A School-Based Program for Preventing Teen Dating Violence and Promoting Safe and Healthy Relationships

To Order the Expect Respect Program Manual:
Visit www.SafePlace.org
Call us at 512.267. SAFE (7233)/ 927-9616
TTY for the Deaf community

Cost: $160
(Includes four books and a CD with program forms and handouts)

To Discuss Training Options:
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Why Do We Need Dating Violence Prevention in Schools?

Teen dating violence is a pervasive problem with serious health and safety consequences for youth. Between 20 and 45 percent of middle and high school students have experienced some form of physical, emotional, or sexual abuse by a dating partner and nearly half of the worst incidents they experience occur at school. As such, teen dating violence is a form of school violence that impacts all students whether they are victims, perpetrators, bystanders, or friends.

All members of the school community—faculty, staff, peers and parents—have important roles in preventing dating violence and promoting healthy relationship behaviors.

What Is Expect Respect?

Expect Respect is a comprehensive prevention program designed to raise awareness of dating violence, teach skills for healthy relationships, develop youth leadership, and increase safety and respect on school campuses. Expect Respect can be implemented by advocates, counselors, and educators in middle and high schools, and youth-serving organizations.

The Expect Respect Program Manual

Expect Respect Program Overview

This introduction summarizes research on teen dating violence prevention and describes the Expect Respect Program. To read this section of the manual visit www.SafePlace.org.

Part I: Expect Respect Support Group Curriculum and Facilitator Guide

(24 group sessions)

Expect Respect groups serve vulnerable youth who have experienced violence in their homes or dating relationships. Support groups help teens heal from past abuse, learn skills for healthy relationships, and prevent future victimization and perpetration.

Part II: SafeTeens Youth Leadership Curriculum and Facilitator Guide

(8 lessons)

The SafeTeens curriculum empowers youth to become role models and leaders in preventing dating violence, sexual harassment, and bullying.

Part III: School-Wide Prevention Strategies

Strategies include developing school policy concerning dating violence; assessing school climate; and engaging students, teachers, and parents in school-wide prevention activities. Materials from Choose Respect, a primary prevention initiative developed by the Centers for Disease Control and Prevention, are featured in this section.

Expect Respect Training

This training will help you:

• Increase your capacity to start or enhance an existing dating violence prevention program;
• Build community partnerships for prevention;
• Implement Expect Respect including support groups, youth leadership training, and school-wide prevention strategies; and
• Develop a culturally sensitive program.

We can assist you in identifying your needs and designing a customized training plan.

Program Recognition and Evaluation

Expect Respect is a partner in Start Strong: Building Healthy Teen Relationships, a national initiative funded by the Robert Wood Johnson Foundation. Expect Respect received the 2009 Celebrating Solutions Award from the Mary Byron Project and the 2005 Innovative Program of the Year Award from the Texas Association Against Sexual Assault.

Program evaluation assistance is provided by the Centers for Disease Control and Prevention. For more information and results visit www.SafePlace.org.