Loving
Accepting
Sharing
Negotiating
Respect
Dignity and Respect
Loves and accepts partner as is
▪ Attentive to partner’s emotional needs
▪ Respects boundaries
▪ Is compassionate, empathetic, supportive and safe
▪ Supports healing from prior abuse
▪ Uses respectful language about disability
Honesty and Accountability
Willing to talk through conflicts
▪ Takes responsibility for actions
▪ Communicates openly and honestly
▪ Owns up and tries to make things right when makes mistakes, hurts feelings
Growth and Independence
Encourages partner to grow and try new things
▪ Focuses on strengths to increase independence
▪ Works to decrease isolation
▪ Supports goals, hobbies and interests
▪ Supports education and working
Financial Respect
Shares expenses
▪ Negotiates and compromises on financial decisions
▪ Trusts partner to handle finances
▪ Generous and thoughtful with gifts
▪ Takes turns paying
Sexual Respect
Mutual consent and support
▪ Undemanding
▪ Respects partner’s wishes, boundaries and desires
▪ Is creative with intimacy & physical disabilities
▪ Gives space to heal from sexual assault
▪ Able to share affection without sex
▪ Shares decisions about birth control
Shared Responsibility
Shares responsibilities and chores based on abilities and strengths
▪ Shares decisions about children, family, money, housing
Support Partner’s Disability
Provides physical and emotional support
▪ Empathizes with experiences of discrimination
▪ Supports substance addiction recovery
▪ Agrees on activities both partners can enjoy
▪ Supports partner not working for health reasons
Supporting
Non-Threatening Behavior
Creates emotional, physical and spiritual safety
▪ Is compassionate and supportive
▪ Preferences peace to drama
▪ Supports healing from prior abuse
Created by
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24-hour Hotline: 512.267SAFE (7233) or 512.967.9616 TTY for the Deaf community
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DOMESTIC ABUSE INTERVENTION PROJECT
202 East Superior Street
Duluth, MN 55802
218.722.2781
www.theduluthmodel.org