



## VIOLENCE AGAINST WOMEN ACT 2005

### TITLE IV- PREVENTION

The Violence Against Women Act (VAWA) of 1994 was the first federal law to systematically address violence against women. This historic measure increased options for victims and helped many women leave abusive situations. It also improved the criminal justice system's response to violence against women, training police and others to respond more effectively to domestic and sexual violence. In 2000, Congress reauthorized VAWA, continuing this essential work, and added important services for immigrant, rural, disabled, and older women. However, one glaring omission remained. No funding or programs were put in place to actually *prevent* violence against women or help children living in violent homes -- those at high risk for becoming both victims and perpetrators of abuse later in life.

The nation has made remarkable progress over the past 25 years in recognizing that domestic violence is a crime, by providing legal remedies, social supports and coordinated community responses. Yet millions of families continue to be traumatized by abuse, leading to increased rates of crime, violence and suffering. Now it is time to prevent violence against women and children and its devastating costs and consequences by committing to a strategy focused on children, youth and men.

#### **MAKING PREVENTION A PRIORITY**

As we look back on the last 10 years with VAWA and prepare for its reauthorization in 2005, it is imperative that we take the next step in the effort to end domestic violence, sexual assault, dating violence and stalking by addressing the critical need to prevent violence against women and children before it begins. Focusing on prevention is the only way to truly end this violence and to promote healthy, violence-free families and communities. The prevention strategy included in the next reauthorization of the Violence Against Women Act should include provisions that would:

- Provide supportive services to children exposed to domestic violence to mitigate future harm and build up protective factors in children's lives.
- Provide supports for young and vulnerable parents to help them strengthen their parenting, promote healthy child development and address past violence so as to break the often-intergenerational cycle of violence.
- Support the development of public education campaigns targeting men, teens, and boys to raise public awareness and increase understanding of violence against women and work toward making it an unacceptable behavior.

#### **VIOLENCE AGAINST WOMEN AND CHILDREN IS PERVASIVE**

- 25-31% of American women report being physically or sexually abused by a husband or boyfriend at some point in their lives,<sup>i</sup> <sup>ii</sup> and from 3 million to 10 million children witness that abuse each year.<sup>iii</sup>
- Drawing on recent survey data, the National Research Council reports that 1 in every 6 U.S. women has at some time experienced an attempted or completed rape. Annually, more than 300,000 women are forcibly raped and more than 4 million are assaulted.<sup>iv</sup>
- 16-24 year-old women are consistently reported as the group most at risk of abuse.<sup>v</sup>
- A study of 8<sup>th</sup> and 9<sup>th</sup> grade male and female students found that 25% had been victims of nonsexual dating violence and 8% had been victims of sexual dating violence.<sup>vi</sup>
- In a nationally representative sample of Head Start programs serving low-income children ages 3-5, researchers found that 17% of the children studied had been exposed to domestic violence.<sup>vii</sup>

## HARMS FROM VICTIMIZATION OR EXPOSURE CAN BE SEVERE, CHRONIC AND COSTLY

- Women victimized by abuse are more likely to be diagnosed with serious health problems including depression, panic attacks, high risk behaviors such as tobacco and substance abuse and sexual risk taking, as well as migraines, chronic pain, arthritis, high blood pressure, gastrointestinal problems, inconsistent use of birth control, and delayed entry into prenatal care.<sup>viii</sup>
- Pregnant women are frequent targets of abuse and, as a result, are placed at risk for low birth weight babies, pre-term labor -- pregnant and parenting teens are especially vulnerable.<sup>ix</sup>
- Abused children and those exposed to adult violence in their homes may have short and long term physical, emotional and learning problems, including: increased aggression, decreased responsiveness to adults, failure to thrive, posttraumatic stress disorder, depression, anxiety, hyper vigilance and hyperactivity, eating and sleeping problems, and developmental delays.<sup>x</sup>

## CRIME AND INCARCERATION OF YOUTH ARE OFTEN ASSOCIATED WITH A HISTORY OF CHILD ABUSE AND EXPOSURE TO DOMESTIC VIOLENCE

- A study of young adolescents in the Cleveland area found that “recent exposure to violence at home...was one of the most significant predictors of a teen’s use of subsequent violence at school or in the community.”<sup>xi</sup>
- Approximately 457,000 14-24 year olds leave the juvenile justice system, federal and state prisons or local jails annually, and a high percentage of them have experienced or witnessed violence at home.<sup>xii</sup>

**The programs described here are proposals under consideration for inclusion in the VAWA reauthorization bill that Members of Congress will introduce in early 2005. As the bill has not been finalized, we cannot be certain that the proposals will be included as described in this document.**

<sup>i</sup> Tjaden, Patricia and Nancy Thoennes. 2000. *Extent, Nature and Consequences of Violence Against Women: Findings from the National Violence Against Women Survey*. The National Institute of Justice and the Centers for Disease Control and Prevention. Retrieved January 9, 2004.

