Fannin, Suite 111, Houston, TX 77004
713-520-8042
Services: Adult outpatient substance abuse treatment

Dial 2-1-1 Texas/United Way Helpline or Link to 2-1-1 at www.unitedwayhouston.org 24/7
To find help with your Health and Human Service needs, all languages
Shamar Hope Haven
2719 Trujillo Street, Houston, TX 77004
713-942-8009 www.shamarhopehaven.org
Services: Adolescent male residential substance abuse treatment

SOBR/Lifeway
13150 Memorial Drive, Houston, TX 77079
713-270-6753
Services: Adult and adolescent outpatient substance abuse treatment

Star of Hope Mission
6801 Ardmore Street, Houston, TX 77054
713-748-7242 www.sohmission.org/newHope.asp
Services: Adult female residential and outpatient substance abuse treatment

Sunrise Recovery Programs
2611 FM 1690 W., Suite H-120, Houston, TX 77068
281-587-9696 www.sunrise-recovery.com
Services: Adult outpatient substance abuse treatment

Swinn's Counseling Services
2616 South Loop West, Suite 504, Houston, TX 77054
713-668-8111
Services: Adult and adolescent outpatient substance abuse treatment

The Texas House
2208 West 34th Street, Houston, TX 77018
713-956-633 www.texas-house.org
Services: Adult residential and outpatient substance abuse treatment

Texas Prevention Network, Inc.
10103 Fondren, #330, Houston, TX 77096
713-981-6063 www.tpni.org
Services: Adult and adolescent outpatient substance abuse treatment

Texas Treatment Centers, Inc.
4800 West 34th Street, B-3, Houston, TX 77092
713-956-7712
Services: Adult outpatient substance abuse treatment

Together in Giving Everlasting Recovery
9894 Bissonnet, Suite 575, Houston, TX 77036
713-773-0299
Services: Adult outpatient substance abuse treatment

The Turning Point, Inc.
10175 Harwin, Ste 101, Houston, TX 77036
713-773-3280
Services: Adult and adolescent outpatient substance abuse treatment

Unlimited Visions Aftercare, Inc.
5527 Lawndale, Houston, TX 77023
713-921-2276 www.unlimitedvisionsaftercare.org
Services: Adult and adolescent outpatient substance abuse treatment

Dial 2-1-1 Texas/United Way Helpline or Link to 2-1-1 at www.unitedwayhouston.org 24/7
To find help with your Health and Human Service needs, all languages
**Versatile Healthcare Institute**  
8300 Bissonnet, Suite 626, Houston, TX 77074  
713-771-5178  
**Services:** Adult and adolescent outpatient substance abuse treatment

**Volunteers of America Texas**  
308 East Rogers Street, Houston, TX 77251  
713-692-8190  
www.voatx.org  
**Services:** Adult residential and outpatient substance abuse treatment

**West Oaks Hospital**  
6612 Hornwood, Houston, TX 77074  
713-774-0606  
www.psylsolutions.com/facilities/westoaks/chem  
**Services:** Adult and adolescent residential and outpatient substance abuse treatment

**Wholistic Counseling Services**  
4450 S. Wayside Drive, Houston, TX 77087  
713-645-1400  
www.wholisticservices.com  
**Services:** Adult and adolescent outpatient substance abuse treatment

**Williams, Williams, & Hanks L.C.**  
19333 Clay Rd., Katy, TX 77449  
281-398-1478  
**Services:** Adolescent residential and outpatient substance abuse treatment

**The Women’s Home**  
607 Westheimer, Houston, TX 77006  
713-521-3150  
www.thewomenshome.org  
**Services:** Adult female residential and outpatient substance abuse treatment

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Dial 2-1-1 Texas/United Way Helpline or Link to 2-1-1 at www.unitedwayhouston.org 24/7  
To find help with your Health and Human Service needs, all languages
BUSINESS DEVELOPMENT

City of Houston’s One Stop Business Center
www.houstontx.gov/onestop
Location: City Hall Annex, 900 Bagby Street @ McKinney, Public Level, Houston, TX 77002
Phone: 832-393-0954; Fax: 832-393-0952; TDD/TTY: 3-1-1
Hours: 7:30 AM to 5:00 PM, Monday to Friday
The City of Houston’s One Stop Business Center, in partnership with SCORE (Counselors to America's Small Business) and Houston Public Library’s C.O.R.E. (Careers, Opportunities, Resources, and Education) Center presents a series of FREE Business programs specially designed for the small business owner or entrepreneur. One quick call or visit provides you with information on city, county, state and federal regulations affecting your business. It also refers businesses to, and participates in, the MWDBE/SBE certification program administered by the City of Houston Affirmative Action and Contract Compliance Division. One Stop Business Center provides free services to help you legally operate a business in Houston and Harris County.

VETBIZ
http://www.vetbiz.com/
Email: info@vetbiz.com
Phone: 314-531-VETS(8387)
If you are an honorably discharged Veteran or a member of the Guard or Reserve, the Veterans Business Resource Center can assist you. Our staff of experts can help guide you toward your entrepreneurial goals. If you are an honorably discharged Veteran or a member of the Guard or Reserve, the Veterans Business Resource Center can assist you. Our staff of experts can help guide you toward your entrepreneurial goals.

Veterans Business Outreach Program (VBOC)
www.utpa.edu/vboc
Point of Contact: Alonzo Garcia, Director
Phone: 956-292-7547; Fax: 956-292-7561
Email: vboc@panam.edu
The Veterans Business Outreach Program (VBOP) is designed to provide entrepreneurial development services such as business training, counseling and mentoring, and referrals for eligible veterans owning or considering starting a small business. The SBA has four organizations participating in this cooperative agreement and serving as Veterans Business Outreach Centers (VBOC).

Entrepreneurship Bootcamp for Veterans with Disabilities (EBV)
http://whitman.syr.edu/ebv/
EBV Coordinator: Ellie O'Neill, Whitman School of Management, 721 University Ave, Suite 116, Syracuse, NY 13244
Phone: 315-443-6007/8736
Email: ebvinfo@syr.edu
The 'Entrepreneurship Bootcamp for Veterans with Disabilities' (EBV) offers cutting edge, experiential training in entrepreneurship and small business management to soldiers, sailors, airmen, and marines disabled as a result of their service supporting operations Enduring Freedom and Iraqi Freedom. EBV applications will be accepted from veterans with a 'service-connected disability' as designated by the Veterans Administration, and who have served on active duty after September 2001. This program is entirely free to the veteran.

SBA Patriot Express
http://www.sba.gov/patriotexpress/index.html
Houston District Office: 8701 S. Gessner Drive, Suite 1200, Houston, Texas 77074
Phone: 713-773-6500
The U.S. Small Business Administration has announced the SBA’s Patriot Express Pilot Loan Initiative for veterans and members of the military community wanting to establish or expand small businesses. Eligible military community members include: Veterans, Service-disabled veterans; Active-duty service members.
eligible for the military’s Transition Assistance Program; Reservists and National Guard members; Current spouses of any of the above; and widowed spouse of a service member or veteran who died during service or of a service-connected disability.

**VetFran.com**  

VetFran.com is a franchise opportunities portal owned and operated by the International Franchise Association on behalf of its members. This site is for honorably discharged Veterans of the U.S. Armed Forces who are interested in going into business for themselves, but not by themselves. Each of the franchise systems offer specific discounts to U.S. Veterans for their respective franchise opportunities.

**ChangeCorp for Veteran Entrepreneurs**  
[www.changecorp.us](http://www.changecorp.us)

The Change Project is an attempt to “change” and improve the way Veteran entrepreneurs get their information about ‘what’s next’ for their small business. The Change Corp is now a Beta website that allows contributors to ask good questions and get good answers. It also will allow Veteran small business practitioners to review and rate the institutions and individuals which they encounter during their search for information during their small business journey. The goal of the Project is to be to become an open source tool controlled by Veterans for Veterans. It serves as a portal for non-profit Veteran service providers and their communities to improve real time small business resources and specific advice for all entrepreneurs.
EDUCATION AND TRAINING

FEDERAL RESOURCES

Military.com has a good guide to state educational benefits for veterans and their dependents.

For Military Student Aid, go to http://www.finaid.org/military/

For Educational Financial Aid for Veterans and their Dependents: http://www.finaid.org/military/veterans.phtml

U.S. Department of Veterans Affairs Education Benefits
The Department of Veterans Affairs provides information on educational benefits for veterans and their dependents.

Survivors' and Dependents' Educational Assistance Program (DEA)
Of particular interest is the Survivors' and Dependents' Educational Assistance Program (DEA). It provides up to 45 months of education and training opportunities to eligible dependents of certain veterans. To be eligible, you must be the son, daughter, or spouse of a veteran who died or is permanently and totally disabled as the result of a service-connected disability, or who died while such a disability was in effect, or is MIA or captured in the line of duty by a hostile force, or is forcibly detained or interned in the line of duty by a foreign government or power. Sons and daughters must be between the ages of 18 and 26. Spousal benefits end 10 years from the date the VA finds the spouse as eligible or from the date of death of the veteran. To apply, complete VA Form 22-5490, Application for Survivors and Dependents' Educational Assistance. For more information, call 1-888-GIBILL-1 (1-888-442-4551).

Federal Benefits for Veterans and Dependents
Updated annually by the Department of Veterans Affairs (VA), the publication Federal Benefits for Veterans and Dependents contains information about education and training benefits available to veterans and eligible dependents. [VA Pamphlet 80-02-1, 114 pages, Stock Number 051-000-00225-3.] The booklet may be obtained free of charge from VA hospitals or regional offices. To request a copy, visit your nearest VA facility, call 1-800-827-1000 or write to Department of Veterans Affairs, Office of Public Affairs (80D), 810 Vermont Avenue, NW, Washington, DC 20420. It is also available for download free in PDF format from the VA’s web site. The publication can also be purchased for $5.00 ($6.25, international customers) from the US Government Printing Office, Superintendent of Documents, PO Box 371954, Pittsburgh, PA 15250-7954. It is also available online in HTML format from the Consumer Information Center (CIC).

Veterans On-Line Application (VONAPP)
VONAPP allows veterans to apply online for various veterans benefits, including veterans education benefits.

Military Officers Association of America (MOAA)
MOAA offers several educational assistance programs, including interest-free loans, grants and the American Patriot Scholarship. For more information, send email to edassist@moaa.org.

Other organizations that offer educational assistance to military personnel, veterans and their dependents include:

- Army Emergency Relief. Offers Dependent Children Education Program and Spouse Education Program.
- Navy Marine Corps Relief Society. Offers VADM E.P. Travers Scholarship and Loan Program, USS Tennessee Scholarship Fund, Dependents of Deceased Service Members Scholarship Program, Admiral
Mike Boorda Scholarship Program, Bridge Loans for Tuition Assistance Program and GI Bill and Spouse Tuition Aid Program (STAP).

- Coast Guard Mutual Aid. Offers the CGMA Supplemental Education Grant (SEG) Program, Stafford/PLUS Loan Origination Fee Refund Program and CGMA Supplemental Student Loans. See also the USCG Foundation Education Grant Program.

The Department of Veterans Affairs Veterans Benefits Administration's Vocational Rehabilitation and Employment (VR&E) service is vested with delivering timely, effective vocational rehabilitation services to veterans with service-connected disabilities. Enabling our injured soldiers, sailors, airmen, and other veterans with disabilities for a seamless transition from military service to a successful rehabilitation and on to suitable employment after service to our Nation. [http://www.vba.va.gov/bln/vre/index.htm](http://www.vba.va.gov/bln/vre/index.htm)

The purpose of this website is to present information about the services that the Vocational Rehabilitation and Employment (VR&E) program provides to veterans with service-connected disabilities. The web site also provides information about vocational counseling available to active duty service members and veterans who have recently separated from active duty. You will also find information about vocational counseling and special rehabilitation services available to dependents of veterans who meet certain program eligibility requirements.

http://vetsuccess.gov/

VA Regional Office - Houston
6900 Almeda Road -- Houston, Texas 77030
Benefits Information Number: 1-800-827-1000
Telecommunications Device for the Deaf (TDD) Number: 1-800-829-4833
Loan Guaranty Information Number: 1-888-232-2571
http://www.vba.va.gov/ro/houston/index.htm
Hours: 8:00 AM - 4:00 PM Monday through Friday (excluding Federal Holidays).

G. I. BILL. The Education Service administers a number of VA Education Benefit programs. If you need assistance, please call their toll-free number 1-888-GI-BILL-1 (1-888-442-4551) to speak with a Veterans Benefits Counselor. The MGIB program provides up to 36 months of education benefits. This benefit may be used for degree and certificate programs, flight training, apprenticeship/on-the-job training and correspondence courses. Remedial, deficiency, and refresher courses may be approved under certain circumstances. Generally, benefits are payable for 10 years following your release from active duty. This program is also commonly known as Chapter 30.

http://www.gibill.va.gov/

Current beneficiaries of vocational-educational counseling assistance participating in the following G.I. Bill programs:

Chapter 18 - Benefits for Children of Vietnam Veterans, Spina Bifida Program
Chapter 30 - All-Volunteer Force Educational Assistance Program
Chapter 32 - Post-Vietnam Era Veterans’ Educational Assistance
Chapter 35 - Survivors’ and Dependents’ Educational Assistance
Chapter 1606 - Educational Assistance for Members of the Selective Reserve
Chapter 1607 - Reserve Educational Assistance Program

Veterans and qualified dependents that are eligible for educational assistance under any of the above programs (Chapters). VR&E can provide a wide range of vocational and educational counseling services to service members still on active duty, as well as veterans and dependents who are eligible for one of VA’s educational benefit programs. These services are designed to help an individual choose a vocational direction and determine the course needed to achieve the chosen goal. Assistance may include interest and aptitude testing; occupational exploration; setting occupational goals; locating the right type of training program and exploring educational or training facilities which might be utilized to achieve an occupational goal.

Free counseling services are provided to eligible applicants. [http://www.vba.va.gov/bln/vre/vec.htm](http://www.vba.va.gov/bln/vre/vec.htm)
Military HOMEFRONT is the official Department of Defense web site for reliable Quality of Life information designed to help troops and their families, leaders and service providers. Whether you live the military lifestyle or support those who do, you'll find what you need!  http://www.militaryhomefront.dod.mil/

Vocational Rehabilitation and Employment Service provides vocational-educational counseling to veterans and certain dependents. Individuals who are eligible for vocational-educational counseling include the following: Transitioning service members who are within six months prior to discharge from active duty, or within one year following discharge from active duty.

Compensated Work Therapy/Veterans Industries (VI/CWT) is a Department of Veterans Affairs vocational rehabilitation program that endeavors to match and support work ready veterans in competitive jobs, and to consult with business and industry regarding their specific employment needs. Using a business model, VI/CWT program staff specializes in working with facility management, human resource, and/or production personnel to address labor force deficits. Over the years VI/CWT veterans have been successfully employed in various competitive positions including health care, information technology, manufacturing, warehousing, construction trades, clerical and office support, retail and the services delivery.

STATE RESOURCES

College for Texans
www.collegefortexans.com/military
Services: Provides information and applications for returning veterans on Hazelwood Act benefits and other tuition/education benefits. www.collegefortexans.com/cfbin/tofa2.cfm?id=31
CollegeForTexans.com is web site that can provide assistance in finding the right college for you.
Texas Institutions of Higher Education www.collegefortexans.com/cfbin/inst.cfm

Texas Veterans Commission - Regional Office
6900 Almeda Road, Houston, TX 77030
713-383-2756  Hours: 7:30 AM - 4:00 PM
www.tvc.state.tx.us/ClaimsReps.htm
It is the purpose of the Texas Veterans Commission to serve Texas veterans, their dependents and survivors, in all matters pertaining to veterans’ benefits and rights. It is the designated agency of the State of Texas to represent the State and its veterans before the U.S. Department of Veterans Affairs (VA).

Wartime veterans of the Spanish-American War through the Persian Gulf War, who were legal residents of Texas at the time they entered military service may be entitled to a waiver of tuition and some fees at State-supported/public (taxpayer supported) colleges and universities (this link takes you to "College for Texans"). This benefit is also available to children of Texas servicemen and women who died or were killed in military service, and to children of Texas military personnel who are shown to be missing in action or prisoners of war. Also eligible are children of members of the Texas National Guard or the Texas Air National Guard killed since January 1, 1946, while on active duty either in service of Texas or the United States.

