About the Program

**who we are**
We are a partnership between the Red Sox Foundation and Massachusetts General Hospital dedicated to improving the lives of veterans who have returned from Iraq and Afghanistan with combat or deployment-related stress and/or traumatic brain injury. We provide clinical care to veterans, support for their families and educational outreach for health care providers and the public. The Home Base Program also includes breakthrough research for the prevention, diagnosis and treatment of traumatic brain injury and stress disorders.

**what we do**
We offer diagnostic assessments, treatment and referral services to veterans and their families through the Home Base clinic at Mass General and other community resources. A team of clinicians and/or specialists in physical medicine and rehabilitation provide specialized care and individualized treatment plans to help your specific needs related to combat related stress and traumatic brain injury. The Home Base Program also provides problem-focused guidance and counseling to family members of veterans.

Services for You

**care for veterans**
The Home Base Program connects you to confidential counseling services and physical rehabilitation treatment to help you overcome combat-related stress and/or traumatic brain injury. Even if you have previously accessed services for combat-related stress or brain injury, you are eligible to receive care through the Home Base Program. Our support is provided regardless of your ability to pay.

**support for your family**
When a family member serves in the military, the entire family serves. During your readjustment to civilian life, your spouse, children, parents and/or siblings may find that they need support as they try to understand and reconnect with you. The Home Base Program provides problem-focused guidance and counseling services to family members to help support you and your family during this challenging time.

Getting Care

**are you eligible?**
The Home Base Program helps veterans who are living with readjustment issues associated with combat or deployment-related stress, traumatic brain injury, and other related challenges. You are eligible for services if you were deployed in support of the current conflicts in Iraq and/or Afghanistan, or if you are a family member of a veteran. Your discharge status or health insurance status does not affect eligibility for the Home Base Program.

**contact us**
Care begins with you. If you are a veteran who is experiencing combat or deployment-related stress and/or if you suffer from a traumatic brain injury, or if you are a family member of a veteran in need of help, contact the Home Base Program to learn more:

Home Base Program
617-724-5202
homebaseprogram@partners.org

Learn more about the Home Base Program and sign up for email updates at [www.homebaseprogram.org](http://www.homebaseprogram.org)
Do I need care?
You may be showing signs of a combat stress reaction or TBI (Traumatic Brain Injury), if you have:
- experienced or witnessed a life threatening or extremely distressing event or
- received a direct or indirect blow to the head;
and are having ongoing difficulties with any of the following:
- insomnia or nightmares
- poor concentration or memory
- depression, anxiety or irritability
- lightheadedness or dizziness

Does a family member need care?
Are you or any of your family members:
- Struggling with communication (fighting more than usual, angry, not wanting to talk)?
- Engaging in behaviors that worry you (drinking more than usual, driving too fast, feeling or acting jumpy)?
- Concerned about your children (having trouble in school, not wanting to go to school, changes in eating or sleeping patterns, or more clingy than usual)?
- Worrying about your adult son or daughter’s mood, behavior or coping since their return?

If you answered yes to any of the above questions, contact us at 617-724-5202 or at homebaseprogram@partners.org. We can help you and your family.