<sup>ii</sup> The Commonwealth Fund, *Health Concerns Across a Woman’s Lifespan: 1998 Survey of Women’s Health*, May 1999.

<sup>iii</sup> Carlson, Bonnie E. (1984). Children’s observations of interpersonal violence. Pp. 147-167 in A.R. Roberts (Ed.) *Battered women and their families* (pp. 147-167). NY: Springer. Straus, M.A. (1992). Children as witnesses to marital violence: A risk factor for lifelong problems among a nationally representative sample of American men and women. *Report of the Twenty-Third Ross Roundtable*. Columbus, OH: Ross Laboratories.

<sup>iv</sup> <http://www.nap.edu/openbook/0309091098/html/7.html>, copyright 2004, 2001 The National Academy of Sciences, Advancing the Federal Research Agenda on Violence Against Women (2004)

<sup>v</sup> Callie Rennison, Ph.D. et al., “Intimate Partner Violence,” Bureau of Justice Statistics Special Report, NCJ 178247, US Department of Justice, Office of Justice Programs (2000); Tjaden, P. and Thoennes, N., “National Violence Against Women Survey,” National Institute of Justice and Centers for Disease Control and Prevention (1998).

<sup>vi</sup> Foshee, V.A., Lindner, G.F., Bauman, K.E., Langwick, S.A., Arriga, X. B., Health, J.L., McMahon, P.M., Bangdiwala, S. The Safe Dates Project: Theoretical Basis, Evaluation Design, and Selected Baseline Findings. Youth Violence Prevention: Description and baseline data from 13 evaluation projects (K. Powell, D. Hawkins, Eds.). *American Journal of Preventive Medicine*, Supplement, 1996, 12(5), 39-47. Retrieved from the CDC National Center for Injury Prevention and Control website: <http://www.cdc.gov/ncipc/factsheets/datviol.htm>

<sup>vii</sup> Cohen, E. and J. Knitzer. “Children Living with Domestic Violence: The Role of Early Childhood Programs.” Prepared for the meeting, “Early Childhood, Domestic Violence, and Poverty: Taking the Next Steps to Help Young Children and Their Families.” May 2002.

<sup>viii</sup> Graffunder, C.M., Noonan, R., Cox, P., and Wheaton, J., “Through a Public Health Lens. Preventing Violence against women: An Update from the U.S. Centers for Disease Control and Prevention,” *Journal of Women’s Health*, vol. 13, 5-16 (2004); See also, Family Violence Prevention Fund, “Screening for Lifetime Exposure to Abuse: Primary and Secondary Prevention of Domestic Violence and Child Abuse,” (2004).

<sup>ix</sup> Parker, B., McFarlane, J., & Soeken, K. (1994). Abuse During Pregnancy: Effects on Maternal Complications and Infant Birthweight in Adult and Teen Women. *Obstetrics & Gynecology*, 84, 323-328.

<sup>x</sup> Edleson, J.L., “Children’s witnessing of domestic violence,” *Journal of Interpersonal Violence*, 14:839-70 (1999). See also, Harris, W. W., Putnam, F. W. and Fairbank, J. A., “Mobilizing Trauma Resources for Children,” Paper presented at Johnson and Johnson Pediatric Institute: Shaping the Future of Children’s Health (2004), 4-6.

<sup>xi</sup> Singer, M.I., Miller, D.B., Guo, S. et al., “The mental health consequences of children’s exposure to violence,” Cleveland, Ohio: Cuyahoga County Community Mental Health Research Institute, Mandel School of Applied Social Sciences, Case Western Reserve University (1998) as quoted in Rosewater, A., “Promoting Prevention, Targeting Teens: An Emerging Agenda to Prevent Domestic Violence,” Family Violence Prevention Fund (2003), 6.

Edleson, J. as quoted in Rosewater, A. (2003).

<sup>xii</sup> Rosewater, A., “Promoting Prevention, Targeting Teens: An Emerging Agenda to Prevent Domestic Violence,” Family Violence Prevention Fund (2003), 11.