Hazlewood Act - Anyone who wants to apply for the Hazlewood Act does so directly at the State supported/public (taxpayer supported) school they wish to attend. All students who wish to use the Hazlewood Act are required to complete a Hazlewood Application (this link takes you to a PDF file on the "College for Texans" website); you can also acquire an application directly from the school. Any person claiming this benefit must have exhausted Department of Veterans Affairs (VA) Education benefits. These benefits are Montgomery GI Bill Active Duty (Chapter 30); Veterans Educational Assistance Program (Chapter 32); Montgomery GI Bill Selected Reserve (Chapter 1606); and Reserve Educational Assistance Program (Chapter 1607).
Private Texas employers can apply to the Texas Workforce Commission (TWC) for the Returning Veterans Skills Training Grant by partnering with established training providers such as community colleges, apprenticeship training programs, or community-based training programs with demonstrated experience. Employers must be based in Texas and in good standing and in compliance with the Texas Unemployment Compensation Act and other applicable state and federal labor laws.

Veterans eligible for skills training scholarships must: be discharged or released from active duty within the previous 36 months under conditions other than dishonorable; have served during war, campaign, or expedition for which a campaign badge has been authorized; employed by a participating employer or have an offer of employment from a participating employer; and provide a DD-214 to document service status.

Scholarship funds can be used to pay tuition, books, and fees for eligible veterans. Scholarships may be granted for amounts up to $1000 per scholarship. Scholarships may exceed $1,000 with sufficient justification. The veteran's GI Bill is not affected.

TEXAS INSTITUTIONS OF HIGHER EDUCATION

Higher education is defined as study beyond high school. The Texas institutions of higher education in Harris County listed below were obtained from the College for Texans website. Additionally, it was verified that these institutions work with veterans and their benefits, either partially or fully. Check the specific institution for details. College for Texans divided institutions of higher education into two categories, public and private institutions.

- Public institutions have been established by a governmental entity and are fully or partially funded by the taxpayers of Texas.
- Private institutions may be established by individuals, companies, religious institutions, etc.

The contact numbers for veterans and website addresses were researched and verified by Harris County Department of Education, 713-696-8200.

Public Institutions

Universities

Texas Southern University, 3100 Cleburne Avenue, Houston, TX 77004, 713-313-7862, www.tsu.edu.

Texas Women's University, 6700 Fannin Street, Houston, TX 77030, 940-898-3069, www.twu.edu.

University of Houston, 4800 Calhoun Road Houston, TX 77204, 713-743-5490, www.uh.edu.


University of Houston-Downtown, One Main Street Houston, TX 77002, 713-221-8622, www.uhd.edu.

University of Houston - Veterans Services Office, 268 University Center, Houston, TX 77204, 713-743-5490, www.uh.edu/veterans.
Community Colleges

**Houston Community College System**, P.O. Box 667571, Houston, TX 77266, 713-718-8551, [www.hccs.edu](http://www.hccs.edu)

**Lee College**, 511 South Whiting Street, Baytown, TX 77520-4703, 281-425-6384, [www.lee.edu](http://www.lee.edu)

**Lone Star College- CyFair**, 9191 Barker Cypress Road, Cypress, TX 77433, 281-290-3200, [www.lonestar.edu/cyfair.htm](http://www.lonestar.edu/cyfair.htm)

**Lone Star College - Kingwood**, 20000 Kingwood Drive, Kingwood, TX 77339, 281-312-1600, 281-312-1600, [www.lonestar.edu/kingwood.htm](http://www.lonestar.edu/kingwood.htm)

**Lone Star College – Montgomery**, 3200 College Park Drive, Conroe, TX 77384, 936-273-7009, [www.lonestar.edu/montgomery.htm](http://www.lonestar.edu/montgomery.htm)

**Lone Star College - North Harris**, 2700 W.W. Thorne Drive, Houston, TX 77073, 281-618-5400, [www.lonestar.edu/northharris.htm](http://www.lonestar.edu/northharris.htm)

**Lone Star College - Tomball**, 30555 Tomball Parkway, Tomball, TX 77375-1969, 281-351-3300, [www.lonestar.edu/tomball.htm](http://www.lonestar.edu/tomball.htm)

**Lone Star College District Veterans Affairs** is located at 5000 Research Forest Drive, The Woodlands, TX 77381-4399, 832-813-6651, 832-813-6574, [gibill@lonestar.edu](mailto:gibill@lonestar.edu)

**San Jacinto College District - Central Campus**, 8060 Spencer Highway, Pasadena, TX 77505, 281-998-6150 x1320, [www.sjcd.edu](http://www.sjcd.edu)

**San Jacinto College District – North Campus**, 5800 Uvalde Road, Houston, TX 77049, 281-998-6150, x7420, [www.sjcd.edu](http://www.sjcd.edu)

**San Jacinto College District – South Campus**, 13735 Beamer Road, Houston, TX 77089, 281-998-6150, x3829, [www.sjcd.edu](http://www.sjcd.edu)

Health Related Institutions

**The University of Texas Health Science Center at Houston**, P.O. Box 20036, Houston, TX 77225-0036, 713-500-3361, [www.ut.houston.edu](http://www.ut.houston.edu)

**The University of Texas M.D. Anderson Cancer Center**, 1515 Holcombe Boulevard, Houston, TX 77030-4009, 713-500-3361, Note: there is an underline after Prof www. [mdanderson.org/prof_Education/healthscience/](http://mdanderson.org/prof_Education/healthscience/)

Independent Universities

**Houston Baptist University**, 7502 Fondren Road, Houston, TX 77074, 281-649-3212, [www.hbu.edu](http://www.hbu.edu)

**Rice University**, P.O. Box 1892, Houston, TX 77251, 713-348-3157, [www.rice.edu](http://www.rice.edu)

**South Texas College of Law**, 1303 San Jacinto Street, Houston, TX 77002, 713-646-1702, [www.stcl.edu](http://www.stcl.edu)

**University of St. Thomas**, 3800 Montrose Boulevard, Houston, TX 77006, 713-525-3889, [www.stthom.edu](http://www.stthom.edu)
Health-Related Institutions

Baylor College of Medicine, Texas Medical Center, One Baylor Plaza, Houston, TX 77340, 713-798-3092, [www.bcm.edu](http://www.bcm.edu)

Chiropractic Institutions

Texas Chiropractic College, 5912 Spencer Highway, Pasadena, TX 77508, 281-998-6022, [www.txchiro.edu](http://www.txchiro.edu)

Proprietary Schools

- **Academy of Health Care Professions**, 8313 S.W. Freeway, Houston, TX 77074, 713-471-2427, [www.ahcp.edu](http://www.ahcp.edu)
- **Acoustic Edge Institute of Houston**, 303 Wells Fargo Drive Suite B-10, Houston, TX 77090-4048, 281-893-7755, [www.stereoschool.com](http://www.stereoschool.com)
- **Aides for Home and Health Care**, 4008 Vista Road, Pasadena, TX 77504, 713-910-7575, currently no website
- **Astrodome Dental Career Center**, 2646 South Loop West, Suite 415, Houston, TX 77054, 713-664-5300, [www.astrodomeresource.com](http://www.astrodomeresource.com)
- **Bradford School of Business**, 4769 S. W. Freeway, Suite 300, Houston, TX 77027, 713-629-1500, [www.bradfordschoolhouston.edu](http://www.bradfordschoolhouston.edu)
- **Builder's Academy**, 11601 Katy Freeway, Suite 223, Houston, TX 77079, 281-558-5821, [www.builderacademy.com](http://www.builderacademy.com)
- **Cardiotech Ultrasound School**, 12315 Bissonnet, Suite E, Houston, TX 77099, 281-495-0078, [www.cardiotech.org](http://www.cardiotech.org)
- **Clerical Art School**, 6150 Richmond, Houston, TX 77057, 713-780-0024
- **Court Reporting Institute of Houston**, 13101 North West Frwy., Suite 100, Houston, TX 77040, 713-996-8300, [www.crid.com](http://www.crid.com)
- **Culinary Institute**, 7070 Allensby, Houston, TX 77022, 713-692-0077, x12, [www.ciaml.com](http://www.ciaml.com)
- DeVry University - Houston Campus, 11125 Equity Dr., Houston, TX 77041, 713-973-3200), [http://www.devry.edu/locations/campuses/loc_houstoncampus.jsp](http://www.devry.edu/locations/campuses/loc_houstoncampus.jsp), Point of Contact: Rosa Zurbringen, 281-827-7475, [rzurbringen@debvry.edu](mailto:rzurbringen@debvry.edu).
- DeVry University – Houston Galleria Center, 2000 West Loop S., Ste. 150, Houston, TX 77027, 713-850-0888., [http://www.campusexplorer.com/colleges/1CF2E703/Texas/Houston/DeVry-University-Houston-Galleria/](http://www.campusexplorer.com/colleges/1CF2E703/Texas/Houston/DeVry-University-Houston-Galleria/)
- **Excel's Health Institute & Home Care**, 9898 Bissonnet, Suite 380, Houston, TX 77036, 713-773-1701, currently no website
- **Flex Medical Service Nurse Aide**, 10103 Fondren Road, Suite 405, Houston, TX 77096, 713-272-7879, [www.flexmedicalservices.com](http://www.flexmedicalservices.com)
- **Houston Training & Education Center**, 7457 Harwin Suite 35, Houston, TX 77036, 713-783-2221, [www.houston-tec.com](http://www.houston-tec.com)
- **ITT Technical Institute Houston North**, 15651 N. Freeway (I-45), Houston, TX 77090, 281-873-0512, [www.itt-tech.edu](http://www.itt-tech.edu)

Dial 2-1-1 Texas/United Way Helpline or Link to 2-1-1 at [www.unitedwayhouston.org](http://www.unitedwayhouston.org) 24/7
To find help with your Health and Human Service needs, all languages
Depelchin Children’s Center  
Main Campus  
4950 Memorial Drive  
Houston, Texas 77007  
For information or to set up an appointment: (713) 730-233; (888) 730-3445 (toll free); (713) 802-3801 (fax)  
www.depelchin.org; info@depelchin.org  
Eligibility: Military Service Member  
Explanation of Benefits: DePelchin has developed expertise in trauma-focused treatment for children and families. Some family members of military service members have developed levels of traumatic stress. Trauma focused treatments have been proven effective in relief of this distress.  
Services: The DePelchin Children’s Center is the largest and most comprehensive provider of children’s social and mental health services in the Houston area for 116 years. DePelchin has expanded in over 60 locations in Harris, Montgomery, Brazoria, Galveston, Ft. Bend and Waller counties and adapted its programs and services to include: Adoption, Foster Care. Counseling Services, Prevention Services, Residential Services, Post-Adoption Services, Search and Reunion Services, Teen Parenting and Transitional Living Services, and Parent and Family Education and Resources.
Family Services of Greater Houston
Behavioral Health Services
713-861-4849; www.familyservices.org
Eligibility: OIF/OEF military personnel and Families
Explanation of Benefits: Family Services of Greater Houston offer services, free of charge, to OIF/OEF Veterans and their families.
Services: Making Ends Meet: Learn to stretch your finances, budget and develop skills for saving. Marriage Education, Parent Education, Counseling, and Job Readiness. For more information please call and make an appointment.

ThanksUSA Scholarship Program
ThanksUSA is a non-profit tax exempt charitable organization focused on thanking American troops. ThanksUSA sponsors a large scholarship program for children and spouses of active duty US military personnel. As many as 1,000 scholarships of $1,000 to $5,000 each are available for undergraduate study at accredited two and four year institutions of higher education. A minimum GPA of 2.5 on a 4.0 scale is required. Active duty US military personnel is defined as having served on active duty in the Army, Navy, Air Force, Marines and Coast Guard for at least 180 days since September 11, 2001, including all members of the Armed Forces who were killed or wounded in action. (Members of the reserves who have been activated to full-time duty and federalized members of the National Guard are eligible.) Dependent children (including adopted and stepchildren) must be age 24 and under as of the deadline. The deadline is May 30. Recipients are selected based on financial need, academic performance, leadership and community service. A preference is given to students who have studied a foreign language. For more information, call 1-877-THX-USAS (1-877-849-8727), write to ThanksUSA Scholarship Program, Scholarship America, c/o Shellee Hintz, One Scholarship Way, PO Box 297, Saint Peter, MN 56082, or send email to shintz@scholarshipamerica.org.

The Houston Launch Pad
2630 Westridge St.
Houston, Texas 77054
713-661-8882; 713-668-8202 fax
Contact: Prentice Goods
prentice@thehoustonlaunchpad.com
Hours: Mon-Fri 8:00 AM – 5:00 PM
Eligibility: Honorable discharged veterans
Services: Job placement, resume development, supportive services, housing and case management.

Worklife Institute
1900 Saint James Place, Suite 880
Houston, TX 77056
713.963.9456; 713-266-0845 Fax
Hours: Monday – Friday, 9 am – 7 pm and Saturdays by appointment.
Eligibility: OEF/OIF Veterans and Families
Explanation of Benefits: Worklife Institute’s OEF/OIF Reentry and Worklife Transition program offers services, free of charge, to OEF/OIF Veterans and their families.
Services: Career Transition, Family and Personal Counseling, and Legal Consultation and Referral. The program also provides various Seminars and Workshops such as Work Orientation and Parenting Seminars. The Institute resource center offers hospitality, a library, meeting facilities, computers and other office equipment for its clients.
EMPLEO

Workforce Solutions
1-888-469-JOBS (5627) www.wrksolutions.com

FEDERAL RESOURCES

Veterans’ Employment and Training Service
U.S. Department of Labor
1550 Foxlake Dr., Ste. 360, Houston, Texas 77084-4739
281-579-8071 ext.107; FAX 281-579-2438
http://www.dol.gov/vets/
Hours: Monday – Friday, 8:00 AM – 5:00 PM
Description: Assistance to veterans having claims under the Uniformed Services Employment and Reemployment Rights Act (USERRA). USERRA provides reemployment protection and other benefits for veterans. In addition, USERRA helps veterans understand employee eligibility and job entitlements, employer obligations, and benefits available to veterans through the act.

Rights to Re-employment
Veterans are entitled to re-employment rights with their last employer when they are released from the Armed Forces of the United States, providing their absence is not longer than four years. The right of re-employment is available regardless of whether the veteran was, prior to service, employed by the state, county or city government, or by private industry.

E-laws
The U.S. Department of Labor has developed several laws and online guides to help employees and employers understand their rights and responsibilities under numerous federal employment laws. E-laws are detailed online at www.dol.gov/elaws. The E-laws Advisors are interactive e-tools that provide easy-to-understand information about a number of federal employment laws. Each Advisor simulates the interaction you might have with an employment law expert. It asks questions and provides answers based on responses given. For example: The Veterans’ Preference Advisor allows veterans to examine the preferences for which they might be entitled with regard to federal jobs.

American GI Forum
National Veterans Outreach Program
2656 South Loop West, Suite 550, Box 133
Houston, Texas 77054
713-666-4796
houston-ctsp@agif-nvop.org
Eligibility: Veterans recently released from active duty (within 48 months), Homeless Veterans, and Veterans facing a Substance Abuse issue; residing in the Greater Houston area. *Must provide a copy of the following: DD-214 (Any discharge other than Dishonorable), Birth Certificate, State issued I.D.
Description: Established in 1972, the American GI Forum National Veterans Outreach Program, (NVOP), Inc. is a duly chartered non-profit, tax–exempt corporation headquartered in San Antonio, TX. NVOP is nationally recognized as an experienced and successful employment and training program. The NVOP has successfully completed over fifty local, state, and national grants. Congress passed the Veterans Workforce Investment Program (VWIP) in 1982. This is one of our government’s most significant programs for helping the unemployed in this country.
STATE RESOURCES

Texas Workforce Commission
http://www.twc.state.tx.us/jobs/job.html
Services: The Texas Workforce Commission (TWC) is the state government agency charged with overseeing and providing workforce development services to employers and job seekers of Texas.

Texas Veterans Commission
http://www.tvc.state.tx.us/
512-463-6826 State Headquarters Office
VetJobs@tvc.state.tx.us
Eligibility: Veterans and eligible persons, i.e. spouse of deceased disabled veteran/MIA.
Description: Veterans Employment Services staff located in Workforce Solutions offices provide job matching and development services to eligible veterans and eligible person, including intake and assessment, counseling/case management, testing, job-search assistance, job development, referrals and job placement. For services call or visit the Veterans Employment Service staff at the Workforce Solutions office. To find Workforce Solutions career office nearest you visit our website at www.wrksolutions.com or see the list of offices below.
Services: Offers services in claims representation, employment services, and veteran’s education program. The website serves as an informative referral site to other helpful veteran links.
Regional Veterans Employment: 713-383-2756, Email: Houston_TVC@vba.va.gov
Hours of Operation: Monday – Friday, 8:00 AM – 5:00 PM

REGIONAL RESOURCES

Workforce Solutions
www.wrksolutions.com
Toll free telephone number: 1-888-469-JOBS (5627)
Services: Workforce Solutions operates 35 community-based career offices to help residents get a job, keep a job or get a better job – offering placement, career counseling and financial aid services. Each location provides free computer, fax and telephone usage to customers for job searches.

Locations listed below:

Astrodome
9315 Stella Link Rd
Houston, Texas 77025
713-661-3220

Bay City
3501 Avenue F
Bay City, Texas 77414
979-245-4808

Baytown
6952 Garth Road
Baytown, Texas 77521
281-837-0079

Columbus
104B Shult Dr.
Columbus, Texas 78934
979-732-3299

Conroe
2018 IH 45 North
Conroe, Texas 77301
936-441-0037

Cypress Station
70 FM 1960 West #A
Houston, TX 77050
281-891-2850

Downtown
600 Jefferson, Suite 125
Houston, Texas 77002
713-658-0966

East End
5104 Harrisburg
Houston, Texas 77011
713.228.8848

Galveston
Island Community Center, 4700 Broadway
Galveston, Texas 77551
409-770-9915

Hobby
8231 Broadway
Houston, Texas 77061
713-847-6118
Dial 2-1-1 Texas/United Way Helpline or Link to 2-1-1 at www.unitedwayhouston.org 24/7
To find help with your Health and Human Service needs, all languages
NON-PROFIT AND FAITH-BASED RESOURCES

Career and Recovery Resources, Inc
2525 San Jacinto
Houston, TX 77002
Telephone: 713-754-7000
http://www.careerandrecovery.org/
Services: Career counseling

Family Services of Greater Houston
Behavioral Health Services
713-861-4849; www.familyservices.org
Eligibility: OIF/OEF military personnel and their families
Explanation of Services: Family Services of Greater Houston will provide Job Readiness services at no charge to develop a resume, find vocational training programs, apply for jobs or complete the GI Bill application for OIF/OEF military service members returning home. For more information please call to make an appointment.

Homeless Veterans Reintegration Program
Career and Recovery Resources, Inc. (CRR)
2403 Caroline
Houston, TX 77004
Contact: Larry Green
Telephone: 713-754-7036
http://www.careerandrecovery.org/
Description: CRR’s Homeless Veterans Reintegration Program (HVRP) helps homeless veterans overcome barriers to employment with job readiness training, job certification training, employment assistance and other support such as assistance in finding housing, bus tokens, work clothing, tools, etc. Services for non-homeless veterans are provided through other agency programs housed at 2525 San Jacinto.

Homeless Veterans’ Reintegration Program
Goodwill Industries of Houston
10795 Hammerly
Houston, TX 77043
Contact: William Sala
Telephone: 713-699-6361
Description: Services to assist in reintegrating homeless veterans into meaningful employment. Provides an array of services utilizing a case management approach that directly assists homeless veterans as well as provide critical linkages for a variety of supportive services available in their local communities. The program is “employment focused” and veterans receive the employment and training services they need in order to re-enter the labor force. Job placement, training, job development, career counseling, resume preparation, are among the services that are provided. Supportive services such as clothing, provision of or referral to temporary, transitional, and permanent housing, referral to medical and substance abuse treatment, and transportation assistance are also provided to meet the needs of this target group.

Houston Wellness Association
Veteran Wellness Committee
410 Pierce Street, Suite 202
Houston, TX 77002
Telephone: 713-357-9515
www.houstonwellness.org
Eligibility: All members of the Armed Forces and veterans who have served since 9/11.
Description: Meets: 1st Tuesday of every month at 1:00 PM. The Veterans Wellness Committee’s goal is to help veterans returning to civilian life find a job in the Health & Wellness sector.
Worklife Institute  
1900 Saint James Place, Suite 880  
Houston, TX 77056  
Telephone: 713-963.9456; 713-266-0845 Fax  
Hours: Monday – Friday, 9 am – 7 pm and Saturdays by appointment.  
Eligibility: OEF/OIF Veterans and Families  
Explanation of Benefits: Worklife Institute’s OEF/OIF Reentry and Worklife Transition program offers services, free of charge, to OEF/OIF Veterans and their families.  
Services: Career Transition, Family and Personal Counseling, and Legal Consultation and Referral. The program also provides various Seminars and Workshops such as Work Orientation and Parenting Seminars. The Institute resource center offers hospitality, a library, meeting facilities, computers and other office equipment for its clients.

ONLINE RESOURCES
- [www.military.com](http://www.military.com) This site has a wealth of information about the job search process, building a resume, networking, and career fairs.
- [www.theworksource.org](http://www.theworksource.org) Probably the best site for a job search in Texas. The WorkSource website has the most up-to-date calendar of job related events in the area and links to other online resources.
- [www.houstonchronicle.com](http://www.houstonchronicle.com) List of all job opportunities in the greater Houston area. This site has links to other job related activities such as resume writing, job fairs, etc.
- [www.monster.com](http://www.monster.com) Has lots of information about conducting a job search and many job opportunities.
- **Company websites.** All of the major corporations, hospitals, schools, colleges and public agencies have their own websites with links to job opportunities.

NETWORKING
Use networking to establish useful contacts with people involved in or familiar with your chosen profession. Specifically, networking enables you:
- To find information about different companies and industries.
- To increase contacts and obtain referrals by getting as many people as possible involved in your job search.
- To gain exposure through one-on-one meetings whenever possible.
- To allow you to practice your communication skills.
- To get someone to remember you when a position does become available.

Develop your network, beginning with a list of relatives, former classmates, teachers, religious organizations, friends, previous business associates, civic organizations and neighbors. Let them know you’re out of the military and looking **for a job.**
FAMILIES OF DECEASED VETERANS

VA Houston National Veterans Cemetery
281-447-8686

UNITED STATES DEPARTMENT OF VETERANS AFFAIRS
http://www.cem.va.gov/

FEDERAL RESOURCES

VA Regional Office
6900 Almeda Rd., Houston, Texas 77030
1-800-827-1000
www.va.gov
Hours: 7:30 AM to 4:00 PM
Eligibility: Compensation, pension, education, medical, Housing, burial benefits

Michael E. DeBakey VA Medical Center
2002 Holcombe Blvd., Houston, Texas 77030
713-791-1414
www.myhealth.va.gov
Hours: 7:00 AM to 4:30 PM
Eligibility: Medical Care, Pharmacy RX.
Services: Emergency Room 24hrs.

VA Houston National Veterans Cemetery
10410 Veterans Memorial Dr., Houston, Texas 77038
281-447-8686
www.cem.va.gov
Eligibility: Veterans must have DD214 and Honorable discharge. Burial for Veterans and Spouses of Veterans and dependent children unmarried under 21 years of age, or under 23 years of age pursuing a full-time course of instruction at an approved educational institution. Unmarried adult children who became physically or mentally disabled and incapable of self-support before reaching the age of 21.

Funeral Arrangements
Must be made and paid for by the family members. VA Only provides Chapel Services and the Plot free on charge.

National Personnel Records Center
Military Personnel Records
9700 Page Avenue, St. Louis, MO 63132-5100
Military.com info: http://www.military.com/MilitaryReport/0,12914,92137,00.html
4 step request via Website: vetrecs.archives.gov
314-801-0800 Call to obtain Form DD-214 for deceased veterans
Monday through Friday, 7:30 AM to 3:45 PM
(Closed weekends and Federal holidays)

Government Headstone or Markers application contact number is 1-800-827-1000 or www.va.gov/hmorder.htm;

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Dial 2-1-1 Texas/United Way Helpline or Link to 2-1-1 at www.unitedwayhouston.org 24/7
To find help with your Health and Human Service needs, all languages
Military Funeral Honors
The Department of Defense (DOD) provides Military Funeral Honors at the burials of Veterans. When requested, funeral Honors can be given at any cemetery-private or Government – operated. Most funeral directors make those arrangements with (DOD) on behalf of family members.

Department of Defense, Directorate of Public Inquiry and Analysis, Room 3A750, the Pentagon, Washington, DC 20301-1400; 1-800-827-1000.

STATE RESOURCES

Texas Veterans Commission
6900 Almeda Rd., Houston, Texas 77030
www.tvc.state.tx.us
Hours: 7:00 AM to 4:00 PM
Eligibility: Compensation, Pension, Education, Insurance, Burial Benefits

Texas Veterans Land Board
6900 Almeda Rd., Houston, Texas 77030
713-383-2729; 1-800 252-8389(vets)
www.glo.state.tx.us
Hours: 8:00 AM to 5:00 PM
Services: Texas State Benefits, Housing Loans, Land Loan Home Improvement Loans, Veterans State Nursing Homes
Texas Veterans State Cemetery’s web site: www.glo.state.tx.us/vlb/cemetery/index.html

HARRIS COUNTY RESOURCES

Harris County Veterans Service Office
9418 Jensen Drive, Houston, Texas 77093
281-876-6600 (o); 713-692-3963 (fax)
www.ss.hctx.net
Hours: 8:00 AM To 4:30 PM (M-F)
Funeral arrangements must be made and paid for by the family members. VA Only provides Chapel Services and the Plot free on charge.

NONPROFIT RESOURCES

Houston Homeless Burial Program
C/o 1418 Preston Ave., Houston, Texas 77002
713-224-1418
Services: Burial of Homeless Veterans

Dial 2-1-1 Texas/United Way Helpline or Link to 2-1-1 at www.unitedwayhouston.org 24/7
To find help with your Health and Human Service needs, all languages
FAMILY SERVICES

NATIONAL MILITARY FAMILY ASSOCIATION (NMFA)
http://www.militaryfamily.org/
http://www.operationpurple.org

Military Spouse Scholarships
http://www.militaryfamily.org/our-programs/military-spouse-scholarships/
The National Military Family Association recognizes the unique challenges today’s military spouses face in pursuing additional training or education. Frequent moves make it difficult to complete programs and establish a career. We are here to help ease the financial obstacles that accompany pursuing a higher education. A valid Military ID is the only requirement to apply for the program. The scholarship funds may be used for tuition, fees, and school room and board for:
- GED or ESL
- Vocational training
- Professional certification
- Post-secondary
- Graduate school
- In-class or on-line
- Full-time or part-time

Operation Purple Camps (OPC)
http://www.militaryfamily.org/our-programs/operation-purple/
The National Military Family Association's Operation Purple camps are a time for having fun, making friends, and reminding military kids that they are the Nation's youngest heroes.. The Operation Purple program also includes leadership camps for teens, family retreats at the national parks, and camps geared to address the needs of children and families of our nations wounded service members. Please direct questions regarding the Operation Purple program to OPC@militaryfamily.org.

Wounded Warriors + Families
Operation Purple Healing Adventures is an all expenses paid family camp experience for active duty or medically retired service members who were wounded or experienced emotional trauma or illness related to their service in Operation Iraqi Freedom (OIF) and Operation Enduring freedom (OEF). Members of the National Guard and Reserve may be in either activated or drilling status, provided their injury was sustained while on active duty status.

Family Retreats
http://www.militaryfamily.org/our-programs/operation-purple/family-retreats/
The National Military Family Association will offer four-day retreats two set in a National Park using nature's classroom, where families will have opportunities to strengthen and renew relationships, explore the natural surroundings, and participate in fun family-focused activities. These retreats are open to service members and their families who have experienced deployment within the last 15 months. To be eligible to be considered for these retreats, service members must have returned from deployment no less than 3 months or no more than 15 months prior to the start date of each retreat. Families who attend will receive a $200 stipend per family upon arrival to the retreat site to cover cost of travel. The retreats are free thanks to support from the Sierra Club and the Sierra Club Foundation.

Dial 2-1-1 Texas/United Way Helpline or Link to 2-1-1 at www.unitedwayhouston.org 24/7
To find help with your Health and Human Service needs, all languages
Military Family Award Program
http://www.militaryfamily.org/our-programs/awards/military-family-award-program/
The Association’s Military Family of the Year Award recognizes strong military families who embrace their service to the Nation, are role models in their community, and understand that together they are stronger. Nominate your family or a special family you know. One family from each of the seven Uniformed Services will be chosen, from the nominations submitted, to represent their Service branch. As you know that while one member joins, the whole family serves.

Teen Leadership Camps
http://www.militaryfamily.org/our-programs/operation-purple/teen-leadership-camps/
The Operation Purple Leadership Experience (OPLE) is for military teens that have shown an ability and willingness to lead and mentor in their military communities. The summer camps are Phase I of II of the leadership experience. Camps are united in a mutual mission: to develop strong leadership skills by giving teens the tools needed to develop self-confidence and the opportunity to test their strengths and abilities. As a condition of this free program, each teen and his or her parent(s) must sign an agreement to complete a community service project and document progress with the National Military Family Association. All participants will be required to obtain a community mentor as part of the application process.

Traditional Camps
http://www.militaryfamily.org/our-programs/operation-purple/traditional-camps/
Operation Purple camps offer a free week of summer fun for military kids with parents who have been, are currently, or will be deployed. The goal of the Operation Purple camp program is to give military children tools to help deal with the stresses that result from a parent’s deployment, through a memorable camp experience in a “purple” environment. Operation Purple camps are open to military children of all ranks and Services: active and reserve components—and give priority to children whose parents are currently within a 15 month deployment “window”).

U.S. Olympic Committee (USOC) Paralympic Military Program
http://www.usparalympics.org/ (select Military)
The U.S. Olympic Committee (USOC) Paralympic Military Program provides post-rehabilitation support and mentoring to American servicemen and women who've sustained physical injuries such as traumatic brain injury, spinal cord injury, amputation, visual impairment/blindness and stroke. Veterans are introduced to adaptive sport techniques and opportunities through clinics and camps and are also connected with ongoing Paralympic sports programs in their hometowns.

Military Sports Camps
http://www.usparalympics.org/pages/5139
Paralympic Military Sports Camps are multi-day events for veterans and military personnel with physical injuries that aim to introduce individuals to a variety of summer and winter sport opportunities. During each camp, participants attend sports clinics conducted by Paralympic athletes and coaches. All service members attend the camp at no cost. Expenses related to travel, lodging and meals are covered by the USOC.

MILITARY PERSONNEL DISCOUNTS
http://www.wdwinfo.com/discounts/discounts-military.htm
http://www.military.com/DealIndex.jsp
http://www.militaryspot.com/resources/item/military_discounts
http://www.gggaz.com/discounts.php
http://www.militaryfares.com/
http://www.celebrate-freedom.com/
http://www.forcesonline.com/
http://www.army.com/resources/military-discounts.php
http://www.airlinelowpricetickets.com/Military-Discount-Airline-Tickets.php
Air Force and Navy Lodging Discounts
http://www.dodlodging.net/

Lowe’s Discounts
http://www.lwes.com
Lowe’s Companies, Inc. will expand its support of the military by offering an all day, every day 10 percent discount to all military personnel who are active, reserve, retired or disabled veterans and their family members, with a valid, government-issued military ID card. All other military veterans will receive the discount on the Memorial Day, Fourth of July and Veterans Day weekends. The discount is available on in-stock and Special Order purchases up to $5,000. Excluded from the discount are sales via Lowes.com, previous sales, and purchases of services or gift cards. In addition to offering military discounts at specific times during the year, Lowe’s has extended benefits for its employees serving in the military and offers employment opportunities to military personnel after their military service has ended.

