

Alliance Newsletter

Volume 4, Issue 1



Mission Statement: The Alliance seeks to optimize the preparedness of behavioral health providers working to enhance the resilience, recovery and reintegration of Service members, Veterans, and their Family members and communities throughout the military, post-military, and family life cycles.

Current Research

Cederbaum, J. A., Wilcox, S. L., Sullivan, K., Lucas, C., & Schuyler, A. (2017). The Influence of Social Support on Dyadic Functioning and Mental Health Among Military Personnel During Postdeployment Reintegration. *Public Health Reports*, 132(1), 85-92.

The purpose of this study was to understand mechanisms through which social support influence the mental health of service members, and whether dyadic functioning mediates this relationship. The authors suggest that contextual factors such as social support may influence service members' ability to cope with exposure to stress and traumatic experiences. Cross-sectional data were collected by online survey as part of a larger study conducted in 2013. 321 military personnel who had at least 1 deployment were included in these analyses, and data included demographic characteristics, social support, mental health measures (depression, PTSD, and anxiety), and dyadic functioning. Results indicated that dyadic functioning mediated the relationships between social support and depression/PTSD when social support came from nonmilitary friends or family only, and dyadic functioning mediated social support and anxiety only when support came from family. No indirect effects of support from military peers or military leaders were found. The authors conclude that this highlights the need to continue to explore ways in which social support, particularly from family and non-military-connected peers, can strengthen healthy intimate partner relationships and, improve the well-being of military service members who are deployed.

Call for Papers

The *Journal of Teaching in Social Work* plans to publish a Special Issue on Social Work Education toward Serving Military and Veteran Populations at the end of 2017, with guest editors Dr. Elisa Borah, from the University of Texas at Austin, and Dr. Eugenia L. Weiss, from the University of Southern California. They are inviting manuscripts that address teaching, curriculum, and field education approaches for social work students and practitioners who will be serving active duty members of the military, veterans, and their families. Manuscripts should provide systematic and rigorous formative or summative assessment of current educational initiatives, or offer a detailed and conceptually focused description and rationale for prospective programs, outreach or curricula, and will undergo peer-review. The deadline for manuscript submission is June 1, 2017. Questions regarding manuscript submission can be addressed to the Editor-in-Chief at: jtsw@hunter.cuny.edu. Questions regarding appropriate topics for this special issue can be addressed to either [Elisa Borah](#) or to [Eugenia L. Weiss](#).

Live Webinar Training: Online Cognitive Behavioral Therapy for Depression

A two-and-a-half day webinar intensive training titled, *Online Cognitive Behavioral Therapy for Depression (CBT-D)*, is being offered by Center for Deployment Psychology and the Uniformed Services University of the Health Sciences from 9am-5:30pm EST on May 17-18, 2017. Depression in the military will be discussed, as will the theory underlying cognitive behavioral therapy. Participants will learn how to conceptualize depressed patients, plan treatment, and utilize both cognitive and behavioral strategies. Participants will have the opportunity to both watch role-play videos and practice intervention strategies through their own role-plays. For more information on learning objectives click [here](#). Registration for the course is \$30 and comes with 13.5 CEs provided through PESI, Inc. For CE credit information only, please contact Bridget Schaub at: bschaub@pesi.com. For any other questions about the event or registration, please contact Chris Adams at cadams@deploymentpsych.org or Michah Norgard at mnorgard@deploymentpsych.org.

Webinar: Management of Sleep Disturbances Following Concussion

A pre-recorded one and a half hour webinar titled, *Management of Sleep Disturbances Following Concussion*, is being offered by the Defense Center on Excellence. The webinar focuses on addressing the assessment and management of concussion-associated sleep disturbances and fatigue. The speakers present recent research and discuss ways to enhance quality of life and function in individuals who are experiencing post-concussion sleep dysfunction and fatigue. At the conclusion of the webinar, participants will be able to: 1) Describe common sleep disturbances following TBI; 2) Discuss appropriate diagnostic strategies for sleep disorders; 3) Demonstrate knowledge of fatigue management following TBI; 4) Articulate pharmacological and non-pharmacological treatment of sleep disturbances and fatigue; and 5) Relate new advances in treatment of sleep disorders. Presentation slides, a podcast of the webinar, and a transcript of the presentation are available [here](#).



Conferences

[Council of College and Military Educators Symposium](#)

March 6-9, 2017
Atlanta, GA

[International Summit on Violence, Abuse & Trauma Information](#)

March 27 - 30, 2017, Honolulu Hawaii

[National Council for Behavioral Health](#)

April 3-5, 2017
Seattle, WA

Federal Job Opportunities

All federal jobs are posted on the USAJOBS.Gov website. Go to www.usajobs.gov & go to “Advanced Search” & under “Series Search” type in “0101”, “0180” or “0185” NOTE: You can refine your search on the page to limit to VA, Army, Navy, Air Force etc. Tips for using the USA-JOBS website can be found [here](#).

0101 Series Jobs: Covers jobs in the Social Sciences, Psychology, and Welfare Services. These jobs may or may not require licensures.

0180 Series Jobs: Covers jobs in the Psychology and Counseling Psychology. Primarily jobs for those with PhD or PsyD, LMFT, or other counseling degrees and licensures.

0185 Series Jobs: Covers jobs for Social Workers ONLY. Must have licensure (i.e. LCSW)

0602 Series: Covers jobs for Psychiatrists.

Non-Appropriated Fund (NAF) Positions

NAF employment is considered federal employment. However, the monies used to pay the salaries of NAF employees come from a different source. Civil service positions are paid for by money appropriated by Congress. NAF money, on the other hand, is self-generated by activities and services that use NAF employees. Visit the following links to apply for NAF positions.

[USMC](#) (Click on Prospective Employees)

[ARMY](#)

[AIR FORCE](#)

[NAVY](#)

Department of Veterans Affairs Jobs

[VA Hiring Initiative](#): The VA is hiring behavioral health providers for positions at VA facilities across the country.

[VA Jobs](#): The VA has created links for providers that make it easy to search for VA jobs in your profession. Please click on the links below in order to see all of the current VA job openings, as listed on the USAJOBS website, for your profession:

[Psychiatrists](#)

[Psychologists](#)

[Social Workers](#)

[Licensed Professional Counselors](#)

[Marriage and Family Therapists](#)

[Psychiatric Nurses](#)

Non-Federal Job Opportunities

The federal government also uses contractors to provide behavioral health services to Service members and others. The government contracts with private contracting companies, who will then hire the individual providers to provide the necessary services. Several contractors known to hire behavioral health providers are listed below, along with links to websites that list job opportunities for providers.

Zeiders Enterprises [Link to current job openings](#).

SERCO - [Link to All SERCO Job Announcements](#)

Choctaw Enterprises - [Main link to all jobs](#)

SAIC Career Opportunities - [SAIC Job Openings](#)

Health Net - [Link to all job openings at Health Net](#)

Health e-Careers Network - [Main link to all jobs](#)

Magellan Health- [Main link to all jobs](#)

Do you have information for the February 2017 Newsletter?

Please send it to Dr. Angela Lamson at lamsona@ecu.edu by February 8, 2017