

Preventing Domestic and Sexual Violence

VIDEO RESOURCES FOR USE WITH TEENS

Available to Borrow from the

Michigan Resource Center ON DOMESTIC & SEXUAL VIOLENCE

**3893 Okemos Road, Suite B2
Okemos, Michigan 48864**

Phone: (517) 381-4663 TTY: (517) 381-8470 Fax: (517) 347-1060

BEYOND KILLING US SOFTLY: THE STRENGTH TO RESIST

Cambridge Documentary Films. Cambridge, Massachusetts: Cambridge Documentary Films, Inc., 2000.

Beyond Killing Us Softly: The Strength to Resist is a 33-minute educational video about the image of women in advertising. The film presents the leading authorities in the fields of psychology of women and girls, eating disorders, gender studies, violence against women, and media literacy--and focuses their ideas on practical solutions and the best tactics for reclaiming our culture.

BEHIND THE SCREENS: CHILD SEX ABUSE ON THE INTERNET

You Have the Power...Know How To Use It. Nashville, TN, 2002.

The Internet may be a seemingly innocent way to make friends. But victims and experts issue a stern warning and offer advice on how to stay safe online in this 16 minute video.

DATING BILL OF RIGHTS

Dating Violence Intervention Project, Delaware Coalition Against Domestic Violence. Cambridge, Massachusetts: Teleducation, Inc., 1998.

A diverse cast of teenagers works through interviews, role-playing, and reveal their own experiences in order to promote awareness about the violence that can occur when dating. The teens ask honest questions and discover practical solutions that will help the viewer develop skills in order to avoid and leave dangerous relationships and situations. By examining this issue, the video also deals with alcohol, rape, sex, and self-respect. This video will empower young adults to make safe and smart decisions about dating.

DOMESTIC VIOLENCE AND YOUNG ADULTS

Lightbridge Productions. Evanston, Illinois: Altschul Group Corporation, 1995.

The program looks at the components of dating violence from physical attacks to mental and emotional abuse. Warning signs to look for in an abuser are explored, and suggestions for the viewers on how to protect themselves are provided. Also examined are key causes of youth dating violence, from pervasive media messages to behavior patters that were inflicted on the abuser at home.

FIGHT BACK: AN MTV NEWS SPECIAL

MTV Networks. New York, New York: MTV Networks, 1997.

This 30-minute program, hosted by MTV News correspondent Tabitha Soren, profiles young survivors of child abuse.

HEART ON A CHAIN: THE TRUTH ABOUT DATE VIOLENCE

Advanced American Communications. Deerfield, Illinois: MTI/Film and Video, 1991.

Depicts aspects of abusive and healthy relationships through dramatization of three high school couples. Discusses factors in society that contribute to abuse, power and control, effects of abuse, and consequences of abusing.

The Michigan Resource Center is a collaboration of the **Michigan Domestic Violence Prevention and Treatment Board** and the **Michigan Coalition Against Domestic and Sexual Violence**. The **Michigan Domestic Violence Prevention and Treatment Board** is the primary funder and owner of the collection. Additional funding is provided by the U.S. Department of Health and Human Services and other generous supporters of the Michigan Coalition Against Domestic and Sexual Violence.

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IN LOVE AND IN DANGER: PREVENTING VIOLENCE IN DATING RELATIONSHIPS

Junior League of Ann Arbor. Ann Arbor, Michigan: Junior League of Ann Arbor, 1998.

This video makes clear the compelling need to teach young people to recognize violent patterns in a dating relationship. Emphasizing that violence happens in all walks of life. It gets viewers engaged in a healthy discussion of the dynamics of relationship violence. Primarily shows Caucasian, middle class students. May be used with middle school students along with parents, teachers, and other professionals working with adolescents.

IN SEARCH OF LOVE: DATING VIOLENCE AMONG URBAN YOUTH

MEE Productions. Philadelphia, Pennsylvania: MEE Productions, Inc., 1995.

Includes testimony from urban, African American youth collected from focus groups in five major metropolitan cities in the U.S. Youth discuss what types of abuse they have experienced and witnessed and why they think it happens. Also includes testimony from advocates and experts. May be suitable for high school students, but there is strong language used throughout the video. May also be used with parents, school personnel, and other professionals working with urban, African American youth.

IT AIN'T LOVE

Olmos Productions, Inc. Croton-On-Hudson, New York: Olmos Productions Release, 1997.

Follows the young, spirited members of FACES, a gutsy improv theater company based in New York City. Given three months to create a show about abusive relationships, the kids start by exploring their own lives, reenacting the violence they've experienced and inflicted. The process is both exhilarating and painful, but the members of FACES gain a growing understanding of abuse and in the end, their new show is triumphant. Strong language advisory.

LOVE - ALL THAT AND MORE: HEALTHY RELATIONSHIPS FOR YOUTH & YOUNG ADULTS

Rosenbluth, Barri. Seattle, WA: Center for the Prevention of Sexual and Domestic Violence, 2001.

Love-All That and More is designed to inform youth about the elements that make up healthy relationships, increase awareness and understanding about abuse, and motivate viewers to seek relationships based on equality and mutual respect. The series includes 3 videos, a 6-session curriculum, facilitator's guide for use with Christian and Jewish youth, and handouts for participants. *Love-All That and More* is a multicultural resource for use with high school and college age youth.

LOVE HURTS

Thea Flaum. Buffalo Grove, Illinois: CorVision, 1994.

An ABC After School Special, this video examines a teenager's experience of abuse at the hands of her boyfriend. Shows the process she goes through to seek help and break free from the abuse, while her boyfriend begins to examine the roots of his abusive behavior.

OUR STORIES

Messer, Meredith. Burbank, CA: FotoKem Film and Video, 2000.

Our Stories is a public service video about acquaintance rape on college campuses. While this video is appropriate for all audiences, it is specifically created to educate college freshman and high school seniors about the realities of rape on college campuses. Making students understand the prevalence of acquaintance rape, especially at college-age, is essential.

PEOPLE LIKE ME: VIOLENCE IN DATING RELATIONSHIPS

Boulder County Safehouse. Boulder, Colorado : Balck Rabbit Productions, 1990.

Two battered teens and two batterers discuss their experiences in violence relationships. Discusses how abuse starts and progresses, and its effects on the victim. Batterers discuss their need for control over their partner and what they have learned through counseling.

THE QUIET STORM PROJECT: YOUTH/TEEN DATING VIOLENCE PREVENTION AWARENESS PROGRAM

Sterling, Scott. Minneapolis, Minnesota: the QUIET storm project, 2000.

The QUIET Storm Project is one of the most robust and comprehensive youth dating violence prevention awareness programs available to educators and domestic violence prevention advocates. Designed for use as a stand-alone learning module or can be easily integrated into an existing domestic violence prevention curriculum. *The QUIET Storm Project* is based on a true story and filmed using a narrative or feature film format. It includes a comprehensive step-by-step instructor guide, which utilizes the film components to explore the dynamics of domestic violence.

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THE RAPE DRUG: A NEW MENACE

Films for the Humanities and Sciences. Buffalo, New York: Kinetic Video, 1998.

The Rape Drug examines the growing use of the drug Rohypnol to sedate women in order to take sexual advantage of them on dates. It highlights two such cases through interviews with victims and their attorneys.

RECOVERY FROM SEXUAL ABUSE

Films for the Humanities and Sciences. Princeton, New Jersey: Films for the Humanities and Sciences, 1996.

This drama is about five teenagers who are working to recover from the effects of sexual abuse in the context of a teen support group. The program is designed to acknowledge and validate the feelings and experiences of teens and adults who have been sexual abused and to encourage recovery within a context of healing and hope. Both male and female victims are represented, with some representation of diverse cultures.

REVIVING OPHELIA: SAVING THE SELVES OF ADOLESCENT GIRLS

Pipher, Ph.D., Mary. Northampton, Massachusetts: Media Education Foundation, 1998.

In this exclusive, illustrated video, Mary Pipher, Ph.D., discusses the challenges facing today's teenagers, especially girls, as well as the role of media and popular culture in shaping their identities. She offers concrete ideas for girls and boys, families, teachers, and schools to help girls free themselves from the toxic influences of today's media-saturated culture.

RIGHT FROM THE START

Morgan, Sher. Buffalo, New York: Kinetic, Inc., 1992.

Helps young adults recognize signs that indicate problems often associated with male violence toward women.

Although the problems are usually seen as being based in sexual coercion, this program shows that there is something deeper at work.

SEXUAL HARASSMENT: BUILDING AWARENESS ON CAMPUS

Kilbourne, Jean. Northampton, Massachusetts: Media Education Foundation, 1995.

This program, addressed to both men and women, offers a comprehensive, non-threatening discussion of the nature of sexual harassment in campus and institutional settings as well as what can be done to prevent it. It emphasizes the psychological, legal, and communications perspectives and features interviews with students, faculty, and experts.

SEXUAL HARASSMENT: YOU DON'T HAVE TO TAKE IT

Perennial Education. Evanston, Illinois: Altschul Group Corporation, 1994.

Through a series of vignettes and live interviews with students, this program demonstrates clearly what sexual harassment is, shows what response to take, and models appropriate behavior. Students will learn how to differentiate between flirting and harassment, and who to go to for help.

SEXUAL VIOLENCE IN TEENAGE LIVES

Planned Parenthood of New England. Planned Parenthood of New England, 1994.

Three young women talking about their experience with sexual violence and High School students define what "sexual violence" means to them. In the video, two lessons from the curriculum are modeled, giving teachers an idea of the kinds of dynamics, concepts and ambiguities likely to be encountered in the classroom.

TOUGH GUISE: VIOLENCE, MEDIA, AND THE CRISIS IN MASCULINITY

Katz, Jackson. Northampton, Massachusetts: Media Education Foundation, 1999.

Tough Guise offers viewers the chance to look systematically at the relationship between the images of popular culture and the social construction of masculine identities. Using excerpts from movies, music videos, and other media representations, *Tough Guise* is a great discussion starter for both men and women on subjects relevant to violence prevention.

WHAT A GIRL WANTS

Massie, Elizabeth. Northampton, Massachusetts: Media Education Foundation, 2000.

During the spring of 2000, eleven girls aged 8 to 16 from a variety of socio-economic backgrounds and two classrooms of middle and high school students were interviewed about their views on media culture and its impact on their lives. Their insightful and provocative responses provide the central theme of the film, a half-hour examination of how the media presents girls.

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