Military Travel Guide
http://militaryliving.com/

Vacations for Military Families
http://www.afvclub.com/

NATIONAL REHABILITATION EVENTS

National Disabled Veterans Summer and Winter Sports Clinics
www.wummersportsclinic.va.gov
www.wintersportsclinic.va.gov
The clinics are an annual rehabilitation program open to U.S. military veterans with traumatic brain injuries, spinal cord injuries, orthopedic amputations, visual impairments, certain neurological problems and other disabilities, who receive care at a VA medical facility or military treatment center. It is the largest adaptive event of its kind in the world.

Contact information for Summer Sports:
Local Organizing Committee Chair
Tristan Heaton
(858) 642 - 6426
Tristan.Heaton2@va.gov

Contact information for Winter Sports
Santo Trombetta, Event Director
(970) 242-0731
Santo.Trombetta@va.gov

National Veterans Golden Age Games
This is the only national multi-event sports and recreational seniors’ competition program designed to improve the quality of life for all older Veterans, including those with a wide range of abilities and disabilities. It is one of the most progressive and adaptive rehabilitative senior sports programs in the world, offering 14 different sports and recreational activities.

Contact information:
Dewayne Vaughan, Event Director
(202) 745-8615
Dewayne.Vaughan@va.gov

National Veterans Wheelchair Games
The largest annual wheelchair sports competition in the world, this event offers 17 different sports to veterans who use wheelchairs due to spinal cord injuries, amputations and neurological diseases. The Games provide opportunities for newly disabled veterans to gain sports skills and be exposed to other wheelchair athletes.

**National Veterans TEE Tournament**
http://www1.va.gov/vetevent/tee/2009/ToCome.cfm
Previously a local program, this new national event provides legally blind and eligible disabled veterans an opportunity to develop new skills and strengthen their self-esteem through adaptive golf and bowling events. Each year, the TEE Tournament uses a therapeutic format to promote rehabilitation, fellowship and camaraderie among participants.

**National Veterans Creative Arts Festival**
http://www1.va.gov/vetevent/caf/2009/ToCome.cfm
This annual program is the culmination of talent competitions in art, creative writing, dance, drama and music for veterans treated in the VA’s national health care system. All veterans invited to participate are selected winners of year-long, national fine arts talent competitions in which thousands of veterans enter, from VA medical facilities across the nation.

**FREEBIES/PROMOTIONS/MEALS, ETC.**
Here is list of organizations that are known to offer free, discounts, or low cost promotions to military personnel on Veterans Day Please inquire before purchasing.

- Golden Corral
- Applebees
- Outback Steakhouse
- Krispy Kreme
- McCormick & Schmick’s
- Historic Tours of America

National Parks- entrance fee waived
http://home.nps.gov/applications/dig...ements&id=8379

Anheuser-Busch Adventure Parks  - Free admission to military personnel and family
http://www.herosalute.com/cavatx/index.html

**TEXAS STATE VETERAN’S BENEFITS**
http://www.military.com/benefits/veteran-benefits/texas-state-veterans-benefits
http://www.tvc.state.tx.us/StateBenefits.html

**Texas Veterans Land Board Programs**
The Texas Veterans Land Board (VLB), a division of the Texas General Land Office, administers three veterans’ loan programs: The Land Loan Program, Veterans Housing Assistance Purchase Program, and the Veterans Home Improvement Loan Program. We have provided additional information on our site and a link to the VLB website at

http://www.tvc.state.tx.us
http://www.glo.state.tx.us/vlb/
FINANCIAL SERVICES

FEDERAL RESOURCES

VA Regional Office
6900 Almeda Rd., Houston, Texas 77030
1-800-827-1000
www.va.gov

Hours: 7:30 AM to 4:00 PM
Services: Compensation, pension, education, medical, Housing, burial benefits

- **Aid and Attendance Pension**
  1-800-827-1000
  www.va.gov
  
  **Service:** Aid and Attendance (A&A) is a benefit paid in addition to monthly pension. This benefit may not be paid without eligibility to pension. The Aid and Attendance pension benefit may be available to wartime veterans and surviving spouses who have in-home care or who live in nursing-homes or assisted-living facilities.

  **Eligibility:** For a wartime veteran or surviving spouse to qualify for this special monthly pension, the veteran must have served at least 90 days of active military service, one day of which was during a period of war, and be discharged under conditions other than dishonorable. Wartime veterans who entered active duty on or after September 8, 1980, (October 16, 1981, for officers) must have completed at least 24 continuous months of military service or the period for which they were ordered to active duty. To qualify, claimants must be incapable of self-support and in need of regular personal assistance. The basic criteria for the Aid and Attendance benefit include the inability to feed oneself, to dress and undress without assistance, or to take care of one’s own bodily needs. People who are bedridden or need help to adjust special prosthetic or orthopedic devices may also be eligible, as well as those who have a physical or mental injury or illness that requires regular assistance to protect them from hazards or dangers in their daily environment.

  **Income Requirements:** If all requirements are met, VA determines eligibility for the Aid and Attendance benefit by adjusting for un-reimbursed medical expenses from the veteran’s or surviving spouse’s total household income. If the remaining income amount falls below the annual income threshold for the Aid and Attendance benefit, VA pays the difference between the claimant’s household income and the Aid and Attendance threshold.

  The Aid and Attendance income threshold for a veteran without dependents is now $18,234 annually. The threshold increases to $21,615 if a veteran has one dependent, and by $1,866 for each additional dependent. The annual Aid and Attendance threshold for a surviving spouse alone is $11,715. This threshold increases to $13,976 if there is one dependent child and by $1,866 for each additional child. Many elderly veterans and surviving spouses whose incomes are above the congressionally mandated legal limit for a VA pension may still be eligible for the special monthly Aid and Attendance benefit if they have large medical expenses, including nursing home expenses, for which they do not receive reimbursement.

- **Housebound Pension**
  1-800-827-1000
  www.va.gov

  **Service:** Housebound is a benefit paid in addition to monthly pension. Like A&A, Housebound benefits may not be paid without eligibility to pension.

  **Eligibility:** The veteran has a single permanent disability evaluated as 100-percent disabling AND, due to such disability, he/she is permanently and substantially confined to his/her immediate premises, OR, The veteran has a single permanent disability evaluated as 100-percent disabling AND, another disability, or disabilities, evaluated as 60 percent or more disabling.

  **Income Requirements:** Same as eligibility for the Aid and Attendance benefit.
STATE RESOURCES

Houston-Galveston Area Marine Corps Coordinating Council
P.O. Box 840362, Houston, TX 77284  www.houtxmccc.org
Meets: 3rd Tuesday of every month at 6:00 PM at Bo's Place, 10050 Buffalo Speedway, Houston, Texas 77054-1302

Eligibility: Any active duty or reserve Marines and their families needing assistance
Services: Aid the members of U.S. Marine families, regular or reserve, in time of illness, hardship or financial distress. Offer scholarships for members of Marine families who need financial assistance either in secondary educational pursuits or public schooling.

Texas Veterans Commission
6900 Almeda Rd., Houston, Texas 77030
www.tvcc.state.tx.us
Hours: 7:00 AM to 4:00 PM
Services: Compensation, Pension, Education, Insurance, Burial Benefits

Texas Veterans Land Board
6900 Almeda Rd., Houston, Texas 77030
713-333-2729; 1-800 252-8389(vets)
www.glo.state.tx.us
Hours: 8:00 AM to 5:00 PM
Services: Texas State Benefits, Housing Loans, Land Loan Home Improvement Loans, Veterans State Nursing Homes
Texas Veterans State Cemetery’s web site:  www.glo.state.tx.us/vlb/cemetery/index.html

Dial 2-1-1 Texas/United Way Helpline or Link to 2-1-1 at www.unitedwayhouston.org 24/7
To find help with your Health and Human Service needs, all languages
HEALTH CARE

FEDERAL RESOURCES

**Michael E. DeBakey VA Medical Center**  
713-791-1414 or toll-free 1-800-553-2278  
VA Network Telecare Center: 713-794-8985 or toll-free 1-800-639-5137  
Pharmacy Refills: 713-794-7648 or toll-free 1-800-454-1062  
Pharmacy Helpline: 713-794-7653  
Appointment Information: 713-794-7648 or toll-free 1-800-454-1062  
VA Eligibility & Enrollment: 713-794-7288

**Outpatient Clinics**  
Beaumont VA Outpatient Clinic: 409-981-8550 or toll-free 1-800-833-7734  
Charles Wilson VA Outpatient Clinic (Lufkin): 936-637-1342 or toll-free 1-800-209-3120  
Conroe VA Outpatient Clinic: 936-522-4000  
Galveston VA Outpatient Clinic: 409-741-0256 or toll-free 1-800-310-5001  
Texas City VA Outpatient Clinic: 409-986-1129 or toll-free 1-800-310-5001

**Operations Enduring Freedom & Iraqi Freedom Coordinators**  
Transition Patient Advocate: 713-794-7034  
Veteran Care Coordinator: 713-794-8825  
Both work under the OEF/OIF Veteran Coordinator Section and are located at Michael E. DeBakey VA Medical Center.

**Vet Center** (701 N. Post Oak Road, Houston): 713-682-2288  
**Vet Center** (2990 Richmond Ave., Houston): 713-523-0884  
**Harris County Vet Center – #731** (14300 Cornerstone Village Drive, Houston): 713-578-4002

**Patient Representatives**  
Houston/Galveston/Texas City: 713-794-7884  
Beaumont: 1-800-833-7734, ext. 113  
Conroe: 936-522-4010, ext. 1952  
Lufkin: 936-633-2753

**Houston VA National Cemetery**  
281-447-8686

**VA Regional Office**  
Main Number: 713-383-1999 or toll-free 1-800-827-1000  
Compensation/Pension: 1-800-827-1000  
Home Loans: 1-888-232-2571  
Education: 1-888-442-4551

**Michael E. DeBakey VA Medical Center**  
2002 Holcombe Boulevard  
Houston, TX 77030  
713-791-1414 or 800-553-2278  
Appointments: 713-794-8985 or 800-639-5137  
Eligibility: 713-794-7288  
[www.houston.va.gov](http://www.houston.va.gov)  
Services: In addition to the main hospital and medical center, outpatient clinics are available in Lufkin, Galveston, Beaumont, Texas City and Conroe.
United States Department of Veterans Affairs (VA)
Veterans Health Administration
http://www1.va.gov/health/index.asp

Eligibility for most veterans’ health care benefits is based solely on active military service in the Army, Navy, Air Force, Marines, or Coast Guard (or Merchant Marines during WW II), and discharged under other than dishonorable conditions. Reservists and National Guard members who were called to active duty by a Federal Executive Order may qualify for VA health care benefits. Returning service members, including Reservists and National Guard members who served on active duty in a theater of combat operations have special eligibility for hospital care, medical services, and nursing home care for two years following discharge from active duty. Health Care eligibility is not just for those who served in combat. Other groups may be eligible for some health benefits. Veteran’s health care is not just for service-connected injuries or medical conditions. Veteran’s health care facilities are not just for men only. VA offers full-service health care to women veterans.

Services: VA provides a Medical Benefits Package, a standard enhanced health benefits plan available to all enrolled veterans. This plan emphasizes preventive and primary care, and offers a full range of outpatient and inpatient services within VA health care system. VA maintains an annual enrollment system to manage the provision of quality hospital and outpatient medical care and treatment to all enrolled veterans. A priority system ensures that veterans with service-connected disabilities and those below the low-income threshold are able to be enrolled in VA’s health care system.

STATE RESOURCES

University of Texas Medical Branch – Galveston
301 University Boulevard, Galveston, TX  77555
409-772-1011
www.utmb.edu
Hours: Vary by service and location
Eligibility: Varies by service
Services: In addition to the main hospital campus, outpatient clinics are available in Katy and Conroe.

University of Texas Harris County Psychiatric Center
2800 South MacGregor Way, Houston, TX  77021
713-741-5000
http://hcpc.uth.tmc.edu
Hours: Inpatient services are provided 24/7; partial hospitalization and outpatient services are open Monday – Friday, 9:00 a.m. – 3:00 p.m.
Eligibility: No age restrictions
Services: Inpatient psychiatric care and partial hospitalization; outpatient behavioral health services.

Texas Department of Assistive and Rehabilitative Services (DARS)
http://www.dars.state.tx.us/drs/index.shtml
Services: The DARS Division for Rehabilitation Services is designated as the state’s principal authority on the vocational rehabilitation of Texans with disabilities, except persons with visual impairments and the legally blind. The Division’s main purpose is to assist people with disabilities to participate in their communities by achieving employment of choice, living as independently as possible and accessing high quality services. We provide a broad array of services through the following programs: vocational rehabilitation, transitional planning, supported employment, independent living services and centers, comprehensive rehabilitation programs, and DRS rehabilitation technology resource center.
DARS.Inquiries@dars.state.tx.us
COUNTY RESOURCES

Harris County Hospital District
2525 Holly Hall, Houston, TX 77054
713-566-6400
www.hchdonline.com

- Hours: Inpatient services are provided 24/7; outpatient services vary by location.
- Eligibility: Free or discounted services available to county residents based on income.
- Services: Inpatient acute and rehabilitation care; trauma and emergency services; outpatient primary and specialty care services.

Harris County Public Health & Environmental Services
2223 West Loop South, Houston, TX 77027
713-439-6000
www.harriscountyhealth.com

- Hours: Monday – Friday, 8:00 a.m. – 5:00 p.m.
- Eligibility: Sliding scale based on income; accepts Medicaid; some services are free and most will not be denied if unable to pay.
- Services: Public health services, including immunizations, child health exams, treatment of sexually transmitted diseases, TB screening, HIV counseling and testing, and dental care, provided at five clinics for populations outside the Houston city limits.

CITY RESOURCES

Houston Department of Health and Human Services
8000 North Stadium Drive, Houston, TX 77054
713-794-9320
www.houstontx.gov

- Hours: Monday – Friday, 7:30 a.m. – 5:30 p.m.
- Eligibility: Sliding scale based on income; accepts Medicaid; some services are free and most will not be denied if unable to pay.
- Services: Public health services, including immunizations, family planning, HIV/STD testing and support services, dental, well child health services and prenatal care, provided at nine clinics for populations inside the Houston city limits.

GREATER HOUSTON AREA PUBLIC AND NONPROFIT HEALTH CLINICS

There are a number of non-profit and faith-based inpatient and outpatient health care providers in the greater Houston area. Most of these providers have charity care policies that include care for free or on a sliding fee scale based on income. Outpatient primary care services available from these providers can be found via Project Safety Net at www.projectsaftynet.net. Additionally, the Harris County Hospital District operates a 24/7 nurse triage phone line (713) 633-2255 to assist individuals unsure of whether to see a doctor or go to the hospital. Community health workers, or navigators, are available Monday – Friday, 8:00 a.m. – 5:00 p.m. at Gateway to Care (713) 783-4616 to assist individuals in locating a healthcare provider or program resources.

Community health clinics in Harris and neighboring counties offer affordable medical services. In addition to weekday hours, most of these clinics offer evening or weekend hours, and many provide walk-in services. Call the clinic nearest you for additional details on hours, services, eligibility and appointment policies. For help selecting a clinic, call Ask Your Nurse 713-633-CALL (2255) (se habla Español). Or use a computer for on-line detailed information about clinics in Harris County at the Project Safety Net website www.projectsaftynet.net

Payment at these clinics varies from a sliding scale fee basis to reduced fees. Some serve specific populations such as veterans or children as indicated. These clinics welcome you and your family and are ready to provide a
Health Home for minor health complaints such as mild fever, nausea, sore throat, earache, and many other health issues at a cost you can afford. Here is a listing of the Greater Houston Area public and private nonprofit health clinics:

Next to each clinic below is a notation of the type of clinic it is: Federal, Federally Qualified Health Clinic (FQHC) or developing as an FQHC “Look Alike” Clinic, Harris County Hospital District (HCHD), County, City, Not for Profit (NFP).

### Clinics Serving Target Populations

- **(Federal)** VA Outpatient Clinic, 2002 Holcombe Blvd., Houston, TX 77030, 713-791-1414, (Veterans Only)
- **(FQHC)** Healthcare for the Homeless – Houston, 2505 Fannin, Houston, TX 77002, 713-276-3073 (Several Sites)
- **(HCHD)** Thomas Street HIV Clinic, 2015 Thomas Street, Houston, TX 77009, 713-873-4000

### HARRIS COUNTY

**Central Houston**

- **(CITY - HCHD)** Casa de Amigos Health Center, 1615 North Main Street, Houston, TX 77009, 713-222-2272
- **(HCHD)** El Jardin Pediatrics, Ben Taub Hospital, 1504 Taub Loop, 5G, Houston, TX 77030, 713-873-KIDS
- **(FQHC)** Good Neighbor Healthcare Center, 277 W. Gray, Houston, TX 77019, 713-529-3597
- **(FQHC)** Legacy Community Health Center (CHC), 215 Westheimer, Houston, TX 77006, 713-830-3000
- **(NFP)** Texas Children’s Pediatric Associates, Cullen, 5751 Blythewood, Suite 500 Houston, TX 77021, 713-741-4078
- **(HCHD)** Martin Luther King, 3601 N. MacGregor Way, Houston, TX 77004, 713-873-4700
- **(CITY)** Medical Center Clinic, 1115 S. Braeswood, Houston, TX 77030, 713-794-9640
- **(CITY - FQHC)** South Central Houston Community Health Center - Riverside Satellite Clinic, 3315 Delano, Houston, TX 77004, 713-831-9663
- **(NFP)** San Jose Clinic, 301 Hamilton, Houston, TX 77002, 713-228-9411
- **(FQHC)** South Central Houston Community Health Center, 8610 Martin Luther King, Houston 77033, 713-734-0199
- **(FQHC)** Harris County Hospital District Healthcare for the Homeless Program, 2525 Holly Hall, Houston, TX 77002, 713-566-6515 (Several Sites)

**East End – Houston**

- **(FQHC)** Eastwood Clinic of El Centro de Corazon, 412 Telephone, Houston, TX 77023, 713-926-6229
- **(FQHC)** Navigation Clinic of El Centro de Corazon, 5001 Navigation, Houston, TX 77011, 713-926-1849

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Dial 2-1-1 Texas/United Way Helpline or Link to 2-1-1 at [www.unitedwayhouston.org](http://www.unitedwayhouston.org) 24/7

To find help with your Health and Human Service needs, all languages
(CITY - FQHC) Magnolia Clinic of El Centro de Corazon, 7037 Capitol St., Houston, TX 77011, 713-928-9560

(HCHD) Gulfgate Health Center, 7550 Office City Drive, Houston, TX 77012, 713-495-3700

(NFP) Texas Children’s Pediatric Associates, Ripley, 4410 Navigation Blvd., Suite 278, Houston, TX 77011, 713-547-8290

(CITY) Northside Health Center, 8504 Schuller Road, Houston, TX 77093, 713-694-5900

Heights

(CITY) West End Health Center, 190 Heights Blvd., Houston, TX 77007, 713-866-4149

Northwest Houston

(HCHD) Acres Homes Health Center, 818 Ringold Street, Houston, TX 77088, 281-448-6391

(NFP) Neighborhood Health Center, Northwest Memorial Hermann Healthcare System, 11097 NW Freeway, Suite B, Houston, TX 77092, 713-957-8400

(NFP) Northwest Assistance Ministries Children’s Clinic, 15555 Kuykendahl, Houston, TX 77090, 281-885-4630

(HCHD) Northwest Health Center, 1100 West 34th Street, Houston, TX 77018, 713-861-3939

(Developing as an FQHC Look-Alike) Motherland Clinic, 205 West Cross Timbers, Houston, TX 77018, 713-290-0001

(COUNTY) Antoine Health Clinic, 5815 Antoine, Suite A, Houston, TX 77091, 713-602-3300

Northeast Houston

(HCHD) Aldine Health Center, 4755 Aldine Mail Route, Houston, TX 77039, 281-985-7600

(FQHC) Denver Harbor Clinic, 424 Hahlo, Houston, TX 77020, 713-674-3326

(CITY - FQHC) Legacy Community Health Center at Lyons, 5602 Lyons, Houston, TX 77020, 713-671-3041

(HCHD) Settegast Health Center, 9105 North Wayside Drive, Houston, TX 77028, 713-633-2020

Southeast Houston

(CITY) Sunnyside Health Center, 9314 Cullen, Houston, TX 77051, 713-732-5000

Southwest Houston

(CITY - NFP) CHRISTUS Southwest Health Center, 6441 High Star, Houston, TX. 77074, 713-779-6400

(HCHD) People’s Community Clinic, 6630 DeMoss Street, Houston, TX 77074, 713-272-2600

(Developing as an FQHC Look-Alike) Hope Clinic, Asian American Health Coalition, 9800 Town Park, Suite 266, Houston, TX 77036, 713-773-0803
(Developing as an FQHC Look-Alike) Ibn Sina Foundation, Community Medical Center, 11246 South Wilcrest, Suite 190B, Houston, TX 77099, 832-328-1680

(NFP) Neighborhood Health Center Southwest, Memorial Hermann Healthcare System, 8150-C Southwest Freeway, Houston, TX 77074, 713-981-1605

(NFP) Texas Children’s Pediatric Associates, Gulfton, 5900 Chimney Rock, Suite Y, Houston, TX 77081, 713-661-2951

(CITY) Southwest Community Health Clinic, 6441 Highstar Drive, Houston, TX 77074, 713-779-6400

(CITY - HCHD) Baytown Health Center, 1602 Garth Road, Baytown, TX 77520, 281-427-6757

Cure Health and Wellness
6009 Richmond Ave., Suite 120
Houston, TX 77057
713-278-CURE (2873); 713-278-2875 Fax
curehealth@gmail.com
http://www.curehealthandwellness.com
Hours: Monday – Friday, 10:00 AM – 6:00 PM
After hours and Saturday appointments available by request
Eligibility: Adults who have no insurance. Accepts cash or credit card payments only.
Services: A self-pay clinic, providing quality, affordable medical care for individuals without insurance at affordable prices. Services include women’s health (Pap tests, breast health, birth control), men’s health, STD screening, sick visits, and chronic disease management (high blood pressure, high cholesterol, thyroid disease, etc.). Appointments are available by request, but not necessary.

Katy

(NFP) Breath of Life Clinic, 21715 Kingsland Blvd., Suite 103, Katy, Texas 77450, 281-398-7353

Humble

(HCHD) E.A. “Squatty” Lyons Health Center, 1712 First Street, Suite M20, Humble, TX 77338, 281-446-4139

(COUNTY) Humble Health Clinic, 1730 Humble Place Drive, Humble, TX 77338, 281-446-4222

La Porte

(COUNTY) LaPorte Health Clinic, 1009 South Broadway, La Porte, TX 77571, 281-471-4202

Pasadena

(FQHC) Pasadena Community Health Center, 908 Southmore, Suite 100, Pasadena, TX 77502, 713-554-1091

(HCHD) Strawberry Health Center, 927 E. Shaw Road, Pasadena, TX 77506, 713-982-5900

(COUNTY) Southeast Community Health Center, 3737 Red Bluff Road, Pasadena, TX 77502, 713-740-5000

Spring Branch

(FQHC) Spring Branch Community Health Center, 9325 Kempwood Drive, Houston, TX 77080, 713-462-6565
Tomball

(NFP) TOMAGWA Ministries Medical Clinic, 13414 Medical Complex, Drive #1, Tomball, TX 77375, 281-357-0747

BRAZORIA COUNTY

(FQHC) Alvin Community Health Endeavor, DBA Brazoria Regional CHC, 1111 W. Adoue, Building A, Alvin, TX 77511, 281-331-0490

CHAMBERS COUNTY

(FQHC) Bayside Community Hospital and Clinic, 312 Miller Street, Anahuac, TX 77514, 409-267-4126

FORT BEND COUNTY

(FQHC) Fort Bend Family Health Center - New Hope Clinic for Children, 10435 Greenbough, Suite 300, Stafford, TX 77477, 281-261-0182 (A small portion of Stafford is in Harris Co.)

(FQHC) Fort Bend Family Health Center, 400 Austin Street, Richmond, TX 77469, 281-342-4530

GALVESTON COUNTY

(FQHC) 4Cs Clinic, Galveston County Hospital District, 4700 Broadway, Suite 100, Galveston, TX 77550, 409-938-2401

(FQHC) 4Cs Clinic – Community Family Center, 2000 Texas Avenue, Texas City 77590, 409-949-3407

LIBERTY COUNTY

(FQHC) Health Center of Southeast Texas, 207 E. Crockett, Cleveland, TX 77327, 281-592-2224

MATAGORDA COUNTY

(Developing as an FQHC Look-Alike) Matagorda Episcopal Health Outreach Program, 101 Avenue F North, Bay City, TX 77414, 979-245-2008

MONTGOMERY COUNTY

(FQHC) Lone Star Family Health Center, 704 Old Montgomery Rd. (FM 2854), Conroe, TX 77301, 936-539-4004

(NFP) The Community Clinic, 101 Pine Manor Dr., Oak Ridge North, TX 77385, 281-364-7889

WALLER COUNTY

(FQHC) Fort Bend Family Health Center, Waller County Center, OJ Baker & RB Evans Owen-Franklin Health Center, Second Floor, Prairie View A&M University, Prairie View, TX 77446, 936-857-2726.
FEDERAL RESOURCES

Department of Veterans Administration (VA) Office
6900 Almeda Road, Houston, TX 77030
Benefits Information: 1-800-827-1000
Telecommunications Device for the Deaf (TDD): 1-800-829-4833
Loan Guaranty Information: 1-888-232-2571
Hours: 8:00 AM - 4:00 PM Monday through Friday (excluding Federal Holidays).

Home Loan
Eligibility: Generally, the following persons are eligible:

- Veterans who were discharged since 9/16/40, under other than dishonorable conditions
- Military personnel on active duty who have served a minimum period
- Certain Reservists and National Guard members
- Surviving spouses of certain deceased veterans

Description: VA-guaranteed loan can be used to:

- Buy a home, a manufactured home, or a condominium
- Buy a lot for a manufactured home
- Build, repair, or improve a home (including energy efficient improvements)
- Refinance an existing loan

Specially Adapted Housing Grant
Veterans who have specific service-connected disabilities may be entitled to a grant for the purpose of constructing an adapted home or modifying an existing home to meet their adaptive needs. The SAH grant is generally used to create a wheelchair accessible home. This grant is currently limited to $50,000.

The SAH grant is available to veterans who have a service-connected disability due to military service, entitling them to compensation for permanent and total disability due to:

- The loss or loss of use of both lower extremities, such as to preclude locomotion without the aid of braces, crutches, canes, or a wheelchair, or
- Blindness in both eyes, having only light perception, plus loss or loss of use of one lower extremity, or
- The loss or loss of use of one lower extremity together with (1) residuals of organic disease or injury, or (2) the loss or loss of use of one upper extremity, which so affects the functions of balance or propulsion as to preclude locomotion without the aid of braces, crutches, canes, or a wheelchair or,
- Loss or loss of use of both upper extremities such as to preclude use of arms at or above elbow.

Special Home Adaptation Grant
Veterans who have specific service-connected disabilities may be entitled to a grant for the purpose of modifying an existing home to meet their adaptive needs. The Special Home Adaptations (SHA) grant is generally used to assist veterans with mobility throughout their homes. This grant is currently limited to $10,000.

The SHA grant is available to veterans who have service-connected disability due to military service, entitling them to compensation for permanent and total disability due to:

- Blindness in both eyes with 5/200 visual acuity or less or,
- The anatomical loss or loss of use of both hands or extremities below the elbow.
Home Improvements and Structural Alterations Grant

Under the Home Improvements and Structural Alterations (HISA) program, veterans with service-connected disabilities or veterans with non-service-connected disabilities may receive assistance for any home improvement necessary for the continuation of treatment or for disability access to the home and essential lavatory and sanitary facilities. A HISA grant is available to veterans who have received a medical determination indicating that improvements and structural alterations are necessary or appropriate for the effective and economical treatment of his/her disability. A veteran may receive both a HISA grant and either a SHA or SAH grant.

The HISA program is available for both service-connected veterans and non service-connected veterans.

- Home improvement benefits up to $4,100 may be provided to service-connected veterans.
- Home improvement benefits up to $1,200 may be provided to non-service-connected veterans.

**Fisher House at the DeBakey VA Hospital.**

2002 Holcombe Boulevard, Houston, TX 77030  
713 794-8095, Fax 713 794-7971  
frank.kelly@med.va.gov (manager)

Services: A Fisher House™ is “a home away from home” for families of patients receiving medical care at major military and VA medical centers. These homes enable family members to be close to a loved one during the hospitalization for an unexpected illness, disease, or injury. Eligibility and costs: Fisher Houses offer respite to the families of veterans who do not live within commuting distance of a U.S. military hospital or VA medical center. Criteria established locally by hospital. There are no room fees at Fisher Houses operated by the Department of Veterans Affairs.

Description: The Houston Fisher House contains 21 fully handicapped-accessible suites, each with two double beds and a private bathroom. The house also has a communal kitchen with private locked cupboards for each family, built-in range, refrigerator, freezer and pantry area, as well as a large common room, dining room, family room, and a laundry room with multiple washers and dryers.

**STATE RESOURCES**

Texas Veterans Land Board - Houston Outreach Office

6900 Almeda, Houston, TX 77030  
713-383-2729; 1-800-252-VETS (8387)  
www.vlbinfo@glo.state.tx.us and http://www.glo.state.tx.us/vlb/  
Hours: 8:00 AM - 4:00 PM Monday through Friday (excluding Federal Holidays).  
Eligibility: http://www.glo.state.tx.us/vlb/vhap/houselig.html

Services: Provides Texas veterans with loans for land, housing, and home improvement. When requesting application materials, applicants must be sure to specify the program(s) in which they are interested. Interest rates can change, as they are determined by the rate the Texas Veterans Land Board pays on applicable bond proceeds. These Texas veterans' loan programs are not associated with the federal VA; therefore, even if the vet has used their VA benefits, they may still be eligible for these state loan programs.

The Veterans Housing Assistance Program (VHAP) provides financing up to $325,000 toward the purchase of a home to qualified Texas veterans.

The Texas Veterans Land Board (VLB) will lend eligible Texas veterans up to $25,000 for up to 20 years on a fixed-rate note to make substantial repairs to their existing primary residence. No down payment is required. The Texas Veterans Land Board (VLB) will purchase the tract of land in which you are interested directly from the seller. The VLB then resells the land to you by a 30-year contract of sale.

Dial 2-1-1 Texas/United Way Helpline or Link to 2-1-1 at www.unitedwayhouston.org 24/7
To find help with your Health and Human Service needs, all languages.
COUNTY RESOURCES

Harris County Housing Resource Center (HRC)
8410 Lantern Point, Houston, TX 77054
Recorded telephone helpline at 713-578-2055 is available 24/7 in Spanish, Vietnamese, as well as English.
http://www.hrc.hctx.net
Business hours: Monday—Friday, 8:00 AM – 5:00 PM
Services: HRC is a service of the Harris County Community Services Department. The Housing Resource Center is Harris County's first stop in housing programs and services. They have information on affordable housing and community resources collected from all over Harris County, Texas. The mission of the Housing Resource Center is to aide the community in finding decent, safe, and affordable housing in a manner that promotes equal opportunity and fair housing.

Harris County Community Services Department
8410 Lantern Point Drive, Houston, TX 77054
Main: 713-578-2000
www.csd.hctx.net
Hours: Monday—Friday, 8:00 AM – 5:00 PM
Eligibility: Please call for information
Description: Down-payment Assistance Program (DAP) and Home Repair Program

Harris County Recovers
16602 Diana Lane
Houston, TX 77062
Main: 877-332-8014
http://www.harrisrecovery.org
Description: In an effort to assist the community with disaster recovery, Harris County Community Services Department (HCCSD) has now launched the Harris County Recovers website: http://www.harrisrecovery.org/. This website will be updated frequently with information regarding available disaster recovery programs. Please check the website regularly for additional information and news about how Harris County is helping to restore areas severely damaged by Hurricane Ike. For additional information about Harris County recovery efforts, please visit the Harris County Community Services Department website (http://www.csd.hctx.net) for news, events, and quick links related to recovery and rebuilding. In addition, for affordable housing needs, emergency financial assistance and other resources for assistance, please visit http://www.hrc.hctx.net

CITY RESOURCES

Housing Community Development Department
601 Sawyer, Houston, TX 77007
Main: 713-868-8300; 713-522-HOME
http://www.houstonhousing.org/
Hours: Monday – Friday, 8:00 AM – 5:00 PM
Eligibility: Sliding scale based on income
Description: City of Houston has two housing assistance programs and one home repair program: Homebuyer Assistance Program (HAP) and Good Neighbor Next Door Program (GNND)

Assisted Living Locators
8321 Sand Point Drive.
Houston, TX 77036
Patricia Sullens, LMSW, Undercare Advisor
877-534-1292; 281-204-3771 Cell, 713-513-5063 Fax
www.houston.assistedlivinglocators.com
psullens@assistedlivinglocators.com
Eligibility: Seniors who require assistance with support services
Description: A no cost referral service for long-term care and senior housing options. An independent LMSW assesses the needs of the client either by phone or in person to evaluate all aspects of care such as healthcare needs, social activities, memory care, location and financial features to select an assisted living facility best suited for you or your loved one. Services are available 7 days a week. Call for an in-depth assessment.
U.S. VETS Residential Assistance– Houston; with two locations in Houston, [http://www.usvetsinc.org/forvets/](http://www.usvetsinc.org/forvets/)

The DeGeorge SRO at Union Station/ Veterans Health Care & Service Center
1418 Preston Avenue, Houston, TX 77002; 713-229-8122, 713-794-7533 Fax: 713-229-8648

Midtown Terrace
4640 Main Street, Houston, TX 77002; 832-203-1626, Fax: 832-203-1630
Provides housing and program support for "formerly" homeless veterans in the downtown area.

NONPROFIT AND FAITH-BASED RESOURCES

There are a number of non-profit and faith-based housing providers in the greater Houston area. These providers have various eligibility policies. Most can be reached through calling 2-1-1 and discussing your specific situation with the telephone counselor. Some specific programs include:

Bay Area Builders Association
2951 Marina Bay Drive, Suite 130-530 League City, TX 77573
Phone: 281-970-8970, ext. 171
E-Mail: [CSaxon@ghba.org](mailto:CSaxon@ghba.org).
Services: Each year, BABA members come together to assist an injured American soldier and their family. For three consecutive years, members have volunteered their time, energy and financial support to contribute to the construction of new homes for selected American soldiers.

Coalition for the Homeless of Houston/Harris County, Inc.
713-739-7514
[www.homelesshouston.org](http://www.homelesshouston.org)
Services: Will help veterans find services and programs that offer shelter and transitional living arrangements for the homeless, as well as for individuals and families at risk of becoming homeless.

Free Bed and Breakfast for Returning Veterans
979-378-1108
Services: Thirty five cottages, inns and bed and breakfasts in Central Texas are offering free stays to those who served in Iraq or Afghanistan. Veterans who have just returned or those home since 2005 and their spouses are eligible. Call for more information and a list of participating businesses.

Helping A Hero
P.O. Box 890786
Houston, TX 77289
888-786-9531
[www.helpingahero.org](http://www.helpingahero.org)
Services: The Wounded Hero Home Program and Helping A Hero have merged as a 501(c)(3) organization dedicated to meeting unmet needs of wounded veterans from Iraq and Afghanistan.

Homes For Our Troops
866-787-6677
[www.homesforourtroops.org](http://www.homesforourtroops.org)
Eligibility: Injured Iraq and Afghanistan veterans.
Services: Builds new homes or adapts existing homes for handicapped accessibility at no cost.

Housing Corporation of Greater Houston
713-526-9470; Fax 713-526-1849
E-Mail: [HOUSCORP@aol.com](mailto:HOUSCORP@aol.com)
Services: Housing for veterans with little or no income.
Houston Area Urban League  
713-393-8700  
www.haul.org  
Eligibility: All veterans.  
Services: Department of Housing and Urban Development (HUD) approved housing counseling agency providing one-on-one counseling for first time home buyers and financial counseling.

Home of Your Own (HOYO) Program  
United Cerebral Palsy of Greater Houston – soon to be Easter Seals  
4500 Bissonnet, Suite 340, Bellaire, Texas 77401  
www.ucphouston.org  
713-838-9050 Ext. 320  
pcolvard@ucphouston.org  
Eligibility: At least one member in the household must have a disability. Total household income must be below 80% AMI. Other eligibility guidelines apply.  
Services: Down Payment assistance to purchase their first-time home in Harris, Ft. Bend, or Montgomery County. Down Payment Assistance Workshops for prospective homebuyers, HUD-certified Homebuyer’s Education Classes, and financial counseling is provided.

United States Veterans Initiative-Houston  
Offices: 4604 Main Street, Houston, TX 77002: (832) 203-1626 tmitchell@usvetsinc.org  
Hours: Mon-Fri 8:00 AM – 5:00 PM  
www.usvetsinc.org  
Eligibility: Homeless, in-transition, and at-risk veterans  
Explanation of Benefits: Veterans in Progress (VIP) – 52 bed program facilitating homeless veterans obtain greater self-determination through housing, employment, and improved life skills. Critical Time Intervention (CTI) – 35 bed program tailored to chronically homeless veterans with severe mental illness including Post Traumatic Stress Disorder. Permanent Housing for Disabled Veterans (PHDV) – 54 bed program designed to aid veterans suffering with permanent mental or physical disabilities by providing long-term rental subsidies and supportive case management services.

Service Center: 1418 Preston Ave., Houston TX 77002: (713) 229-8122 shassell@usvetsinc.org  
Hours: Mon-Fri 8:00 AM - 8:00 PM, Sat 9:00 AM – 5 PM, Sun 9:00 AM – 1:00 PM  
Services: The Service Center provides intake and referrals into our programs, computer email, voicemail, fax and copy machines, sack lunches, and initial case management services all the while being adjacent to the Veterans Administration (VA) Downtown Drop-In Clinic and on the ground floor of an SRO housing facility.
LEGAL SERVICES

FEDERAL RESOURCES

The Veterans Consortium Pro Bono Program
701 Pennsylvania Avenue, NW, Ste 131, Washington, D.C. 20004
202-628-8164; Toll Free: 888-838-7727; Fax: 202-628-8169
Email: mail@vetsprobono.org
www.vetsprobono.org
Eligibility: Must meet all of the following criteria:
• You are a veteran (or qualifying family member of a veteran)
• You have received an adverse decision from the Board of Veterans’ Appeals (BVA)
• You have appealed that BVA decision to the U.S. Court of Appeals for Veterans Claims (the court)
• You do not have an attorney to help you
• You ask us for our assistance and you meet our program’s financial eligibility guidelines
Description: The Veterans Consortium Pro Bono Program provides: free attorneys to veterans and their qualifying family members who have an appeal pending at the U.S. Court of Appeals for Veterans Claims (Court). If an appellant has filed an appeal with the Court, he or she can request assistance from The Veterans Consortium. Each appellant who requests Pro Bono Program assistance receives a thorough review of his or her Veterans Affairs claim file. Approximately 40% of the cases evaluated by the Program are accepted for referral to a volunteer attorney. An appellant whose case is not accepted into the Program receives substantive legal advice about his or her case and an explanation as to why the Consortium cannot place the appeal with a volunteer attorney.

CITY RESOURCES

Houston Bar Association
1001 Fannin, Suite 1300
Houston, TX 77002
713-759-1133, Fax 713-759-1710
www.hba.org
Legal advice clinics for veterans
• Michael A. DeBakey VA Medical Center - Every Friday, from 2:30 PM - 5:00 PM
• DeGeorge at Union Station - first Tuesday of each month, from 5:30 PM - 7:30 PM
• US Vets at Midtown Terrace - third Thursday of each month, from 6:30 PM - 8:30 PM

Houston Volunteer Lawyers Program
712 Main Street, Suite 2700, Houston, Texas 77002
713-228-0735; Fax: 713-228-5826
Email: info@hvlp.org www.hvlp.org
Eligibility: http://www.hvlp.org/clients/Eligibility_Calc.aspx
To qualify for service you must:
• Be a resident of Harris County
• Generally have a household income no greater than 175% of the federal poverty guidelines
• Be current with child support payments, if applicable
Description: Houston Volunteer Lawyers Program provides pro bono legal services to low-income men and women of Harris County and to promote volunteerism among the legal community. Houston Volunteer Lawyers Program handles most types of civil cases, including family law, consumer issues, landlord/tenant, and disability in limited cases, estate planning, probate and guardianship, and tax controversies.
Services: Free legal clinic for veterans conducted on the fourth Friday of every month at the Michael E. DeBakey VA Medical Center.
Contact: 713-228-0732
NONPROFIT RESOURCES

Worklife Institute
1900 Saint James Place, Suite 880
Houston, TX 77056
713.963.9456; 713-266-0845 Fax

**Hours:** Monday – Friday, 9 am – 7 pm and Saturdays by appointment.

**Eligibility:** OEF/OIF Veterans and Families

**Explanation of Benefits:** Worklife Institute’s OEF/OIF Reentry and Worklife Transition program offers services, free of charge, to OEF/OIF Veterans and their families.

**Services:** Career Transition, Family and Personal Counseling, and Legal Consultation and Referral. The program also provides various Seminars and Workshops such as Work Orientation and Parenting Seminars. The Institute resource center offers hospitality, a library, meeting facilities, computers and other office equipment for its clients.
MENTORING AND ACCESS TO SERVICES


FEDERAL PROGRAMS

In addition to the national service organizations mentioned above in the ONE STOP Resource Centers service organization chapters, posts, detachments, etc.

American Ex-Prisoners of War
American Ex-Prisoners of War
Texas Gulf Coast Chapter
6403 Lindyann, Houston TX 77008
713-864-5208
http://www.axpow.org/
Eligibility: Former POW (military or civilian)
Services: Help those affected by their capture deal with the trauma through friendship of those who shared a common experience.

American Legion
American Legion Post
10216 Challenger 7 Drive, Houston, TX 77029; 713-673-5771

American Legion Post 490
11702 Galveston Road, Houston, TX 77034; 281-481-1179

American Legion Post 594
7139 Dixie Drive, Houston, TX 77087; 713-643-2452

American Legion Harrisburg Post 472
7599 Avenue Centre, Houston, TX 77012; 713-926-2420

American Legion North Harris Post 360
217 Fm 1960 Road West, Houston, TX 77090; 281-893-3200

American Legion Posts 521, Office
2221 Preston Street, Houston, TX 77003; 713-472-4255

American Legion Posts 586
708 East Parker Road, Houston, TX 77076; 713-691-7741

American Legion Posts 578
3415 Aldine Mail Road, Houston, TX 77039; 281-442-0578
American Legion Post 654 Spring Branch Post  
3105 Campbell Road, Houston, TX 77080; 713-462-5290

American Legion Posts 416 S P Lines Post  
1216 West Clay Street, Houston, TX 77019; 713-528-3812

American Legion Posts 560, Office  
3720 Alba Road, Houston, TX 77018; 713-697-8564

American Legion Post 560 Club Room  
3720 Alba Road, Houston, TX 77018; 713-682-9287

American Legion Post  
1601 16th St, Galena Park, TX 77547; 713-455-8860

American Legion Post 644  
16417 Market St, Channelview, TX 77530; 281-452-0466

American Legion Post 615  
21130 Legion Rd, New Caney, TX 77357; 281-354-3403

American Legion Post 658  
14118 Fm 2100 Rd, Crosby, TX 77532; 281-328-1814

American Legion Post 554  
1650 Highway 3 S, League City, TX 77573; 281-316-5058

American Legion Post 132  
307 Charles St, Humble, TX 77338; 281-540-2618

American Legion Post 360  
200 Frels Ln, Houston, TX 77076; 713-691-9744

Amvets  
Amvets, Post 2  
1504 Ahrens Houston, TX 77017; 713-644-3773

Armed Forces Services Corporation  
Toll Free: 1-888-AFSC-USA (237-2872)  
http://www.afsc-usa.com/services.html  
Eligibility: Must be a member to receive services! Services are given regardless of location so long as one can verify membership. Serves all branches of the military  
Services: Provide insurance counseling, benefit claims assistance, financial awareness services, and personal assistance to the veteran’s family.

Blinded Veterans Association  
Dr. Sidney Ordway  
docsogo@swbell.net  
210-657-0059 (w)  
http://www.bva.org/  
Eligibility: Serve veterans who have lost their sight through military service and their dependents.
Services: Field Service Program - link veterans with services, rehabilitation training and other benefits. When blinded veterans are ready to go back into the work force, BVA Field Reps can help them find jobs.

Blue Star Mothers of America, Inc.
P.O. Box 6121, Kingwood, TX 77325
BlueStarMomsHoustonArea@yahoo.com
Eligibility: Mothers whom now have, or have had, children honorably serving in the military
Services: Non-profit (501[c]3) service organization supporting each other and our children while promoting patriotism and services for service men and women.

Disabled American Veterans

Disabled American Veterans Ch 1
2600 Aldine Westfield Rd, Houston, TX 77093, 713-923-8636
Meets 1st Monday of each month at 7:00 PM
www.dav.org
Eligibility: Caters to all military branches including active duty national guard members
Services: Primary function is as advocates that help veterans and their families with benefits and entitlements, but also provides: Transporting vets to health facilities, manages a veteran thrift store, provides disaster relief for veterans and their families who lost their homes in Katrina/Rita

Disabled American Veterans Ch. 9
Bayland Community Center
6400 Bissonnet, Houston, TX 77093, 713-383-2715
Meets 1st Tuesday of each month at 6:00 PM
www.dav.org
Eligibility: Caters to all military branches including active duty national guard members
Services: Primary function is as advocates that help veterans and their families with benefits and entitlements, but also provides: Transporting vets to health facilities, manages a veteran thrift store, provides disaster relief for veterans and their families who lost their homes in Katrina/Rita

Disabled American Veterans, Ch 126
VFW Hall
8204 N. Main St. Baytown, TX 77521 832-344-6847
Meets 1st Monday of each month at 7:00 PM

Fleet Reserve Association
4810 Pine Ave., Pasadena, TX 77506
713-920-1558, http://www.fra.org/
Eligibility: Current and former enlisted members of the U.S. Navy, Marine Corps, and Coast Guard.
Services: Represents the interests of the Sea Service community before the U.S. Congress as well as assists its members with career problems by maintaining close liaison with the Departments of Defense, Veterans Affairs, Homeland Security, and other government agencies

Houston-Galveston Area Marine Corps Coordinating Council
Bo's Place, 10050 Buffalo Speedway, Houston, TX
Meets 3rd Tuesday of each month at 6:00 PM
www.houtxmccc.org
Eligibility: All active duty, active reserve or honorably discharged United States Marines are welcome to join
Services: Promote in the community a method whereby U.S. Marines, either regular or reserve, and their families are made to feel a part of the community family; aid the members of U.S. Marine families, regular or reserve, in time of illness, hardship or financial distress; offer scholarships for members of Marine families who need financial assistance either in secondary educational pursuits or public schooling.
Lone Star Veterans Association (LSVA)
1216 W. Clay St. Houston, TX 77019, 832-393-8147
www.LoneStarVeterans.org

Eligibility: LSVA’s mission is to help connect our generation of veterans into a united service, leadership and social organization of those who have served in support of OEF/OIF at home or abroad since 9/11.

Services: LSVA will provide an accessible support system and social outlet for the service members and veterans transitioning back into civilian life with programs that provide: TAP classes featuring local resources for returning veterans, employment assistance, vet-to-vet peer-mentoring, social networking and community service events.

Marine Corp League

Marine Corps League Det 324
Old Hickory Inn
3334 FM 1092 Missouri City, TX 77459
Meets 2nd Tuesday of each month at 7:00 PM

Marine Corps League Det 671
Latino Learning Center
3522 Polk St. Houston, TX 77261
Meets 4th Monday of each month at 7:00 PM

Marine Corps League Det. 1295
Katy Elks Lodge # 2628
1060 Katy Fort Bend Rd. (across from Katy Mills), Katy TX 77493
Meets 2nd Monday of each month at 7:00 PM
www.usmcmarine1.org

Marine For Life Program
Masraff's Restaurant, 1753 South Post Oak Blvd., Houston, TX 77056; 713-355-1975
Meets 3rd Thursday of each month at 11:30 AM
Cost: Free for Transitioning Marines / Sailors; $25 for Employers and Mentors
www.m41.usmc.mil and http://groups.google.com/group/houston-marine-for-life

Eligibility: Caters to all military branches including active duty National Guard members

Services: The Marine For Life Houston team hosts a monthly luncheon on the third Thursday of the month. The purpose of this luncheon is twofold: 1) It helps build our network among employers and explain our mission and 2) It gives us an opportunity to bring transitioning marines/sailors and prospective employers/mentors together. RSVP to m4lhouston@gmail.com

Military Order of the Purple Heart

Military Order of the Purple Heart Chapter 723
VFW Hall
6206 George Bush Dr. Katy, TX 77493; 281-633-0098
Meets 3rd Thursday of each month at 7:00 PM
www.purpleheart.org

Eligibility: Combat Wounded veteran

Military Order of the Purple Heart, Chapter 782
Splendora Community Center
16401 First St. Splendora, TX 77372; 282-454-7207
Meets 2nd Saturday of each month at 10:00 AM
www.purpleheart.org

Eligibility: Combat Wounded veteran
Military Order of the Purple Heart, Chapter 911  
American Legion Post 554  
Highway 3 South, League City, TX 77573; 281-339-1790  
Meets 3rd Saturday of each month at 10:00 AM  
www.purpleheart.org  
Eligibility: Combat Wounded veteran

National Amputation Foundation  
Website: http://www.nationalamputation.org/  
Houston Branches:  
Amputee activity group: 10326 Castleton. Houston, TX 77016; 713-631-8169  
Houston bayou city amputee support group: P.O. Box 15354. Houston, TX 77220-5354; 713-675-7517.  
Organization of active amputees: 4839 Gretna Green. Houston, TX 77084; 281-656-2163  
Stepping Out And Reaching (SOAR). 4903 Spruce St. Bellaire, TX 77401-4034; 713-665-4829  
Eligibility: Serve all military branches that have undergone an amputation for service related injuries.  
Services: Provide home, hospital or nursing home visits for peer counseling and support to any person who has had or will be having a major limb amputation. If the person does not live within a drivable distance, they will call them to offer the same support. Resource and recreational support is also offered.

Non-Commissioned Officers Association (NCOA)  
NCOA, 10635 IH 35 N, San Antonio, TX 78233  
800-662-2620 x501  
http://www.ncoausa.org/  
Eligibility: Serves all five branches of the military including National Guard and reserve components. Note: membership required to have access to full membership benefits regardless of location  
Services: Provide several programs ranging from the Disaster Relief Fund, which assist vets with emergency needs (fires, floods, etc.), Medical Fund, which provides grants that assist with medically related expenses (not actual medical bills), National Defense Foundation, which provides advocacy for a strong national defense policy, and a Scholarship Fund that are awarded to the children and spouses of NCOA members each year.

Paralyzed Veterans of America  
Contact: PVA, 2807 Old Spanish Trail, Suite A Houston, TX 77054; 713-520-8782 texaspva@houston.rr.com  
www.pva.org  
Eligibility: Cater to all branches of the military that have: spinal cord injuries, ms, paralyzed, etc. Do not service dependents  
Services: Have a series of programs ranging from advocacy and recreation to legislative agendas

U.S. Vets Initiative – Peer to Peer CTI Program: Vet to Vet  
713-229-9122  
http://www.uh.edu/veterans/  
Eligibility: Serves all military branches and their dependents  
Services: Peer-to-Peer veteran counseling, transitional living assistance, career centers, etc.

Veterans of Foreign Wars  
www.vfw.org

Veterans of Foreign Wars, Post 581, 27 Farrell St, Houston, TX; 713-697-7273  
Meets 3rd Monday of the month at 7:00 PM

Veterans of Foreign Wars, Post 912, 8204 North Main St, Baytown, TX; 281-421-1257  
Meets 1st Tuesday of the month at 6:30 PM

Veterans of Foreign Wars, Post 2427, 14408 Alice Rd, Tomball, TX; 281-351-2427  
Meets 1st and 3rd Tuesday of each month at 7:00 PM

Dial 2-1-1 Texas/United Way Helpline or Link to 2-1-1 at www.unitedwayhouston.org 24/7  
To find help with your Health and Human Service needs, all languages
Veterans of Foreign Wars, Post 4344, 6344 Skyline Dr, Houston, TX.  
Meets 3rd Wednesday of each month at noon

Veterans of Foreign Wars, Post 4395, 7407 Spencer Highway, Pasadena, TX; 281-476-5009  
Meets 2nd Tuesday of each month at 7:30 PM

Veterans of Foreign Wars, Post 4711  
7121 Calhoun Blvd. Houston, TX; 713-734-6124  
Meets 2nd Monday of each month at 8:00 PM

Veterans of Foreign Wars, Post 5619, 5217 Cedar St, Bellaire, TX; 713-665-1366  
Meets 3rd Wednesday of each month at 7:00 PM

Veterans of Foreign Wars, Post 6010, 1602 State St. Houston, TX; 713/308-8961  
Meets 2nd Wednesday of each month at 12:00 PM

Veterans of Foreign Wars, Post 7210, 808 ½ Magnolia St. Crosby, TX; 281/328-1239

Veterans of Foreign Wars, Post 8251, Port Hole Yacht Club La Porte, TX  
Meets 3rd Tuesday of each month at 7:00 PM

Veterans of Foreign Wars, Post 8790, 1560 Foley St. Houston, TX; 713-456-1342  
Meets 2nd Tuesday of each month at 7:00 PM

Veterans of Foreign Wars, Post 8905, 21902 Hempstead Hwy. Cypress, TX; 281-469-6632  
Meets 2nd Wednesday of each month at 7:30 PM

Veterans of Foreign Wars, Post 8928, 8058 Swiss Ln. Houston, TX; 713-991-4233  
Meets 3rd Tuesday of each month at 7:30 PM

Veterans of Foreign Wars, Post 8930, 7327 Texarkana St. Houston, TX; 713-674-3156  
Meets 1st Thursday of each month at 7:00 PM

Veterans of Foreign Wars, Post 9187, 6101 East Mt. Houston Rd. Houston, TX; 281-987-1392  
Meets 1st Tuesday of each month at 7:30 PM

Veterans of Foreign Wars, Post 9188, 1112 Dallas St. South Houston, TX; 281-648-7668  
Meets 3rd Monday of each month at 7:00 PM

Veterans of Foreign Wars, Post 9296, 1214 Maxey RD. Houston, TX; 713-453-1320  
Meets Last Sunday of each month at 3:00 PM

Veterans of Foreign Wars, Post 9761, 1508 Crosby-Dayton Rd. Crosby, TX; 281-328-1108  
Meets 2nd Tuesday of each month at 7:00 PM

Veterans of Foreign Wars, Post 10352, 16032 Waverly Houston, TX; 281-443-2023  
Meets 2nd Tuesday of each month at 7:30 PM

Veterans of Foreign Wars, Post 10462, 823 Madolney, Houston, TX; 713-450-3925  
Meets 1st Thursday of each month at 7:30 PM

Dial 2-1-1 Texas/United Way Helpline or Link to 2-1-1 at www.unitedwayhouston.org 24/7  
To find help with your Health and Human Service needs, all languages
**Wounded Warrior Project**

John Roberts, National Service Director
6900 Almeda+ Road, Houston, TX 77030  [www.woundedwarriorproject.org](http://www.woundedwarriorproject.org)

**Eligibility:** Severely wounded and injured OEF/OIF veterans

**Services:** To raise awareness and enlist the public’s aid for the needs of severely injured service men and women, to help severely injured service members aid and assist each other, and to provide unique, direct programs and services to meet the needs of severely injured service members.

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**FAITH-BASED SERVICE ORGANIZATIONS**

**Catholic Charities**
2900 Louisiana, Houston, TX 77006
713-526-4611  [www.catholiccharities.org](http://www.catholiccharities.org)

**Services:** Offer family counseling services, temporary housing for out-of-town persons receiving medical treatment in the Texas Medical Center, family assistance services such as food and financial assistance, parish social ministry outreach, and social advocacy. These programs are open to **ALL** veterans regardless of religious background.

**Catholic War Veterans Post 526**
[cwvlmt@aol.com](mailto:cwvlmt@aol.com)
Website: [http://cwv.org/](http://cwv.org/)

**Eligibility:** Caters to all branches of the military regardless of location.

**Services:** The primary objective of the Catholic War Veterans is to make the entire nation acutely aware of the struggle and needs of many veterans, their widows and children.

**Jewish War Veterans of the U.S.A.**
(Houston) James McClain 713-682-1003
710 N Post Oak Rd, Houston, TX, 77024

**Eligibility:** Caters to all military branches regardless of religious background

**Services:** Provides programs / services in Americanism (i.e. funeral services, etc), Boy Scouts, Civil Rights, Memorial Day Services, Women in the Military, etc.

**St. Hyacinth Catholic Church**
2921 Center Street, Deer Park, TX 7536

**Services:** Have social ministry services that they are willing to extend to veterans regardless of denomination.

**Union Baptist Organization**
2916 West T.C. Jester, Suite 200, Houston, TX 77018
713-957-2000
[www.ubahouston.org](http://www.ubahouston.org)

**Services:** Have social ministry services that they are willing to extend to veterans regardless of denomination.

**LDS Employment Resource Services**
1633 Hafer Rd., Houston, TX 77090
281-580-2564  [www.ldsjobs.org](http://www.ldsjobs.org)

**Services:** Offices are located in almost every major city in the United States with more than 300 centers specialized in helping people with “Employment, Education, and Self-employment.” The Career Workshop provides the necessary tools, knowledge, and experience to achieve self-reliance, Career counseling, resume writing, and networking are also some of the individualized services offered. All services are free of charge. For more information and appointments, please call the regional office.
PUBLIC ASSISTANCE

FEDERAL RESOURCES

Social Security Administration
1-800-772-1213
www.ssa.gov
Services: Disability & SSI
Description: Disability benefits under Social Security disability, and Supplemental Security Income (SSI)
www.ssa.gov
1-800-772-1213

U.S. Dept of Health & Human Services
Services: Medicare www.medicare.gov; Long term care; Prescription drug plan
1-800-MEDICARE

STATE RESOURCES

Texas Health and Human Services Commission
Services: Texas Medicaid Program, Children's Health Insurance Program (CHIP); Family and community services;
Special nutrition programs; Lone Star Business services programs; Texas Works/Food stamp program/TANF;
Disaster assistance
www.hhsc.state.tx.us

COUNTY RESOURCES

Harris County Community Services Department
Office of Social Services
9418 Jensen Drive; Houston, Texas  77093
713-696-7900
www.csd.hctx.net
Hours: M-F 8:00 AM - 5:00 PM
Eligibility: Minimum age 18; Low-income; Permanent legal resident; Resident of Harris County
Services: Case Management; Electric/Gas/Water bill payment assistance;
Mortgage/Rent payment assistance; Bereavement Services

Mental Health & Mental Retardation (MHMRA)
www.mhmraofharriscounty.org

NeuroPsychiatric Center (NPC)
1502 Taub Loop, Houston, Texas  77030
713-970-7000; 866-970-4770 Toll-free
Hours: 24 hours 7 days
Eligibility: Must live in Harris County
Services: In person crisis intervention for youth; Involuntary psychiatric intervention; Mental health evaluation/hotlines; Psychiatric emergency rooms; Suicide counseling/prevention hotlines

Dial 2-1-1 Texas/United Way Helpline or Link to 2-1-1 at www.unitedwayhouston.org 24/7
To find help with your Health and Human Service needs, all languages
CITY RESOURCES

Houston Department of Health and Human Services
8000 North Stadium; Houston, Texas 77054
713-794-9320
www.houstontx.gov/health
Services: The mission of HDHHS is to provide leadership in the promotion and protection of the health and social well being of the Houston community through advocacy, education and community-based health services.

Area Agency on Aging-Harris County
8000 North Stadium, 3rd floor; Houston, Texas 77054
713-794-9001; 800-213-8471 Toll-free
www.houstontx.gov/health/Aging
Hours: M-F 8:00 AM - 5:00 PM
Eligibility: Minimum age 60 or older
Services: Adult respite care, Advocacy, Case/Care/Benefits assistance for older adults, Home delivered meals/Congregate meals/Nutrition sites, Nutrition education, Pension benefits assistance

NONPROFIT RESOURCES

Bread of Life, Inc
1703 Gray Street, Houston, Texas 77003
713-650-0595
Hours: M-F 6:30 AM - 4:30 PM
Eligibility: Indigent
Services: Case/Care mgmt for homeless individuals, congregate meals / nutrition sites / food pantries, Drug abuse counseling, General clothing, HIV testing

Crisis Intervention of Houston, Inc
Houston Hotlines
Confidential Street Address, Houston, Texas 77098
713-468-5463
www.crisishotline.org
Hours: 24 hours 7 days
Eligibility: No restrictions
Services: Crisis intervention, Mental Health hotlines, Suicide prevention hotlines

Emergency Aid Coalition
5401 Fannin, Houston, Texas 77004
713-528-3663
www.eachouston.org
Eligibility: Based on income
Services: Food pantry: M-F 9:30 AM-Noon; Sack lunch M-F 11:15 AM-1:00 PM; Sunday 12:15 PM

Family Services of Greater Houston
www.familyservices.org
Central office: M-F 8:00 AM - 5:00 PM
Eligibility: No restrictions
Services: Adolescent/youth counseling, Alcoholism counseling, Child guidance, Divorce guidance, Drug Abuse counseling, Family/General/Individual counseling
Gulf Coast Community Services Association  
5000 Gulf Freeway, Building 1, Houston, Texas  77023  
713-393-4700  
www.gccsa.org  
Hours: M-F 8:30 AM - 4:00 PM  
Eligibility: Call for information  
Services: Food pantries

SEARCH  
2505 Fannin, Houston, Texas  77002  
713-739-7752  
www.searchproject.org  
Hours: M-F 8:00 AM - 4:00 PM  
Eligibility: Must be homeless  
Services: Homeless drop in centers

Star of Hope Mission, Inc  
www.sohmission.org  
Doris and Carlos Morris Men’s Development Center  
1811 Ruiz, Houston, Texas  77054  
713-227-8900  
Eligibility: Male; homeless; minimum age 18; must be mobile  
Services: Homeless drop in centers; Homeless shelter

Transitional Living Center  
6801 Ardmore, Houston, TX 77054  
713-748-7242  
Services: Counseling Resources to determine the needs for Education/social services, employment, substance abuse recovery and life management skills.

Target Hunger  
2814 Quitman, Houston, Texas  77026  
713-226-4953; 713-226-4954 alternate  
www.targethunger.org  
Hours: Tues Thurs 10:00 AM-1:00 PM  
Eligibility: Must meet federal income poverty limits  
Services: Food pantries

Houston Food Bank  
The Herzstein Center  
3811 Eastex Freeway, Houston, Texas  77026  
713-223-3700  
www.houstonfoodbank.org  
Services: Backpack Buddy Program, Operation Frontline, Kids Cafe, Community Kitchen, The READY Program

Victim Assistance Center, Inc  
1310 Prairie, Suite 1030, Houston, Texas  77002  
713-755-5625  
www.victimassistancecentre.com  
Hours: M-Thurs 8:30 AM-5:00 PM; Friday 8:30 AM-1:00 PM  
Eligibility: Victim of violent crimes  
Services: Crime victim support/groups/witness counseling. Specialized information and referral for crime victims, Temporary restraining orders.
**FAITH-BASED RESOURCES**

**Catholic Charities of the Diocese of Galveston-Houston**
2900 Louisiana Street, Houston, Texas 77006
713-526-4611
https://www.catholiccharities.org

- **Hours:** Downtown office M-F 8:00 AM - 5:00 PM
- **Eligibility:** No chronic mental illness / severe psychiatric disturbance
- **Services:** Adolescent/youth counseling, Child guidance, General counseling/marriage counseling

**Catholic Charities of the Diocese of Galveston-Houston**
Guadalupe Area Social Services
326 South Jensen, Houston, Texas 77003
713-227-9981
https://www.catholiccharities.org

- **Hours:** By appointment only; Food pantry: M-Thurs 8:00 AM -11:00 AM, 1:00 PM - 3:00 PM
- **Eligibility:** Call for information
- **Services:** Electric/Gas/Water bill payment assistance, Rent/Mortgage payment assistance, Food pantries

**Interfaith Ministries for Greater Houston, Inc**
3217 Montrose Boulevard, Houston, Texas 77006
713-520-4641 https://www.imgh.org

- **Hours:** M-F 8:30 AM - 5:00 PM
- **Eligibility:** Minimum age 60; homebound
- **Services:** Congregate meals/nutrition sites, Home delivered meals

**Jewish Family Service**
4131 South Braeswood Boulevard, Houston, Texas 77025
713-667-9336 https://www.jfshouston.org

- **Hours:** 2nd & 4th Monday of each month 9:00 AM - 2:00 PM

**Jewish Community Center of Houston**
5601 South Braeswood, Houston, Texas 77096
713-729-3200 https://www.jcchouston.com

- **Hours and Eligibility:** Call for information
- **Services:** Home delivered meals

**The Salvation Army - Houston Metropolitan Area**
1500 Austin Street, Houston, Texas 77002
713-752-0686 https://www.salvationarmyhouston.org

- **Hours:** Vary by site
- **Eligibility:** Demonstration of immediate need
- **Services:** Food pantries, Mortgage/Rent payment assistance, Water bill payment assistance

**The Salvation Army - Houston Metropolitan Area**
East Harris County Corps Community Center
Boys & Girls Club
2732 Cherrybrook Lane, Pasadena, Texas 77502
713-378-0020 https://www.salvationarmyhouston.org

- **Hours:** Vary by site
- **Eligibility:** Demonstration of immediate need
- **Services:** Food pantries, Mortgage/Rent payment assistance, Water bill payment assistance
Society of St. Vincent de Paul  
2403 Holcombe Boulevard, Houston, Texas  77021  
713-741-8234  www.svdphouston.org  
Hours: M-F 8:30 AM-4:30 PM  
Services: Electric/Gas/Water bill payment assistance, Food pantries, General clothing donation programs, Household goods donation programs, Mortgage/Rent payment assistance, Thrift shops

Wesley Community Center, Inc  
1410 Lee Street, Houston, Texas  77009  
713-223-8131  www.wesleyhousehouston.org  
Call for hours  
Eligibility: Low to moderate income  
Services: Childcare centers, Comprehensive information and referral, General clothing, General counseling

Wheeler Avenue Baptist Church Social Service Center  
3826 Wheeler Avenue, Houston, Texas  77004  
713-747-7101  www.wheelerbc.org  
Hours: M-Thurs 9 AM-12:30 PM, Fridays 9 am-noon  
Eligibility: Client is required to make payment on bill before calling  
Services: Electric/Gas/Water bill payment assistance, Mortgage/Rent payment assistance
TRANSPORTATION

FEDERAL RESOURCES

(Note: Federal resource dollars are distributed through state, regional, and local entities)

DAV Transportation Network
Eligibility: Veterans
Services: Transportation to and from the MEDVAMC in Houston from outlying areas is available by way of vans operated by various veteran service organizations and local government offices. The vans are operated as a free service for veterans seeking medical care at the MEDVAMC. Caretakers who must accompany the veteran can ride only if arrangements are made when scheduling and seating is available. Veterans are advised to call at least a week before their appointment, as several vans require reservations. Reservations are made on a first-come, first-serve basis. Call for availability, pick-up points, and schedule information:

- Bay City Van (979) 323-9235
- Beaumont Vans (409) 981-8550
- Brazoria County Van (979) 864-1289
- Cleveland (281) 384-5402
- Conroe Van (936) 756-7614
- El Campo Van (979) 578-8387
- Harris County Precinct #2 Van (281) 452-6071
- Harris County Social Services Transportation (713) 696-1985
- Liberty County (936) 336-4548, Ext. 235
- Lufkin Bus (936) 633-2740
- Montgomery County Vans (936) 756-5828
- Willis Van (936) 856-5224
- Woodville/Tyler County Van (409) 283-2493

To and from the Texas City Outpatient Clinic:
- Baytown, Channelview, Deer Park & Pasadena Van (281) 452-6071

REGIONAL RESOURCES

Commute Solutions NuRide/Carpool
Houston-Galveston Area Council
PO Box 22777, Houston, TX 77227-2777
713-627-3200; 1-877-512-7333
www.h-gac.com and www.nuride.com
Hours: Mon – Fri 8:00 AM – 5:00 PM
Eligibility: All persons residing or working in the Houston-Galveston region
Services: Ride-matching service that rewards people who share rides to work.

Low Income Repair and Replacement Program
Houston-Galveston Area Council
PO Box 22777, Houston, TX 77227-2777
1-877-633-8747
www.h-gac.com
Hours: Mon – Fri 8:00 AM – 5:00 PM
Eligibility: Low-income individuals and families whose vehicle fails the emissions test required annually by state law
Services: Assistance may be provided to offset a portion of the cost for repair to a vehicle’s emissions systems. In some cases, funds to assist in purchasing a replacement vehicle may be provided.
The WorkSource
1-888-469-JOBS (5627) Toll-free number
www.theworksource.org
Hours: Mon – Fri 8:00 AM – 5:00 PM
Eligibility: All veterans
Services: The WorkSource operates 35 community-based career offices to help area residents get a job, keep a job, or get a better job, offering placement, career counseling, and financial aid services. Each location provides free computer, fax, and telephone usage to customers for job searches. Along with providing employment services, assistance for transportation to work may be available to qualified individuals.

STATE RESOURCES

Medical Transportation Program
Texas Department of Transportation
1-877-633-8747
www.dot.state.tx.us
Hours: Mon – Fri 8:00 AM – 5:00 PM
Eligibility: Medicaid clients with no means of transportation; children 15 and under with an adult; ages 15-18 must have consent form; current Medicaid identification card or verification letter required
Services: Provides non-emergency transportation to all current Medicaid eligible clients and necessary attendants to Medicaid-covered medical appointments. Clients transported to a reasonable Medicaid provider within or out of area based on each client’s medical needs. Rides also arranged for children under the age of 21. Mileage reimbursement may be provided for drivers of Medicaid-eligible clients. Sometimes provides bus tickets or tokens.

COUNTY RESOURCES

Harris County Community Services Department
Transit Services Division
9418 Jensen, Houston, TX 77093
713-696-7900; 713-695-2395 TDD
www.csd.hctx.net/
Hours: Mon – Fri 8:00 AM – 5:00 PM
Eligibility: Senior or disabled residents of Harris County and senior or disabled veterans who have been honorably discharged.
Services: Free or reduced-cost non-emergency medical transportation

Harris County Precinct 2 Veterans Services
8225 Wade Road, Houston, TX 77521
281-452-6071
Hours: Mon – Fri 7:00 AM – 3:00 PM
Eligibility: Veterans living in Harris County Precinct 2
Services: Offers van service transportation from designated pick-up locations to the Houston VA Medical Center/VA Regional Office. Call for detailed information.

Harris County Precinct 2 Voucher Program
East Harris County Senior Citizens Program
1001 Preston, Suite 950, Houston, TX 77002
713-755-6220 (Main)
www.co.harris.tx.us/comm_garcia/
Hours: Call for information
Eligibility: Minimum age 60 or disabled; must be outside METRO service area and unable to access alternate transportation.
Services: Voucher program. Call for details.
Harris County RIDES Specialized Transportation
9418 Jensen, Houston, Texas 77093
713-368-RIDE (7433)
www.harriscountyrides.com

Hours: Mon - Fri - 8:00 AM - 5:00 PM
Eligibility: Minimum age 60 or disabled or low-income; not served by MetroLift or Medicaid Medical Transportation
Services: Subsidized non-emergency transportation program providing curb-to-curb service to elderly, disabled, or
low-income residents of Harris County living outside the Metro service area or unable to access alternate
transportation services.

(Call main number for information on RIDES agency partners that may offer transportation expense assistance.)

CITY RESOURCES

Area Agency on Aging – Harris County
8000 North Stadium Drive, 3rd Floor, Houston, TX 77054
713-794-9001 (Main); 800-213-8471 (Toll-free)
www.houstontx.gov/health/aging/index.html

Hours: Mon – Fri 8:00 AM – 5:00 PM
Eligibility: Age 60 and above and resident of Harris County
Services: Provides transportation services as one of many services to accomplish the overall goal of developing a
comprehensive, community-based service delivery system to assist older adults.
For information on other programs and services please call the main number.

Baytown Senior Disabled Transportation Program
2401 Market, Baytown, TX 77522
281-420-7148 (Main)
www.baytown.org

Hours: Mon – Fri 8:00 AM – 5:00 PM
Eligibility: Minimum age 65 or disabled; must meet income limits; under age 65 must have doctor’s verification of
disability
Services: Serves seniors and disabled citizens on demand within the city limits of Baytown. Transportation
available to Houston for medical appointments only. Medical trips to Houston require 48 hours advance scheduling.

City of Pasadena Transportation Subsidy Program
1700 East Thomas, Pasadena, TX 77506
713-477-0175

Hours: Mon – Fri 8:00 AM – 5:00 PM
Eligibility: Elderly and/or disabled resident of Pasadena; call for income criteria
Services: Voucher program for non-emergency transportation within Pasadena

Metropolitan Transit Authority (METRO)
1201 Louisiana, Houston, TX 77002
713-635-4000 (Main); 713-635-6993 (TTY)
www.ridemetro.org

Hours: Mon – Fri – 8:00 AM – 5:00 PM; routing and scheduling Mon – Fri 6:00 AM – 9:00 PM, Sat –
Sun 8:00 AM – 8:00 PM
Eligibility: Non required
Services: Public transportation throughout the region with fixed-route bus system. Multiple RideStore locations are
available. RideStores provide a one-stop retail center for bus riders and interested bus riders. Information and fare
items such as passes, tickets, and tokens are sold. Provides photo IDs for students, seniors, and people with
disabilities. Call the main number for more information.
**METROLift**

713-225-0119 (Customer Service)
713-225-0410 (Dispatch)

**Hours:** Customer Service Department Mon – Fri 10:00 AM – 5:00 PM

**Eligibility:** Disabled, requires doctor’s certificate

**Services:** METROLift provides transportation for persons with a disability who cannot board, ride, or disembark from a regular fixed-route bus, even if that bus is equipped with a wheelchair lift or ramp.

**METRO Vanpool and Carpool Programs**

[www.ridemetro.org](http://www.ridemetro.org)

713-224-RIDE (7433) (Main)
1-888-606-RIDE (7433) (Toll-free)

**Eligibility:** Call for information

**Services:** In conjunction with TxDOT and H-GAC provides free service that matches commuters with others who live and work near each other for carpools and vanpools. Qualifying riders for vanpool program can receive a $35 monthly incentive to defray cost of vanpool membership from METRO and H-GAC.

**Senior Services of West University**

6104 Auden, Houston, TX 77005
713-662-5895 (Main)

**Hours:** Mon – Fri 9:00 AM – 3:30 PM

**Eligibility:** Minimum age 55; resident of West University Place

**Services:** Provides driver to take seniors to medical or dental appointments, banks, pharmacies, hair appointments, and grocery shopping

**NONPROFIT AND FAITH-BASED RESOURCES**

**American Cancer Society Houston**

6301 Richmond Avenue, Houston, TX 77057
Main: 713-706-5690; Toll 800-227-2345

[www.cancer.org](http://www.cancer.org)

**Hours:** Mon – Fri 8:30 AM – 5:00 PM

**Eligibility:** Cancer diagnosis; three days notice; patient must be able to walk on their own.

**Services:** Transportation is provided to and from treatment center for cancer patients those with a cancer diagnosis (when volunteer drivers are available). Referral required for first time visits.

**American Red Cross Greater Houston Area Chapter**

2700 Southwest, Houston, TX 77001
Main: 713-526-8300; 713) 313-1624 TTY

[www.houstonredcross.org](http://www.houstonredcross.org)

**Hours:** Mon – Fri, 7:00 AM – 6:00 PM

**Eligibility:** People who are elderly, disabled or chronically ill.

**Services:** Offers health and human services transportation for people who are elderly, disabled and/or chronically ill. Passengers may receive door-to-door transportation to and from medical appointments and social service agencies if they are first referred by a participating physician, medical facility, or social service agency. Availability based on capacity. For information on other programs and services please call the main number.

**Gulf Coast Community Services Association**

5000 Gulf Freeway, Building 1, Houston, Texas 77023
Main: 713-393-4700

[www.gccsa.org](http://www.gccsa.org)

**Hours:** Monday – Friday, 8:30 AM – 5:00 PM
**Eligibility:** Minimum age 60 or long-term disabled; must live in service area - Harris County; meet income guidelines.

**Services:** The transportation program offers transportation services for the elderly and disabled people to medical facilities, doctor’s offices, and clinics. For information on other programs and services please call the main number.

**Houston Area Parkinson Society**
2700 Southwest Freeway, Suite 284, Houston, Texas 77098
Main: 713-626-7114
[www.hapsonline.org](http://www.hapsonline.org)

**Hours:** Mon – Fri 8:00 AM – 5 PM

**Eligibility:** Diagnosis of Parkinson’s; inability to drive; out of MetroLift area or ineligible; must reside in approved transportation service area – Harris, Ft. Bend, and parts of Brazoria counties.

**Services:** Provides information and support services in the medical and social aspects of Parkinson’s disease; transportation to HAPS therapy/support groups and doctors appointments within guidelines of program limited respite care; therapy and support groups at 16 sites weekly at no cost. An emergency fund covers neurologist visit and short-term medication cost for those with no personal resources, Medicare, Medicaid, or private insurance.

**Helping Elderly Resident Out (HERO)**
902 Frostwood, Suite 230, Houston, TX  77024
Main: 713-932-3996

**Hours:** Mon – Wed 9:00 AM – 4:00 PM; Thurs – Fri 9:00 AM – Noon

**Eligibility:** Minimum age 65

**Services:** Provides transportation and referral services to older adults living in zip codes: 77024, 77043, 77055, 77079, 77080

**St. Hope Foundation, Inc.**
6200 Savoy, Suite 540, Houston, TX  77036
Main: (713) 778-1300
[www.offeringhope.org](http://www.offeringhope.org)

**Hours:** Mon – Fri 8:00 AM – 5:00 PM Sites in Bellaire, Stafford, Conroe.

**Eligibility:** Must be HIV+ or have AIDS; must reside in service area. Counties: Chambers, Fort Bend; Harris, Liberty, Montgomery, Waller.

**Services:** Van-based transportation services are provided within a 10-county area. Ryan White eligible clients who access medical care may receive METRO bus passes. Rural clients can request gas vouchers to increase access to medical care.

**Senior Wheels – NAM**
Northwest Assistance Ministries
15555 Kuykendahl Road, Houston, TX 77090
281-885-4678
[www.namonline.org](http://www.namonline.org)

**Hours:** Mon – Fri 8:00 AM – 5:00 PM

**Eligibility:** Age 50 and older; disabled individuals; limited to zip codes (77…) 014, 032, 038, 050, 060, 066-070, 073, 086, 090, 373, 379, 386, 388, 389

**Services:** Provides volunteer transportation services for medical appointments, grocery and drug stores, and shopping in Northwest Houston. Senior Wheels also provides information and referrals to other agencies and services. Clients pay a nominal fee, which is adjusted or waived if the client cannot afford to pay.

**Volunteer Interfaith Caregivers – Southwest**
5001 Bellaire Boulevard Room 7, Bellaire, TX  77401
Main: 713-772-8181
[www.vic-sw.org](http://www.vic-sw.org)

**Hours:** Mon – Fri 9:00 AM – 3:30 PM for intake; Services weekdays and weekends.
Eligibility: Senior citizens; frail elderly; health impaired; must live in one of the 26 zip codes serviced by VIC-SW and have a frailty that prevents driving.
Services: Provides free transportation by means of a caregiver’s personal vehicle for medical appointments, errands, shopping and religious service escort.

Young Women’s Christian Association of Houston
3220 Broadway, Houston, TX 77017
713-868-9922
www.ywcahouston.org
Hours: Mon – Fri 8:00 AM – 5:00 PM (14 sites) call for site-specific information.
Eligibility: Minimum age 60
Services: Transportation for grocery and medical trips available. Services may vary at different sites.