

About the author:

**Susan Weitzman, Ph.D.**

Psychotherapist, national lecturer, educator, researcher, author, litigation consultant, and expert witness internationally on upscale domestic violence and its impact.

Founder of The Weitzman Center, a 501C(3) not-for-profit organization and the first center of its kind solely devoted to increasing public awareness of upscale abuse, responding to victims and educating professionals on the issue.

*Author of Not to People Like Us:*

*Hidden Abuse in Upscale Marriages.*

Seen on *Oprah* where she was featured as “the national expert on emotional abuse.”

Also seen on WABC-TV’s *20/20*; *Sally Jesse Raphael*; in *People* magazine; *Chicago* magazine; *Self* magazine; *Publishers’ Weekly*; and *The NY Post*,

Known for her compassionate, warm, insightful style, she intelligently utilizes her therapeutic skills and understanding of the dynamics of abusive relationships to help women transform their lives.

What People are Saying...

About the book:

“Written in a voice that is both compassionate and uncompromising, *Not to People Like Us* is sure to become the definitive work on the topic of upscale domestic abuse.

-- former LA prosecutor Marcia Clark

“Dr. Susan Weitzman carefully shows us all the way back to safety & self-esteem.”

-- Dalma Heyn, author, *Marriage Shock*

“Weitzman provides excellent practical advice for [upscale abused] women to make choices that extricate them from abuse.”

--Publishers’ Weekly

About the retreats:

“Dr. Weitzman’s retreat was remarkably awakening and brought me back to sanity. I have never felt more nurtured as I came to grips with pretty tough stuff. I learned I could feel safe again. A must for any woman who was ever in an abusive relationship.”

--J.G., Chicago, IL

“Susan Weitzman is gifted with energy, wisdom, humor, tremendous caring and respect for the people she works with, in addition to being an extraordinary therapist. I feel blessed to have found her workshop!”

--T.M., Beverly Hills, CA

*Now that I Have Come  
this Far, Where Do  
I Go from Here?*

*a Healing the Battered Heart® Retreat*

with  
**Dr. Susan Weitzman**

New Part II retreat  
only open to

*prior retreat participants  
or ongoing group members.*

*A newly developed program  
to deepen and continue the path  
to peace and healing.*



**Friday thru Sunday**

**September 24-26, 2010**

Same low rates as 2009

*At a lovely, peaceful lakefront  
1000 acre setting in Illinois\**

*\*Due to the nature of the subject and  
concerns for attendees’ privacy and safety,  
new retreat site announced to participants only.*

## Three Day Retreat, Part II

### *Now that I Have Come this Far, Where do I Go from Here?*

This healing weekend retreat is designed specifically for women who have participated in prior healing the battered heart retreat weekends, who wish to deepen their experience and continue their paths to healing and peace. The retreat provides a safe and beautiful haven from which to take stock of the progress that has been made, glean what unfinished business remains, and make a clear plan as to how to continue constructing your life free of pain, abuse, struggle, and unhappiness. As intensive as the initial retreats, this Part II retreat will serve to anchor the changes that have been made and provide a basis for future direction and possibilities.

In a new serene, beautiful setting, you will have opportunities to:

- Review life and choices thus far, as well as insights over the last year(s);
- Take stock of changes that have been impactful and those that have not;
- Continue the process of releasing yourself from fears and post-traumatic symptoms, which may still linger;
- Continue working on self esteem and indecision issues;
- Review successes and challenges of new life course chartered since your first healing retreat weekend;
- Experience the inner peace that taking charge of your future can offer;
- Reconnect with and feel support from others on same path of recovery with those who have shared prior retreats;
- Make a concrete plan as to where you go from here, and how you can envision your future life.

**ALL NEW REDUCED RATES Same as in 2009!\*\***

**ALL SINGLE ROOMS, NO SINGLE SUPPLEMENT FEE!**

***Total Cost \$ 675.\* (All Inclusive early bird discount rate!)***

*\* if all fees paid in full by June 24, 2010; \$ 750 thereafter.*

**All fees must be paid in full by August 24, 2010.**

(Some scholarships available based upon need. Call Dr. Weitzman to apply)

**\*\*NOTE: This is a new special low rate, designed to make this treat more accessible to those needing to attend. Since we purposely keep our group numbers small, space is limited, please register early!**

### **ALL INCLUSIVE RETREAT PACKAGE**

3 days/2 nights Accommodations, single occupancy (no single supplement fees!)

