

#BeyondTheBruises Social Media Kit

Website: <http://beyondthebruises.org/>

Twitter: @SWHR

Beyond the Bruises is an online campaign uniting survivors, advocates, organizations, and celebrities in bringing awareness to the effects of domestic violence on chronic disease. The campaign features a [short film](#) that shares the stories of domestic violence survivors who struggle with chronic disease as a result of their abuse, as well as the website [BeyondtheBruises.org](#), a resource center that houses information on the often unrecognized effects of domestic violence on chronic illness.

We hope you'll utilize the tweets, hashtags, and/or graphics that work for your organization, and please feel free to post your own content related to this subject using the **#BeyondTheBruises** hashtag.



TWEETS

#BeyondTheBruises

Abused women are 2X more likely to suffer from chronic diseases. Break the silence. Share the facts: www.beyondthebruises.org #BeyondTheBruises

We've partnered with @theGratitudeapp creator @CarlaWhite to raise awareness on the link between #domesticviolence and chronic diseases. Learn more: www.beyondthebruises.org

#Domesticviolence is more than bruises and broken bones: it encompasses physical, emotional, sexual and financial abuse. Learn more: www.beyondthebruises.org/. #BeyondTheBruises

Abused women are 2X as likely to suffer from chronic diseases such as #diabetes, #heartdisease, #stroke, #arthritis, #depression, #insomnia, and more. #BeyondTheBruises

Violence is not acceptable. Break the silence and share the facts about domestic violence and its health implications: www.beyondthebruises.org #BeyondTheBruises
75% of women say they've never been asked about #domesticviolence at a checkup.
#BeyondTheBruises

Women who talk to a healthcare provider about their abusive relationship are 4X more likely to receive the help they need and leave the violent relationship.
#BeyondTheBruises

44% of women will experience #domesticviolence in her lifetime.
<https://youtu.be/IGeUoinIqdE> #BeyondTheBruises



POSTS

Violence, in any form, is not acceptable. Help break the silence and share the facts on domestic violence and its health implications. Learn more at www.beyondthebruises.org, and watch the video here: <https://youtu.be/IGeUoinIqdE>

Forty-four percent of women will experience domestic violence in her lifetime, and 70 percent of survivors will experience a chronic health condition as a result. Learn more at www.beyondthebruises.org, and watch the video here: <https://youtu.be/IGeUoinIqdE>

Women who have suffered domestic abuse are two times as likely to suffer from chronic diseases such as diabetes, heart disease, stroke, arthritis, depression, insomnia, and more. Learn more at www.beyondthebruises.org, and watch the video here: <https://youtu.be/IGeUoinIqdE>

Domestic violence is more than bruises and broken bones: it encompasses physical, emotional, sexual and financial abuse. Learn more at www.beyondthebruises.org, and watch the video here: <https://youtu.be/IGeUoinIqdE>

Pregnant women experience domestic violence too, resulting in negative health effects for mother and child. Learn more at www.beyondthebruises.org, and watch the video here: <https://youtu.be/IGeUoinIqdE>

GRAPHICS:

