**Mission Statement:** The Alliance seeks to optimize the preparedness of behavioral health providers working to enhance the resilience, recovery and reintegration of Service members, Veterans, and their Family members and communities throughout the military, post-military, and family life cycles.

### **NOVEMBER IS MILITARY FAMILY MONTH!**

In honor of Military Family Month, all of the information included in this newsletter will relate to military families.

### **Current Research**

Jobe-Shields, L., Flanagan, J. C., Killeen, T., & Back, S. E. (2015). Family composition and symptom severity among Veterans with comorbid PTSD and substance use disorders. *Addictive Behaviors*, *50*, 117-123. doi: 10.1016/j.addbeh.2015.06.019

The purpose of this article was to examine if children living in the home was an independent risk factor for symptom severity in a sample of Veterans seeking treatment for comorbid PTSD/SUD. Researchers found that Veterans with children living in their home reported more PTSD symptoms measured by the Clinical Administered PTSD Scale. Veterans with children in their home also reported more marijuana use than Veterans without children in the home. Also, in a multivariate model, children living in the home accounted for unique variance in PTSD severity, but not for substance use. Please see the full article for directions for future research and



## **Sesame Street for Military Families**



This website includes information about a variety of initiatives for military families (e.g., Talk, Listen, Connect and Families Near and Far). Topics on this site include relocations, homecomings, self-expression, deployments, injuries, and grief. Each topic area includes a video and youth-friendly information through printable activity pages. This site also includes information about a free downloadable app for parents and caregivers. This app includes videos, articles, storybooks, and parent guides intended to help support children as they experience transitions common to military families. Click here to visit the website.

## **Resource for Military Youth: Military Kids Connect**

Military Kids Connect is an online communication tool for military youth (ages 6-17) that provides age-appropriate resources to support military youth as they navigate some of the unique challenges military families experience. The site is divided into sections for kids, tweens, teens, teachers, and parents/caregivers. The sections includes ways to cope, connect with other military youth, and games for entertainment or to help reduce stress. Click <a href="https://example.com/here/beauty-sections-new-military-new-military-sections-new-military-sections-new-military-new-military-sections-new-military-sections-new-military-new-military-new-military-new-military-new-military-new-military-new-military-new-military-new-military-new-military-new-military-new-military-new-military-new-military-new-military-new-military-new-military



### Free E-Learning Course for Professionals



This free e-learning program from the National Center for Infants, Toddlers, and Families is designed to teach professionals about some of the unique challenges military families with young children face and how to better support them. There are three different modules included in this series (Duty to Care - You Make a Difference, Buffering the Stress of Deployment, and Homecoming and Buffering the Stress of a Parent's Injury or Death). Each module offers information and strategies to apply to your practice, stories from military families and infant/toddler educators, and resources for professionals and resources to share with

# Resources for Professionals and Military Families on Childhood Traumatic Grief

The National Child Traumatic Stress Network (NCTSN) has resources for mental health professionals on helping children and youth deal with trauma and grief. The NCTSN includes PDFs, videos, and a variety of webinars on the signs, symptoms, and treatment options for childhood traumatic grief. Click <a href="here">here</a> for resources for mental health providers.

In addition, the NCTSN also provides resources to help parents, caregivers, and other adults understand the signs of traumatic grief in military children. These resources also teach adults how to help these children cope with their grief. These resources include downloadable PDFs and a webinar series. Click <a href="here">here</a> for resources for military families on childhood traumatic grief.

#### Conferences

National Council on Family Relations Annual Conference

November 11-14, 2015 Vancouver, Canada

Military Healthcare Conference December 7-9, 2015 Arlington, VA National Council for Behavioral Health Conference March 7-9, 2016

Las Vegas, NV

Women Veterans Conference March 11-12, 2016 Kennesaw, GA

#### **Federal Job Opportunities**

All federal jobs are posted on the USAJOBS.Gov website. Go to <a href="www.usajobs.gov">www.usajobs.gov</a> & go to "Advanced Search" & under "Series Search" type in "0101", "0180" or "0185" NOTE: You can refine your search on the page to limit to VA, Army, Navy, Air Force etc. Tips for using the USAJOBS website can be found <a href="here">here</a>.

**0101 Series Jobs:** Covers jobs in the Social Sciences, Psychology, and Welfare Services. These jobs may or may not require licensures.

**0180 Series Jobs:** Covers jobs in the Psychology and Counseling Psychology. Primarily jobs for those with PhD or PsyD, LMFT, or other counseling degrees and licensures.

0185 Series Jobs: Covers jobs for Social Workers ONLY. Must have licensure (i.e. LCSW)

**0602 Series**: Covers jobs for Psychiatrists.

0610 Series: Covers jobs for Psychiatric Nurses.

#### Non-Appropriated Fund (NAF) Positions

NAF employment is considered federal employment. However, the monies used to pay the salaries of NAF employees come from a different source. Civil service positions are paid for by money appropriated by Congress. NAF money, on the other hand, is self-generated by activities and services that use NAF employees. Visit the following links to apply for NAF positions.

<u>USMC</u> (Click on Prospective Employees) <u>ARMY</u> <u>AIR FORCE</u>

#### **Department of Veterans Affairs Jobs**

**VA Hiring Initiative**: The VA is hiring behavioral health providers for positions at VA facilities across the country.

<u>VA Jobs</u>: The VA has created links for providers that make it easy to search for VA jobs in your profession. Please click on the links below in order to see all of the current VA job openings, as listed on the USAJOBS website, for your profession:

Psychiatrists
Psychologists
Social Workers
Licensed Professional Counselors
Marriage and Family Therapists
Psychiatric Nurses

# **Non-Federal Job Opportunities**

The federal government also uses contractors to provide

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behavioral health services to Service members and others. The government contracts with private contracting companies, who will then hire the individual providers to provide the necessary services. Several contractors known to hire behavioral health providers are listed below, along with links to websites that list job opportunities for providers.

Zeiders Enterprises <u>Link to current job openings</u>.

SERCO - <u>Link to All SERCO Job Announcements</u>
Choctaw Enterprises - <u>Main link to all jobs</u>

SAIC Career Opportunities - <u>SAIC Job Openings</u>
Health Net - <u>Link to all job openings at Health Net</u>
Health e-Careers Network - <u>Main link to all jobs</u>
Magellan Health - <u>Main link to all jobs</u>

### **Additional Job Opportunities**

#### Post Doctoral Fellow

Emory University: This is a 2-year postdoctoral fellow position. This position is funded through a private funding sources serving post-9/11 military veterans and families.

#### Do you have information for the December 2015 Newsletter?

Please send it to Dr. Angela Lamson at lamsona@ecu.edu by December 8 2015