All meals during retreat (2 breakfasts, 2 lunches, 2 dinners, all buffet style)

3 days/2 nights Retreat sessions

All Related Retreat Materials

Check-in is Friday 4:00 p.m.-6:00 p.m.; Check-out is Sunday 1:00 p.m.

Recommended reading prior to retreat: *Not to People like Us* (Basic Books, 2000). [Can be purchased at [amazon.com](http://amazon.com) or on site at the retreat}]

*NOTE: The retreat is for personal growth. It offers no assurances of change and is not meant to take the place of psychotherapy, medical treatment, or legal counsel.*

**REGISTRATION FORM**

*Now that I Have Come this Far, Where do I Go from Here? (all-new Part II Healing the Battered Heart® Retreat)*

Retreats run Friday thru Sunday. Please choose which dates you prefer. (Due to safety and security issues, the exact location of the Chicago area site will only be given to registered participants). Airport transportation can be arranged at a fee. (More information on this will be in your pre-retreat welcome packet). Beyond transport, the retreat fees are all-inclusive. All room, board, meals, snacks, and conference materials are included in the retreat price. Due to the intimate nature of the retreat, we keep enrollment low, and thus, space is extremely limited; we suggest you register early. For registration, please mail your fully completed registration along with your check or money order -or- phone- or email the fully completed registration form (to ensure your place at the retreat) followed with your fees by mail. Registrations received by June 24, 2010 get the \$675 early bird discount fee. Fees due received after that date are \$750. Your application is not complete until all fees are received. **Any** and all balances must be paid in full by August 24, 2010.

First Name \_\_\_\_\_ Last Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Email \_\_\_\_\_  
Eve Phone \_\_\_\_\_ Day Phone \_\_\_\_\_ Fax \_\_\_\_\_  
Medical needs? \_\_\_\_\_ Dietary restrictions? \_\_\_\_\_

*I understand that this retreat is for personal growth and offers no assurances of change and is not meant to take the place of psychotherapy, medical treatment, or legal counsel.*

Signature \_\_\_\_\_ Date: \_\_\_\_\_

**Fees are all inclusive:** Room, board, meals, snacks, and conference materials. Single room supplement is available; each participant is responsible for their transportation arrangements.

Amount enclosed:  \$675.00 (early bird discount, received by June 24, 2010).  
 \$750.00 (must be received by August 24, 2010).

Total Fee enclosed: \$ \_\_\_\_\_

*(Please note: last-minute on-site registration fee, if room is available, is \$825.00)*

While applications may be sent via email, payment of fees **must** be done by mail. We do not accept credit cards at this time.

Make checks/money orders/cashier's check (US \$ only) **payable to: Dr. Susan Weitzman** (Note: Checks made payable to The Weitzman Center will be returned).

Mail to: Dr. Susan Weitzman  
203 No. Wabash Ave. Suite #2000  
Chicago, Illinois 60601

Email: [DrSusanWeitzman@aol.com](mailto:DrSusanWeitzman@aol.com)  
Phone: 312-444-1777 or 312-805-2272  
Fax: 312-337-2272

Visit our websites: [www.nottopeoplelikeus.com](http://www.nottopeoplelikeus.com) and [www.theweitzmancenter.org](http://www.theweitzmancenter.org)

**Note:** Registration is not complete until fees are received. All balances must be paid in full 30 days prior (August 24, 2010) to the retreat September start date to avoid forfeiture of your reservation/application. You will then receive a confirmation email immediately and a welcome packet essential to read prior to the retreat regarding what to bring, etc. We reserve the right to cancel within 4 weeks of the retreat, so please do not make airline reservations until that time to avoid lost ticket fees. **Registration Cancellation Policy:** If you cancel your registration 6 weeks or more before the workshop begins, a full refund less a \$125 administrative fee will be given. No refunds will be given for cancellations less than 6 weeks in advance of the workshop. Fees are not transferable and retreats cannot be attended in parts. **Any questions, please phone 312-444-1777.**